

Esprit de Coeur

spirit of the heart

2024 - 2025
ANNUAL REPORT

HONOR ROLL OF DONORS
AND FINANCIALS



Associated Alumnae and Alumni of the Sacred Heart



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LETTER FROM THE PRESIDENT



Sarah DeGreene Turner
DASH-Houston 2001
President

Dear Sacred Heart Friends and Family,

As the season turns and the first hints of winter arrive, I find myself reflecting on how change—both gentle and profound—shapes the life of our Sacred Heart family. The start of a new school year, the rhythm of familiar routines, and the joy of gathering again with our communities remind us that connection is at the heart of who we are.

It is with deep gratitude and excitement that I write to you as the new President of the Associated Alumnae and Alumni of the Sacred Heart (AASH). Like so many of you, I carry with me the values instilled through my Sacred Heart education: faith, intellect, service, and the courage to respond generously to the needs of our world. As a school administrator, I witness every day how those values continue to inspire our students, our educators, and our alumnae/i.

This biennium, our vision is clear: to strengthen connections across generations, geographies, and experiences—ensuring that AASH remains a vibrant and relevant network for alumnae/i and schools alike. Together with our dedicated board, we are listening to what matters most to you. Through a national survey and ongoing conversations with Sacred Heart communities, we hope to learn how AASH can best serve and celebrate each of you. Whether through in-person gatherings, virtual events, mentorship opportunities, or alumni spotlights, our goal is simple: to keep the Sacred Heart spirit alive and active in every season of life.

As we begin this journey, I wish to express heartfelt appreciation to those who have led before us. The work of past presidents and boards has strengthened AASH's foundation and guided us through extraordinary times. Their dedication reminds us that, while circumstances change, our mission endures—to reveal God's love in the world and to support one another as Children of the Sacred Heart.

Let us move forward together with hope, creativity, and courage, trusting in the words of St. Madeleine Sophie Barat: *"Be humble, be simple, and bring joy to others."* May this season of renewal bring each of us a deeper sense of connection—to our faith, to one another, and to the heart of Christ.

With gratitude and warm regards,

**Sara DeGreene Turner, DASH-Houston
2001**

President

A handwritten signature in black ink that reads "Sarah DeGreene Turner". The signature is written in a cursive, flowing style.

On the cover: l-r Beth Speck, Sarah Cassidy and Frances Murphy
St. Monica Catholic Church Santa Monica, California
Bibi Ahmed

On the back cover: l-r Casey McHugh O'Brien and Dottie O'Carroll
l-r Deborah Newhouse Dunham, Kate Severs Sawyer and Coco Manoli
St. Monica Catholic Church Santa Monica, California
Designer and Editors: Donna Davis and Laura Speck
Please send submissions to esprit@aash.org.

2025-2027 BOARD MEMBERS



Not pictured: Sarah Cassidy and Shirley Andreu

AASH NATIONAL CONFERENCE

Kate Severs Sawyer, 91st Street '86

The 47th National Conference took place in Los Angeles April 3-5, 2025.

There were over sixty attendees, eighteen of whom were first time attendees, five from outside the U.S., and the event was broadcast live for those unable to attend in person. The inaugural broadcast went well and those who dialed in to the Conference and Cor Unum Mass reported no technical issues and were thrilled to be able to celebrate our Sacred Heart Connections!

The Conference started with the Cocktail Party Celebration honoring Shelagh O'Dwyer, Point Grey. The food was delicious, and the cocktails and conversation flowed. The H Hotel rooftop provided panoramic views of the city, but the fickle LA weather provided a light April shower and winds that moved most attendees inside. Thank you, Shelagh, for the gift of ensuring that Sacred Hearties can gather to meet treasured friends and create new Connections.

Our Keynote Speaker, John Geary, is a graduate of Atherton and spoke about how the Goals and Criteria learned at Sacred Heart provided him with the "compass" to create Abodu, an accessory dwelling unit company, and grow it to the success it is today.

Our Woman of Conscience, Sr. Irene Cullen, was unable to attend in person and asked Jacqueline Gallo, PhD, to present on her behalf. While in Northern Uganda, Jacqueline met Sr. Cullen, among other RSCJ's, and studied how education offered by women religious helps prepare young female students to transition out of secondary school into unknown futures. Jacqueline did not attend a Sacred Heart school but was a student at Ursuline Academy in St. Louis, the same order of nuns who nursed St. Philippine Duchesne back to health upon her 1818 arrival in New Orleans.



