

Esprit de Coeur

spirit of the heart

FALL 2016

2015 - 2016
ANNUAL REPORT

HONOR ROLL OF DONORS
AND FINANCIALS



ASSOCIATED ALUMNAE AND ALUMNI OF THE SACRED HEART



WHAT'S INSIDE

Sacred Heart Olympians

National Office News

2016 Regional Meetings

Alum Highlights

2017 National Conference Preview

Call for Nominations

RSCJ News

In Our Schools

Top Shelf

SACRED HEART OLYMPIANS

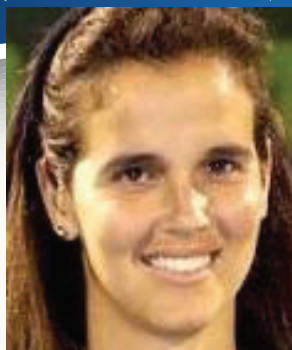
For two weeks in August Sacred Heart alums all over the world were transfixed by the Olympics. Along with cheering for favorite athletes or countries, we collectively rooted for an unofficial team, our Sacred Heart Olympians. Nine alumnae from the U.S., Canada, Mexico and Australia participated this year and it was exciting to cheer for them, knowing that we share a connection – our Sacred Heart education!

*“Within the
Sacred Heart you
have no country, but
the whole universe.”*

–St. Madeleine Sophie Barat



KK Clark
U.S. Water Polo
Sacred Heart Prep '08
Gold



Mary Joe Fernandez
U.S. Women's
Tennis Coach
Carrolton School of the
Sacred Heart '89



Katie Ledecky
U.S. Swimming
Stone Ridge School of
the Sacred Heart '15
*Gold in 200m, 400m,
800m freestyle and
4x200m free relay
Silver in 400m free relay*



Lia Neal
U.S. Swimming
Convent of the Sacred
Heart '13
Silver in 400m free relay



Denise Sheldon
Head of Delegation
for U.S. Women's
Volleyball
Sacred Heart Prep '97
Bronze (team)



Gaby Lopez
Mexico, Golf
Colegio Sagrado
Corazon, Mexico
City '12



Erin Rafuse
Canada Sailing
Sacred Heart School
of Halifax '06



Gabi Nance
Australia, Field Hockey
Stuartholme School,
Brisbane '13

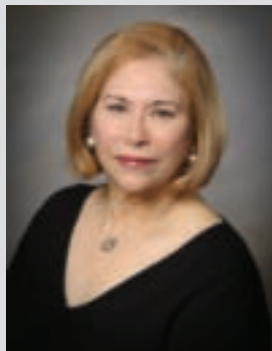


Anabelle Smith
Australia,
Synchronized Diving
Sacré Coeur,
Melbourne '12
Bronze

In addition,
Deni Heitmann Pool,
Academy of the Sacred
Heart, St. Charles '72
traveled to Rio for the
Paralympics as one
of three International
Stewards for the
equestrian program.

Dear Friends,

Just like the change of seasons, AASH is entering its autumn of the 2015-17 biennium. As you read this issue of *Esprit de Coeur*, regional meetings will be taking place in St Louis, San Diego, Washington, D.C. and Bloomfield Hills/Grosse Pointe. Fall foliage will be evident at some of these meetings (waving palms will greet you in San Diego). As the trees turn, AASH prepares to “change its coat.”



Mary L. Forsyth, President

In April 2017 at the National Conference in San Francisco, the attending members will confirm the slate of nominees to serve on the AASH Board for 2017-19. The names and profiles of those nominees will be highlighted in our Call to Conference issue of *Esprit* coming in January. Alums such as you nominate these eight individuals. If you visit the AASH web site at www.aashnet.org, the tab “About AASH” has a pull down menu with everything you need to know about the nominating process for the new Board as well as the Cor Unum and MaryLiz deVito Lincoln awards.

Please consider making a nomination. Please encourage that special alumna or alumnus who is ready and willing to serve. If you decide to make a Board nomination, the deadline for submitting a nomination is OCTOBER 10, 2016. Self-nominations are accepted. This deadline date also applies to Cor Unum and MaryLiz deVito Lincoln nominees.

Included in this issue of *Esprit* is our annual report. AASH has two sources of income: Network schools and local associations provide support through dues. Alumnae, alumni and friends through their generous donations are the major source of our revenue. We are truly honored and grateful that you have included AASH as a giving priority. If you wish to make a gift, a donation envelope is included in this issue.