Pam Snyder and Frances Murphy



Conference attendees at the Shelagh O'Dwyer Cocktail Party at the H Hotel, Los Angeles



AASH NATIONAL CONFERENCE RECAP

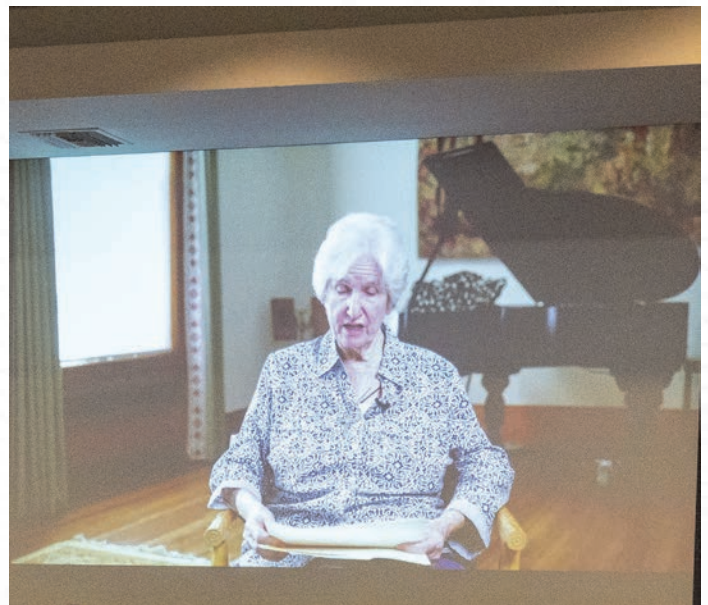


Speaker John Geary

There were two General Sessions on Saturday and one on Sunday, which involved the passing of the torch from the outgoing Board to the incoming group. The Cor Unum luncheon followed the close of Conference, and the buses arrived to transport attendees to Saint Monica's Church in Santa Monica. The mass was presided over by Fr. Eddie Siebert, the AASH LA Chapter's Religious Moderator and honorary member, and it was a beautiful event. Those who watched from home were able to honor our Cor Unum, Mary Liz De Vito Young Alum, and Woman of Conscience awardees.



L-R Sandy Cassell Farrell, Sr. Cooke (accepting the award for Sr. Irene Cullen) and Kate Sawyer



Video conference of our Woman of Conscience, Sr. Irene Cullen

The LA Chapter enjoyed hosting the Conference for the second time and looks forward to rejoining our friends in Houston in 2027. If you live in LA or know a Sacred Heartie who does, please have them reach out to us at aashlachapter@gmail.com.

AASH NATIONAL CONFERENCE RECAP

AASH National Conference Donations

St. Philippine's Pioneers (\$1,001-\$5,000)

Braunstein & Braunstein, PC
Compass Prep Education Services
Beth Lowry Speck

Mother Janet Erskine Stuart Scholars (\$501-\$1,000)

Sacred Heart Schools at Atherton
Alumnae and Alumni of the Sacred Heart, Los Angeles

Blue Ribbon (\$301-\$500)

Patricia Coady Lorne
Alumnae of the Sacred Heart, Lone Mountain Villa
Duchesne City House Alumnae Association, program ad
Convent of the Sacred Heart, 91st Street, program ad
Academy of the Sacred Heart, Bloomfield Hills

Pink Ribbon (\$101-\$200)

San Diego Alumni Association of the Sacred Heart
Patricia Colbert RSCJ Sponsorship
Academy of the Sacred Heart, St. Charles
Justice Patricia O. Alvarez (Ret.), program ad
4Her Cosmetics, program ad
Mar Rosa's Old World Cuisine, program ad



Fr. Eddie Siebert



L-R Alicia Caillier, Ellie Trant Heaton, Kristen Andree and Julia Sosnivka

AASH NATIONAL CONFERENCE RECAP



Cor Unum Recipients L-R Andrea Briefs Ferris, Stephanie Dunn Asheley, Ellen Helmsing Wunderlich and Sandy Cassell Farrell



Jan Thompson Gorniak



Attendees at the Cor Unum Mass at St. Monica's



L-R Kate Sawyer, Stephanie Chaczyk (MaryLiz deVito Lincoln Generosity and Sevice Award Winner) and Andrea Briefs Ferris



SAVE THE DATE!
AMASC World Congress
Nov. 12-16, 2026

Hilton Ponce Golf & Casino Resort in Puerto Rico
[Https://amasc.org/news-from-san-juan/](https://amasc.org/news-from-san-juan/)

JEANNE BURKE O'FALLON ESSAY CONTEST WINNERS

What Does "Connections through One Heart" Mean to Me?

Yara Memar

Grade 12 Sacred Heart Academy, Bryn Mawr, PA



Kerri Schuste, Yara Memar and Kara Rufo

When asked to reflect on my time at Sacred Heart, several moments and experiences stand out: my education, the opportunities presented, and the peers I have grown closer to. Yet there is something deeper and more meaningful about being a child of the Sacred Heart, a connection that cannot be easily described. At the start of my freshman year, I felt connected with the entire student body. We all had a shared love for each other, and it was even expressed to the new freshmen. However, at that point, I did not understand what the true source of that love was and how deep it ran. Now as I am halfway done my senior year, I understand that the shared love was not just a friendship between peers. Our love was a connection of sisterhood that came with being connected through our one, Sacred Heart.

What has made my Sacred Heart experience special is my ability to meet different kinds of people and join multiple clubs and organizations. As a result of our tight-knit community, I have learned and tried a variety of things. I have connected with people by creating a faith and ministry club, joining my school's diversity board, being a part of the student council, and playing on the tennis team. Although these are all different, each experience has taught me the value of being a child of the Sacred Heart and how special it is to all be connected through one heart. Further, each activity has allowed me to create friendships with students who share a common interest, and who I would not have gotten to know otherwise.

Our tennis team has students in all grade levels, with different life experiences, who bring a unique aspect to the team. However, what has always been the center of our team is our purpose to live out what it means to be a Sacred Heart student, and to live out the goals in all that we do. We approach each game with love, good sportsmanship, and open hearts to whatever is thrown our way. Regardless of athletic pressures, we put the values of the Sacred Heart first. As a result of this approach, we created a lasting community and friendship with each other. This shared bond exceeded our individual differences and reminded me that no matter where we come from or what we do, we are united in our purpose to live out the values of the Sacred Heart.



JEANNE BURKE O'FALLON

ESSAY CONTEST WINNERS CONT.

While my time at Sacred Heart has been shaped by meaningful friendships and activities I have engaged in within our school community, our connections extend far beyond our school walls. It is through my interactions with alumni and the broad network that I've witnessed how deeply our shared mission unites us, reaching across time and geography. This reality became clear to me when I met Sacred Heart alumnae for the first time. They introduced me to their families and shared their experiences at Sacred Heart, opening their hearts and lives to me after just a short time spent together. At a recent Breakfast with Santa with alumnae parents, an alumna introduced me to her family and shared a few of her favorite memories as a Sacred Heart student which I have also experienced. We shared a lighthearted conversation and after a few minutes, we felt a sense of understanding for each other. What mattered and created our bond in that moment was our shared identity as Children of the Sacred Heart. It was in my encounters with alumni that I learned how the Sacred Heart mission carries beyond graduation. It shapes lives and creates a shared community wherever the students go. This understanding deepened my appreciation for what it means to be a part of this global family, united through our shared love.

Another defining moment that deepened my understanding of this connection was the France trip with Sacred Heart. The summer entering my junior year, I traveled to the birthplace of Saint Madeleine Sophie Barat, the founder of the Society of the Sacred Heart. The Sacred Heart sisters opened their house to us and shared stories about St. Madeleine's life and mission. They made us homemade food and shared fruits and jams from their garden. The hospitality and warmth they extended felt like the physical embodiment of our collective identity through one heart. Their stories allowed me to directly connect with our foundress, and their hospitality created a bond between our school and their network in France. On the trip, we visited the room where she was born, her home parish, and the vineyard her father worked in. The experience taught me the power our shared heart had in creating connections, regardless of our lack of time together and the long distance our lives had from each other. What mattered in that instance to create unity was that we were all children of the Sacred Heart, which showed me firsthand what that truly meant. It reminded me that our shared heart has the power to unite people from different walks of life and experiences as we share a common purpose: to approach the world with open hearts and make a difference in the lives of everyone we meet.

My Sacred Heart experience has shaped the person I have become and my ability to connect with others on a meaningful level. It has taught me that the connection we share as Children of the Sacred Heart is not simply about the friendships we may form or moments we spend together, but rather a sense of unity of our shared heart. My Sacred Heart experience has made me the person I am today, someone who seeks connections in everything I do and works to always create an environment of love and support. I carry the knowledge that I am part of a global family bound by one heart, ready to make a positive impact wherever I go.



JEANNE BURKE O'FALLON ESSAY CONTEST WINNERS CONT.

What Does "Connections through One Heart" Mean to Me?

John A., Grade 8,
Woodlands Academy of the Sacred Heart

Attending Sacred Heart Schools since kindergarten has profoundly shaped my life, particularly in how I connect with others. Over the years, I've experienced personal growth that has helped me form deep relationships with both my peers and my teachers. My mother, an alumna of Woodlands Academy of the Sacred Heart, chose this school for me because she understood the power of a faith-based education. At Sacred Heart, I've not only excelled academically but also developed a stronger relationship with God, gained a respect for intellectual values, and built meaningful connections within a supportive, faith-driven community. These experiences have made me who I am today, and the values taught here have helped me form lasting bonds with people who share similar goals.