The following news is bittersweet to share. Karen Timmons has left her position as National Office Director for AASH. During her time with us, she was a sensitive and exceptional example of an alumna serving the needs of our association. We are truly grateful that she was so generous and present in the life of AASH. Our best wishes go to Karen as she undertakes new endeavors. Fortunately, St. Philippine has blessed us with a special replacement. Maggie Kaspura, who was our National Office Director from 2011 to 2015, has returned to this position. She brings expertise and experience to the needs of the AASH office. We welcome back Maggie and wish her every success as part of our association family.

In Rio this summer, we witnessed the wondrous achievements of Sacred Heart Olympians. Their strength and vitality was the source of global applause. Like them, we strive to foster goodwill and friendship in our communities. May the autumn months bring you joy and comfort and the pleasure of our mutual company at the regional meetings.

In One Heart,
Mary Lococo Forsyth
El Cajon '63, Lone Mt., San Francisco '67

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In an effort to decrease our publication and mailing costs and to reduce the amount of paper we use for each issue, *Esprit de Coeur* is mailed to alums who graduated prior to 1978. Those who have graduated since 1978 receive electronically. *Esprit de Coeur* is also available on our website www.aashnet.org. If you wish to receive a hard copy by mail or if you are receiving a hard copy and prefer to receive electronically, please contact the National Office.



On the cover: Graduates at Country Day School of the Sacred Heart – Bryn Mawr (Penn.) toss their caps; Academy of the Sacred Heart – The Rosary (New Orleans) graduates Elizabeth Reed, Elizabeth Toso, Julia Plauché and Margot Childs; Hardey Prep (Chicago) graduates laughing it up before Angel Brunch.

Back cover: Convent Elementary graduates (Schools of the Sacred Heart – San Francisco), Academy of the Sacred Heart (Chicago) Class of 2016 classmates.

Our thanks to these schools for the use of their images.

Editor: Lisa Tebbe, St. Charles '80, editor@aashnet.org
Designer: Angela Schulte

NATIONAL OFFICE NEWS

In this issue, we say *merci beaucoup* to Karen Netsch Timmons, St. Charles '82. Karen has served as National Office Director since the spring of 2015, replacing Maggie Sieger Kaspura (Duchesne Academy – Houston '85). But, we are fortunate to have Maggie returning to her post in the AASH office at Villa Duchesne, where her daughter, Molly, is in seventh grade. Maggie is looking forward to seeing her alum friends at the National Conference in San Francisco.

Welcome back, Maggie!



*Karen Netsch Timmons,
St. Charles '82 and her
daughter, Jade, St. Charles '16.*



*Maggie Sieger Kaspura,
Duchesne Academy – Houston
'85 and her daughter, Molly,
Villa Duchesne '22*

Giving from the Heart

Generous contributions from our loyal alumnae and alumni keep our Sacred Heart family strong and connected. While membership dues come from Associations across the country, primary support comes from the annual appeal, which covers operational expenses. Your support is crucial to help us build and strengthen our community! And, communication plays a vital role in community. Please consider a gift now to sustain the following:

- AASH website (www.aashnet.org)
- Creating and distributing *Esprit de Coeur* twice a year
- Facebook (www.facebook/aashsacredheart)
- LinkedIn (<http://www.linkedin.com/groups?gid=4242513>)
- Promoting local alumnae/i association gatherings, including 2016 Regional Meetings
- Supporting the National Conference in 2017
- Helping alums connect on college campuses, new cities or in the workplace

To make a donation, please complete and return the envelope included in this issue or donate securely on-line at www.aashnet.org. Many thanks in advance for helping AASH to continue to provide services to keep our Sacred Heart family connected!

Naming AASH in your will or trust is a significant way to leave a legacy and help us continue our mission to "foster a spirit of unity and ongoing communication among alumnae and alumni and their respective associations throughout this nation and the world." For more information, please contact Maggie Sieger Kaspura, National Office Director, at NationalOffice@aashnet.org or 314-569-3948.

Sharing our Stories – The Legacy Project, Part 2

The next installment of *The Legacy Project* is now underway. While the first documentary captured the impressions of alumnae as they reflected on their experiences, in the next set of interviews, filmmaker Roselie Bellanca Posselius (Grosse Pointe '73, Bloomfield Hills '77) shifts the focus to Philippine for as we prepare to celebrate the 200th anniversary of her arrival in the U.S.