One of the most impactful aspects of my time at Sacred Heart has been the growth of my personal faith. When I first arrived, I had a basic understanding of faith, but it was at Sacred Heart that I developed a personal connection with God. The school's emphasis on active and personal faith created an environment where I could reflect and engage with God in meaningful ways.

Through daily prayer and moments of reflection, I have learned to seek God's guidance in both the small and significant moments of life. My classmates and I bonded over shared faith experiences, which created a stronger sense of community within the school. As most students at Sacred Heart are Catholic, my connection to others deepened as we shared this common ground in our spiritual lives. Sacred Heart also helped me develop a deep respect for intellectual values, which has influenced the way I approach learning and connecting with others. The school's academic environment taught me to view education as an opportunity to expand my thinking and deepen my understanding of the world. Teachers encouraged intellectual curiosity, where asking questions, engaging in discussions, and challenging assumptions were all celebrated. I learned to appreciate how different subjects—literature, history, science, and the arts—are interconnected and provide a more holistic view of the world. This perspective has made me more adaptable, curious, and open-minded, which has in turn helped me form connections with others who share similar intellectual interests and curiosity.

Another area where Sacred Heart made a lasting impact was in fostering my social awareness. The school taught me that it's not enough to be aware of social issues—it's our responsibility to take action. Through community service projects, discussions about social justice, and involvement in various initiatives, I was encouraged to look beyond my own experiences and recognize the struggles of others.



Meg Steele and John A.

JEANNE BURKE O'FALLON

ESSAY CONTEST WINNERS CONT.

These experiences inspired me to make a difference, no matter how small, in my community and the world. Engaging in these projects gave me the opportunity to connect with others who were equally passionate about making a positive impact, further strengthening the bonds within our community.

The Sacred Heart community itself has been an essential part of my journey. The school fosters an environment where love, respect, and mutual support are core principles. From the very beginning, I felt welcomed and supported by both my teachers and peers. The sense of belonging has made a profound impact on my life, and I've treasured the friendships I've formed here. I've also had the privilege of engaging in extracurricular activities that deepened my connection to the community, including participating in the school play, where collaboration and teamwork were key to success. As a school photographer, I had the opportunity to capture the special moments that define the Sacred Heart experience, preserving memories of shared joy, laughter, and growth. Being part of the choir allowed me to bond with others through music and contribute to the school's spiritual life, further enriching my connection to the community.

Sacred Heart's commitment to personal growth has been another important factor in shaping who I am today. The school provides an environment where students are encouraged to explore their interests, take on new challenges, and grow in their independence. This atmosphere of "wise freedom" has given me the space to make mistakes, learn from them, and build confidence in my abilities. The guidance and trust that Sacred Heart offered me has been invaluable in helping me become more self-assured and responsible for my own growth. As I navigated academic and personal challenges, I became more aware of my own potential and the ways in which I could contribute to the community.

Reflecting on my years at Sacred Heart, I realize how much this community has shaped me into someone who is not only academically driven but also deeply connected to others. The values of faith, intellectual curiosity, social awareness, community, and personal growth have guided me throughout my journey and will continue to do so as I move forward in life. Sacred Heart has taught me that true connection with others is built on shared values, mutual respect, and a commitment to supporting each other's growth. As I prepare to graduate, I am grateful for the friendships and experiences that have made my time at Sacred Heart so meaningful. The lessons I've learned here will continue to inspire me as I work toward making a positive impact in the world, carrying the mission of Sacred Heart with me wherever I go.

In the end, Sacred Heart has given me not only an education but also a deep sense of purpose and belonging. My journey here has been about much more than academic success; it's about connecting with others, growing spiritually and intellectually, and becoming part of a community that shares a vision for a better world. I'm proud to be a part of the Sacred Heart family, and I look forward to carrying these values with me as I continue to connect with others and work toward a brighter future.





Auteurs AASH



We are starting a new section in the *Esprit de Coeur*. We will be spotlighting authors from our AASH family whenever we can. While we want to give our AASH exposure when possible, we may not be able to include everyone and we cannot speak to the content of their writings. Please feel free to submit AASH author information to esprit@aash.org.