"These conversations are with students, teachers, parents, alums and RSCJ about how they relate to Philippine as a woman, an educator, a pioneer and a saint," explains Mary Forsyth. "It's multi-generational and focuses on the present. We're using the upcoming Bicentennial to celebrate with the larger Sacred Heart family."

"Work on that project landed us in Louisiana at the end of May and we actually got to New Orleans on the same day that Philippine had landed 198 years earlier," shares Roselie. "We spent two days shooting at Grand Coteau, which had been on my bucket list for more years than I can remember and with the help of the amazing Linzee Evans LaGrange (Grand Coteau '79, Director of Alumnae and Alumni at Schools of the Sacred Heart, Grand Coteau) managed to secure upwards of 30 interviews."

"It was magical following in Philippine's footsteps and imagining some of the hardships she certainly endured on her travels that brought her to St. Charles," says Roselie. She will be heading to St. Louis in the fall, then Atherton in January to continue the interviews and highlight the travels that are most significant to Philippine.

The film is planned to premiere at the National Conference in San Francisco in April. We certainly look forward to this next collection of stories!

The Legacy Project is available online here: <https://www.youtube.com/>.



Jodie Hannaman Thorne, AASH Vice President, and Roselie Posselius in front of the Ursuline Convent in New Orleans where Philippine spent her first night in the U.S. and then stayed for six weeks while being treated for scurvy.

NATIONAL OFFICE NEWS

Welcome to our Newest Alums!

With graduations last spring, hundreds of students became members of their own school's alumnae/i associations as well as the AASH. Whether you graduated from an elementary school or high school, you are part of a national alumni organization that helps to connect Sacred Heart alums across the country.



Stuart Hall grads and friends, from left to right, Malik Hale, Alex Byrd (Gr. 10), Miles Amos (Gr. 10), Mateo Almendares, Ezekiel Crawford and Axavier Byrd.

Our newest alums are now on college campuses all over the country where they frequently meet alums from other Sacred Heart schools. To help us connect alums on campuses, most schools reported the colleges and universities where their graduates are attending. Of the Sacred Heart schools that responded to our request, 774 students are attending 275 different colleges/universities. Here are some of the top schools:

College/University	Number of Alums
Louisiana State University	29
Boston College, University of Notre Dame (tie).....	16
Dalhousie University, Halifax.....	15
Georgetown University	14
Fordham University, St. Joseph's University –Philadelphia, University of Michigan (tie)	13
Temple University, University of Miami (tie).....	11
The University of Alabama, Tulane University, University of Miami (tie)	10



Janet DeBres, an alumna of Rose Bay, Australia and Louise Meière Dunn, Greenwich '48 in front of St Patrick's Cathedral where Hildreth Meière designed the altar of the Lady Chapel. (see pg. 21)

Connect with Us

We hear dozens of stories of how alums recognize each other by their class rings, or randomly meet at work or on college campuses. The Sacred Heart Alum Network is more than 40,000 members strong and can help you find others. We'd love to hear how you met other Sacred Heart alums (see Connections of the Heart on pg. 21). To share your story email editor@aashnet.org.

Not sure we have your latest email address? Contact us at NationalOffice@aashnet.org or call 314-569-3948.

2015-2017 Board Members

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President

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Lone Mountain, San Francisco 1967

President@aashnet.org

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Jodie Hannaman Thorne

Duchesne—Houston 1985

VicePresident@aashnet.org

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Newton College 1975

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SouthernRegionalDirector@aashnet.org

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WesternRegionalDirector@aashnet.org

National Office Director, ex-officio

Maggie Sieger Kaspura

Duchesne—Houston 1985

NationalOffice@aashnet.org

Visit our website www.aashnet.org and connect with us on Facebook (AASH-Associated Alumnae and Alumni of the Sacred Heart), Twitter (@AASH) and LinkedIn (AASH-Associated Alumnae and Alumni of the Sacred Heart).

JOIN US FOR THE 2016 REGIONAL MEETINGS

Alums from Any Region are Welcome to Attend All Meetings!