Emily Swan and the Dream Pillow

By Mary L. (Farasyn) Peers, Menlo Atherton, 1969

The World is Your Studio

By Deborah McMahon Osterholtz

Image to Word: Art and Creative Writing

By Kathleen Walsh-Piper, Villa Duchesne, 1965

And Then There Were Ten: A Southern Love Story

By Myra Menville, Academy of the Sacred Heart, 1965

Imagine the Dog

By Cecilia Pinto, Woodlands Academy of the Sacred Heart, 1976

Inventory

The Two Worlds

By Sharon Bangert Corcoran, 1969

The Air Between Us

The Secret of Magic

By Deborah Johnson, Duchesne Academy, 1966

Not Yet Lost

By Janis Falk, Bloomfield Hills, 1975

Just Me

By Carolyn L. Fischer, Bloomfield Hills, 2000

Extravagant Affections: A Feminist Sacramental Theology

For the Beauty of the Earth: Women, Sacramentality and Justice

Anthropology: Seeking Light and Beauty

By Susan A. Ross, Grosse Pointe, 1968; Manhattanville College, 1972

Fairhaven: A Novel of Climate Optimism

Defying Futility: The Fairhaven Stories

By Jan Lee (pen name) Geneviève Roach Hilton, Bryn Mawr, 1991 and co-author Steve Willis



AUSCHWITZ LEGACY FELLOWSHIP AWARDED TO BLOOMFIELD HILLS GRAD/TEACHER

Former Bloomfield Hills student and current high school English & Capstone teacher Mandy Ocariz has dedicated her career to helping students not only learn history but also feel its weight. This year, that dedication was recognized in a profound way: she was selected as one of just 44 teachers across the country for the Auschwitz Legacy Fellowship. This is a year-long program, fully funded by the Auschwitz-Birkenau Memorial Foundation (ABMF), to deepen Holocaust education through intensive study and a transformative trip to Poland to visit Auschwitz-Birkenau and other historical sites.

Ocariz's passion for Holocaust education began in 2005, when she first taught *Night* to her 8th grade students. "I realized that I could not just teach the novel," she said. "I needed to teach my students about all facets of the Holocaust."

She began a pursuit to deepen her own understanding of the tragic details and stories surrounding the Holocaust, so that she could paint a more comprehensive picture of that time period for her students. To do this, she took courses at The Nancy and David Wolf Holocaust and Humanity Center and read Holocaust literature extensively. Being awarded the Auschwitz Legacy Fellowship is the next step in her ongoing journey of learning.

"I wanted my students to understand that the Holocaust should have never happened, and that it could happen again if we do not learn from the past," she says. "In my previous years of study, I felt overwhelmed by the stories and by the materials." The fellowship will allow her to "delve deeper and gather even more to take back to the classroom."

When asked how her own Sacred Heart education influenced her career path, she points to teachers who modeled both rigor and compassion. "Mrs. Boylan set incredibly high standards that you felt compelled to meet," she recalled. "Mrs. Mayer showed empathy when we needed it, but also was willing to be tough love and tell us what we needed to hear." She continues to stay connected to the Sacred Heart family today through Sr. Margaret Strom, who has "given me advice in all facets of life."

Those lessons in discipline, empathy and moral courage have continued to guide her teaching, and soon, the lessons she learns through the Auschwitz Legacy Fellowship will, too. "This educational experience," she said, "will give me an entirely new depth of knowledge that I will use to enhance my students' experiences and give them lessons that will last a lifetime."

AASH Connections Corner

Welcome to Connections Corner, a new feature in *Esprit de Coeur* highlighting the power of Sacred Heart connections. Whether you're relocating for work, family, or a fresh start, AASH is here to help you stay connected.

This summer, Margaret Delany (Forest Ridge '58, SDCW '62) reached out to the AASH National Office after moving from the West Coast to the Charlotte area. We connected her with local Sacred Heart alumnae who will help her navigate her new life on the East Coast.

Moving to a new city? Let AASH connect you with Sacred Heart alums in your area—you're never far from your Sacred Heart family. You can reach us at nationaloffice@aash.org.

AASH Connections (www.aash.org/connections) is the place for Sacred Heart alums to find the things they need, including products, services, employment opportunity internships, mentors, contacts in a new city, vacation rentals, assistance in a foreign country—anything else you can think of!

These resources are offered to Sacred Heart alums by Sacred Heart alums. To access the list, you must be logged into your AASH account.

Log in here: <https://aash.org/directory>. If you are logging in for the first time, use your first and last names without a space as your username (FirstLast) and set a new password. If you do not have an account, contact the National Office (nationaloffice@aash.org) for a temporary password.

Our current range of listings includes investment advisors, vineyards, realtors, vacation rentals and alums willing to be points of contact in various cities. The website is set up in a style similar to Craigslist. Please add your listing to www.aash.org/connections. Please don't forget to add a contact method, along with any photos, prices or other information that you would like to include. Offering discounts is not required, and there is no cost to post your listing. Remember, users must log in via the aash.org website so only Sacred Heart alums will be able to access AASH Connections.