Southern Regional Conference
 Hosted by Villa Duchesne-City House
 Alumnae Association
 St. Louis, Missouri
 September 23–24, 2016



“Remembrance and Renewal in the Land of Philippine” welcomed alums for a fall weekend of inspirational speakers, enlightening tours, local culinary specialties and trademark Southern hospitality. Friday evening, alumnae gathered at the Shrine of Old St. Ferdinand, located in Florissant, a place that St. Philippine Duchesne loved dearly and where she spent 14 years. Attendees were able to walk the floors where Philippine walked, pray where she prayed and gain a deeper understanding of the simple life she led that was plagued with hardships. It was a beautiful and powerful experience.

Saturday began with a business meeting at Villa Duchesne with AASH president Mary Forsyth and Southern Regional Director Deborah Dunham, followed by an informative alum panel, “Sacred Sharing – Stories of Personal and Professional Renewal in the Spirit of Philippine.” The afternoon had an eye toward beauty, with a visit to the renowned St. Louis Art Museum and mass at the Basilica Cathedral of St. Louis, site of the world’s largest collection of mosaics, many designed by Hildreth Meière, (Convent of the Sacred Heart 1911 and AASH Past President 1957-59). The evening concluded in classic Sacred Heart style with a home dinner in a lovely, World’s Fair era residence. Southern charm, gracious hospitality and Sacred Heart connections were in abundance!

Left: The Southern Regional Planning Committee, from left to right: Molly McKeon Hyde, Gretchen Strobach Boehm, Wally Gunn Strobach, Mary Catherine McDaniel Leeker, Patsy Dickmann Sheehan, Jeanne Burke O’Fallon. Not pictured: Dede Sheehan Brunetti, Jenny Warner O’Neil, Nancy Ross Agnew, Mary Niemann Ciapciak, Tina Ciapciak, Maggie Hyde, Anne Hyde



Western Regional Conference
 Hosted by San Diego Sacred Heart Alumnae Association
 San Diego, California
 October 21–22, 2016



Western Regional Planning Committee, from left to right: Demarise McCorkle, Sandra Phillips, Pat Boer, Sr. Virginia Rodee, Martha Crawford, Linda Thompson, Suzanne Strassburger, Janie Hoffner. Not pictured: Karen Semler

*Blessed are the peacemakers: for they shall be called the children of God.
 Gospel of St. Matthew (5:3-10)*

“Heart of the Peacemaker” welcomes all alums for a thought-provoking and inspiring weekend on the lovely campus of the University of San Diego, home to the Joan B. Kroc School of Peace Studies.

Highlights include:

- ♦ Friday welcome reception at Tequila Terrace
- ♦ Business meeting with AASH president Mary Forsyth and Western Regional director Kate Sawyer
- ♦ Saturday welcome from Patricia Márquez, Ph.D., Dean of the Joan B. Kroc School of Peace Studies
- ♦ Keynote speaker Rev. William R. Headley, CSSp, Founding Dean of the Joan B. Kroc School of Peace Studies
- ♦ Women Peacemakers Panel
- ♦ Mass in the beautiful Founders Chapel
- ♦ Dinner at La Gran Terraza

Accommodations are at the Best Western Plus Hacienda Hotel.

While the registration deadline for the upcoming Western Regional Conference has passed, late registrations can be made on a space-available basis. For more information, please contact Suzanne Strassburger at suzstr@hotmail.com/760-533-1214 or Karen Semler at kvsemler@hotmail.com/19-426-6630.



Eastern Regional Conference

Hosted by Eastern Region Alum Associations
Washington, D.C.
November 4–5, 2016

*“May His Light Shine
in our Hearts” welcomes
alums just days before the
Presidential election
to share in the joy as we
see ways His light shines
in our hearts.*

Highlights include:

- Friday evening welcome reception at Stone Ridge. Invited guests: national political leaders and political journalists plus surprise guests.
- Business meeting with AASH president Mary Forsyth and Eastern Regional director Rhonda Meegan
- Saturday speakers: Network of Sacred Heart Schools Head of Conference Suzanne Cooke, RSCJ (Elmhurst Academy and Manhattanville College); Georgetown Professor Marilyn McMorrow, RSCJ (San Francisco/Atherton); and Diane Roche, RSCJ, “Acting Justly, Loving Tenderly and Walking Humbly in the Sacred Heart Tradition”
- Afternoon Options:
 - Smithsonian American History Museum with special exhibit “Hooray For Politics!” and “The First Ladies”
 - National Gallery of Art featuring key pieces: “The Prodigal Son,” “The Adoration of the Magi” and “The Annunciation”
 - Smithsonian Renwick Gallery – Jackie Kennedy initiated the preservation and renovation of Renwick
 - National Museum of African American Art
 - Christmas Shopping in Georgetown
- Mass at Georgetown University Hospital Chapel or Holy Trinity Church
- Dinner at The George Town Club with speakers: sixth Lt. Governor of Maryland Kathleen Kennedy Townsend (Stone Ridge ’69) and former ABC anchor and Marriott VP Kathleen Cunningham Matthews (Atherton ’71)

Accommodations are at the Georgetown University Hotel and Conference Center: 202-687-3200. AASH rate is \$135/night.

Full conference registration is \$195 (partial available) and the registration deadline is Oct. 5. For more information or to register, please contact Conference Chair Lisa Kirby Greissing at greissing72@gmail.com/703-929-4448 or Eastern Regional Director Rhonda Meegan at rhondameegan@yahoo.com/410-206-4775.



Central Regional Conference

Hosted by Bloomfield Hills & Grosse Pointe
Alumnae and Alumni Associations
Bloomfield Hills & Grosse Pointe, Michigan
November 11–12, 2016

*“The Heart’s Roots will delve deeply
into the logo’s depiction as we discuss
what was (our roots), what is (the oak tree)
and what will be (the acorns) within our
AASH community.*

Highlights include:

- Friday visit to Grosse Pointe campus including History Day Congé with students, goûter, Evensong in the Chapel, tours and cocktails in the Library and dinner in the beautiful Parlor
- Business meeting with AASH president Mary Forsyth and Central Regional director Shannon Gilroy
- Saturday private tour and elegant lunch at Meadow Brook Hall, an historically and architecturally rich estate, built by one of Detroit’s prominent automotive families
- Tour and Mass at Bloomfield Hills Chapel
- Dinner at Lelli’s

Accommodations are at the Detroit Marriott Troy: 248-680-9797. The AASH rate is \$89 for a standard room.

Full conference registration is \$200 with partial registration available. The registration deadline is October 21. To register, visit: www.ashmi.org/AASHCR. RSCJ who wish to attend the conference are guests of the Bloomfield Hills and Grosse Pointe Alumnae and Alumni Associations. For more information or to register, please contact Rosalie Posselius at detactgld@aol.com or Sandra Shargabian at sshargabian@ashmi.org.

ALUM HIGHLIGHT: JULIETTE WEBER REILLY

Shikabania — The School Built by Family and Friends



Students in the library at Shikabania school in Tanzania.

After retiring from a fulfilling teaching career, Juliette Weber Reilly dreamed of going on a safari. But, she also wanted to combine her trip to Africa with an opportunity to volunteer. So in 2004 Juliette began volunteering in the mountain village of Nkoaranga in Tanzania where she began spending five months a year teaching English in the secondary school. She immediately noticed the critical need for English proficiency for children to succeed, from education to employment. Little did she know that a dozen years later, a primary school in the same village would thrive because of her generosity, dedication and vision.

Juliette graduated from Villa Duchesne in 1950, then attended Vassar College. She taught for 35 years in Michigan and California. In the '80s, she helped start and run a small school in Oakland, Calif. for disadvantaged children. She then taught in a small school in rural Michoacán, Mexico until 2008. It's this experience and her love for education that now inspires her in Africa.

In 2010 Juliette came upon a small church that was working to establish a primary school near her house in the village, about half-way up Mt. Meru (the mountain next to Mt. Kilimanjaro). Shikabania — a tribal word that translates as "fight for me" — began in one room with 10 four-year-olds, some benches and a local unpaid teacher. This had been provided by Dream Helpers Global Mission, a Maryland philanthropic group. Juliette saw the possibilities for the young children of the village and quickly set out to find ways to support the school.

When she returned home to Oregon, she shared pictures of Shikabania with her three sons and two daughters (Juliette Sherer Ganschow and Lucy Gray Sherer, graduates of Academy of the Sacred Heart, Bloomfield Hills '69 and '73, respectively. Granddaughter Juliette Amoroso is a 2001 graduate of Convent of the Sacred Heart in San Francisco). In talking about the needs of the school, they felt they could help, so they began fundraising for the school, built a website to help get the word out and shared the needs with others.