Sacred Heart Network Connections Through Athletics

It has been a busy and exciting fall season for student-athletes across the Network of Sacred Heart Schools. Through various athletic contests and leadership events held nationwide, these young athletes have not only proudly represented their schools but also deepened bonds, created unforgettable memories, and formed lifelong friendships across the Network. In late August, **Stone Ridge School of the Sacred Heart** in Bethesda, MD, hosted fall sports athletes from **Sacred Heart Academy Bryn Mawr** for a spirited day of competition and community-building. The day concluded with a personalized campus tour of the Catholic University of America, giving students a glimpse into college life and further fostering camaraderie.

Meanwhile, **Stuart Country Day School of the Sacred Heart** in Princeton, NJ, welcomed middle school athletes from **Bryn Mawr** and **Sacred Heart Greenwich** for the She Leads, She Wins Leadership Conference. The event focused on empowering young female leaders in both sports and life. Research consistently shows that participation in athletics plays a vital role in developing confidence, resilience, and leadership skills. According to the Women's Sports Foundation, girls who participate in sports report higher self-esteem, stronger mental well-being, and better academic performance than those who don't.

Stone Ridge will host a Network Basketball Tournament and Dinner from January 2–4, 2026. Participating schools will include **Bryn Mawr**, **Carrollton School of the Sacred Heart** (Miami, FL), **The Rosary** (New Orleans, LA), and **Stuart**. Alumnae(i) from the DC, Maryland, and Virginia areas are encouraged to attend and cheer on their favorite team. Be sure to check the **Stone Ridge** Athletics webpage as the event approaches for game schedules and times to see if your alma mater is playing!

The **Stuart** Upper School field hockey team also traveled to **Bryn Mawr** for this year's Heartcoming game. Highlights included a pregame gift exchange, spirited competition on the field, and a shared post-game tailgate that celebrated the strong sense of sisterhood in sport.

Congratulations to the **Greenwich** Varsity Volleyball team for their undefeated championship run at **Duchesne Academy** in Houston, TX—a remarkable accomplishment and a proud moment for the Network!

SACRED HEART EDUCATORS' SYMPOSIUM



Charlotte Riley, class of 1981 and educator from Sacred Heart School of Halifax, attended and presented at the Sacred Heart Educators Symposium: Seeking Truth and Understanding Humanity in New Orleans in September 2025.

Her presentation was entitled "Seeking Common Horizons Within Our Community One Exchange At A Time." Her goal was to make connections between the outcomes of the Network Exchange Program and the Sophie's Gift document. Charlotte is also a participant in the 2nd Cohort of the SH Aspiring Leaders Program and will be at a Leadership Retreat in St. Louis October 17, 2025. The SH Aspiring Leaders Program is a two year program where SH Educators have a dedicated mentor from another Network school and a dedicated RSCJ (for Charlotte, her mentors are Melinee Fernandez, Librarian at Carrollton, and Sr. Kim King). Charlotte will graduate from the program in late April at Carrollton. Congratulations Charlotte!

**"Your example, even more than words,
will be an eloquent lesson to the world."
St. Madeleine Sophie Barat**



CLASS OF 2025 GRADUATION PHOTOS



Newton Country Day School of the Sacred Heart, Newton, Massachusetts



Sacred Heart Greenwich, Greenwich, Connecticut



Sacred Heart Schools, Atherton, California



Carrollton School of the Sacred Heart, Miami, Florida

"Do not look back to the past, nor forward to the future. Claim only the present, for it holds God's will."

St. Rose Philippine Duchesne



Berchmans Academy, Grand Coteau, Louisiana



Academy of the Sacred Heart, Grand Coteau, Louisiana



Academy of the Sacred Heart, St. Charles, Missouri

CLASS OF 2025 GRADUATION PHOTOS



Regis-Houston



Stuart Country Day School, Princeton, New Jersey



Forest Ridge School of the Sacred Heart, Bellevue, Washington



Barat Academy - Halifax, Nova Scotia, Canada



Academy of the Sacred Heart, Bloomfield Hills, Michigan



Fountain Academy - Halifax, Nova Scotia, Canada

CLASS OF 2025 GRADUATION PHOTOS



Villa Duchesne, St. Louis, Missouri



Duchesne Academy, Houston, Texas



Sacred Heart Academy, Bryn Mawr, Pennsylvania

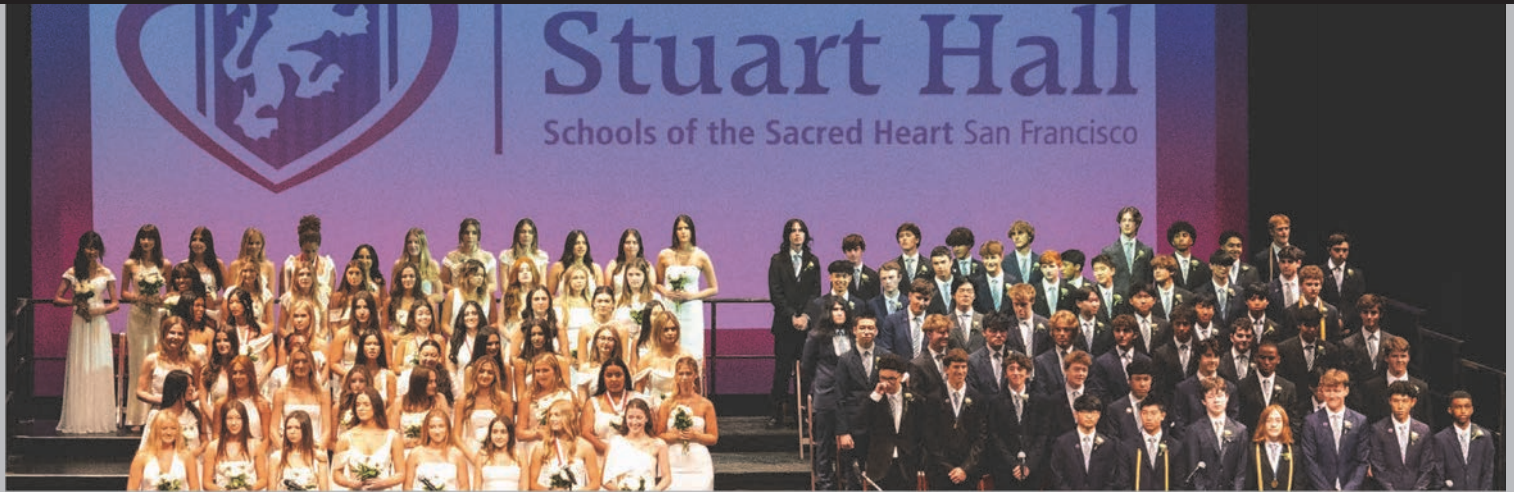


Josephinum Academy, Chicago, Illinois



Duchesne Academy of the Sacred Heart, Omaha, Nebraska

CLASS OF 2025 GRADUATION PHOTOS



Convent and Stuart Hall, San Francisco, California



Academy of the Sacred Heart, Rosary, New Orleans, Louisiana



Hardey Prep, Sheridan Road, Chicago, Illinois



Covenant of the Sacred Heart, 91st Street, New York, New York



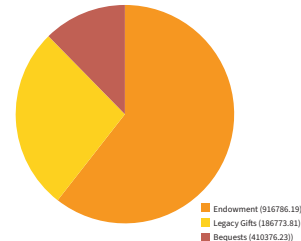
The Academy, Sheridan Road, Chicago, Illinois

ANNUAL REPORT

Reflects gifts received June 1, 2024 – May 31, 2025

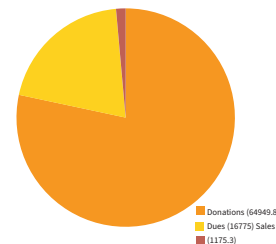
AASH INVESTMENTS

Endowment	\$916,786.19
Bequests.....	\$410,376.23
Legacy Gifts	\$186,773.81
Investments Total	\$1,513,936.23



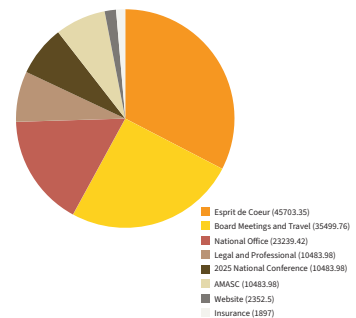
AASH SOURCE OF FUNDS

Income:	
Donations.....	\$64,949.80
Dues.....	\$16,775.00
Sales.....	\$1,175.30
Total Income:.....	\$82,900.10



AASH USES OF FUNDS

Expenses:	
Esprit de Coeur.....	\$45,703.35
Board Meetings and Travel.....	\$35,499.76
National Office.....	\$23,239.42
Legal and Professional.....	\$10,483.98
2025 National Conference.....	\$9,625.97
AMASC.....	\$5,000.00
Website.....	\$2,352.50
Insurance.....	\$1,897.00
Total Expenses:.....	\$133,801.98



Net loss offset by transfer of investment funds to the General Operating account, as required.

HONOR ROLL OF DONORS

SERAPHIM

\$10,000 & ABOVE

Elizabeth "Beth" Guillaumin

ANGELS

\$1,000 - \$4,999

Margaret Badenhause
Patricia Bollinger
Caroline Chiccarelli
Elizabeth Fong
Bonnie Graham
Lauren Koenig
Sheila Labrecque

Veronica McCaffrey

Maureen McMahon

Marcy Petrini

Kathleen Sawyer

Beth Speck

MADELEINES

\$500 - \$999

Nancy Bowdring
Ann Callanan
Virginia Gildea
Cecile Jones
Angelina Kleinbub
Jane O'Connell
Robin Vermynen

PHILIPPINES

\$250 - \$499

Nancy Agnew
Patricia Alvarez
Tissie Bean
Andrea Briefs Ferris
Nancy Buckman
Patricia Colbert
Phyllis Dillon
Deborah Newhouse Dunham
Mary Jean Forsyth
Carol Fraser
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Mary Kane

Elizabeth Kozak

Kathryn Longley-Leahy

Elizabeth Maze

Kerry Muzyka

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Carolyn Price

Jessica Reuben

Elin Schriver

Susan Tierney

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Australian Paralympic cyclist Paige Greco passed away in her home after a sudden medical episode. Greco was featured as one of the Sacred Heart olympians in the 2024 Fall issue of the *Esprit de Coeur*.

Greco, who was born with cerebral palsy, won the first gold medal of the pandemic-delayed Tokyo Paralympics in 2021. She broke her own world record in the women's C1-3 3,000-meter individual race. She went on to win bronze medals in the road race and time trial.

This August, she won a bronze medal at the para-cycling World Championships in Belgium for the C3 road race event.

Greco was a 2015 graduate of Sacre Coeur Glen in Iris, Victoria. She was 28 years old.

THE CABOT TRAIL RELAYS



THIRD TIME'S AN EVEN BIGGER CHARM FOR THE YOUNG & THE REST OF US

Submitted by Hannah Baillie '18,
Sacred Heart School of Halifax

For the third year running, Sacred Heart's The Young and the Rest of Us successfully completed the grueling 276.33 km, 17-stage relay around Nova Scotia's iconic Cabot Trail. In record time, I might add!

This year's team was comprised entirely of Sacred Heart alum, a PAL (Parent of an Alum), and faculty who donned the iconic fluorescent pink singlets that have defined our team's presence on

the hills (or should I say mountains?) of Cape Breton. As in past years, Fountain Academy teacher Shoneth Leadbetter took on the role of team captain, handling logistics for both The Young (recent alum) and The Rest of Us (faculty, staff, and PAL). The Cabot Trail Relay Race gets more competitive every year. This year, teams came from all over North America and included the likes of Julie-Anne Staehli, a Canadian 2021 Olympian. To keep up with the ever-quickenning pace, The Young and the Rest of Us needed to pull off a record-setting race. And that we did.

From the time VP Laura Elworthy left the Gaelic College in St. Ann to the time Jon Earle '23 crossed the finish line in Baddeck, 21 hours 54 minutes and 33 seconds had elapsed. This was a significant improvement over previous performances, earning The Young and the Rest of Us a 28th-place finish among 70 ultra-competitive teams.

A lot happened in that time. Following Laura Elworthy's run, Alex Pheeney '15 and teacher Jared Griffiths laid the groundwork for Tallulah MacNeil's '22 battle up Smokey Mountain. Then followed Sophie McIntyre '16, Grace Earle '21, Sarah MacAskill '21, and PAL Mark Beland, who cruised through Cape Breton Highlands National Park to the base of the legendary North Mountain. Just as dusk was setting in, Sean Beland '22 began his trek up and down North Mountain. Next was Ryan Smith '22, who was assigned one of the race's toughest legs a mere 24 hours prior. As in past years, David Sapp '18 leveraged his quick turnover and impressive downhill running skills to take the team from the top of Mackenzie Mountain towards the outskirts of Cheticamp along some of the most breathtaking parts of the Cabot Trail. Don't ask him what it looked like, though. It was pitch-black and close to midnight when he ran.

In the early hours of Sunday morning, our night runners headed out with reflective vests and headlamps. Captain Shoneth Leadbetter was up first, followed by yours truly and Julian Cooper '24. Just as the sun was rising, Kyle Smith '17 hit the ground running towards the final stages of the relay. From there, the sibling duo Grace '21 (running a second leg) and Jon Earle '23 stormed towards the finish line, culminating in a record-setting performance for our intrepid team. With all that running, it would be easy to think that the Cabot Trail Relay is purely about athletics. But that would be wrong. Anyone who has participated in this event knows that running is just the icing on the cake of the Cabot Trail Relay. The true spirit of the event lies in community, especially for us.

Next year's race may be over 300 days away and our entry is far from guaranteed (teams must apply and be randomly selected), however, a strong performance this year and a stellar Mario-themed water stop give us hope that The Young and the Rest of Us will be back to experience the blisters and breathtaking views of the Cabot Trail Relay Race once again.



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