Soon, her family and friends were engaged in building a primary school with these rudimentary beginnings. In small steps Shikabania has grown into its present incarnation. In five years they managed to build nine classrooms to accommodate 225 students, a library, a kitchen and an office. Each building is about 50' x 25' divided into two classrooms by a wall. They are cement block construction covered in stucco with grilled windows and doors and a metal roof. Built on rock foundation with a cement floor, the cost for materials and labor for each building is about \$7,000 U.S.

Currently, Shikabania is at half capacity with 115 students in Pre-K through Grade 7. The school year runs from January to December. Twenty-four students are sponsored by either individuals or the school; \$250 per student covers all school fees, uniforms and track suits, morning porridge and afternoon lunch, all books and supplies for a year. The parents pay a fee of \$6 a month (unless they are too poor and then the school helps them). Eight teachers — all local men and women — provide a solid program of English, math, Swahili, science, history, geography and civics. In addition there are two cooks, a cleaner and a seamstress. An administrator oversees the buildings (construction and maintenance), planning and executing the landscaping, ensuring there is enough water, registering students and collecting school fees, dealing with parents, paying the teachers and calling teacher and parent group meetings, as well as buying supplies and books.

“Our goal is to provide poor village children with a free, firm education in English to give them opportunities in every walk of life,” Juliette says. “Shikabania is unique in the area: all other private schools are very expensive and the government school is vastly overcrowded with poorly paid teachers and few books. All of the secondary schools (grades 8-12) are taught in English. Unfortunately adequate English is not available in the local government school, where the teachers don’t speak much English and the classes are crammed with about 60 children each. My job now is to make the school sustainable, with a broader base of support.” To date, about 50 donors have made gifts that range from \$25 to \$25,000.

In addition to donating financially, family and friends have collected supplies, including books from libraries and schools in the San Francisco Bay Area and Oregon, with a plan to fill Shikabania’s new library with storybooks and readers. “The children are wild about books! Having a book to read is a first for most of them,” says Juliette. “We have the best library in the whole region!”

With an established school program, teachers, books, desks and the much sought after registration from the Tanzanian government (“This was no small feat,” explains Juliette, “as you have to ‘know someone’ and have the patience of Job to get anything done in Tanzania.”), Shikabania is now poised to change the lives of an entire village.

“From this modest beginning, thanks entirely to the support and generosity of family and friends, we have come a long way!” says Juliette. “We are very excited and hopeful of reaching our capacity to give an excellent education to 225 poor village students, preparing them for a broadened and successful future.”

Like Philippine Duchesne, Juliette has seen a need to educate children. “We especially recruit and encourage girls to academic achievement,” she says. “We do everything we can to ensure the success of our girls, including bringing in speakers to give them ideas for careers.” Remembering her own Sacred Heart education, Juliette says, “I loved my classes and teachers at Villa and have always been grateful for and appreciated the excellent education I received. It gave me a lifelong belief that education is the key to opportunity and fulfillment. When you see bright eager kids who are living in poverty, they inspire you to try to help.”

To learn more , visit www.shikabania.com or on Facebook: <https://www.facebook.com/Shikabania/>. You may also contact Juliette directly at juliettwreilly@gmail.com.



Clockwise from top: Students line up for morning porridge; a teacher jumps rope with her students; Juliette with a fifth grade girl in her classroom.

ALUM HIGHLIGHT: BACK TO SCHOOL

Sacred Heart Students Become Sacred Heart Teachers

Back to school...for teachers and students, it's an exciting time, full of hopes and dreams for the new year. Teachers are energized and challenge students to grow spiritually, academically and personally. Students are inspired to learn, question, analyze, discover. Sacred Heart alums share a common bond of education, with similar memories, favorite traditions, outstanding teachers and a remarkable mission, as articulated by St. Madeleine Sophie Barat. And, her legacy of education continues as Sacred Heart alums return to their alma maters for their teaching careers. Below, three educators reflect on their teaching experiences at their schools.

Mary Dougherty Reepmeyer

Education: Academy of the Sacred Heart, St. Charles '96. Saint Louis University, bachelor's in elementary education; Maryville University, master's in education.
Grades/Subjects taught: current Fourth Class. I spent four years teaching fourth grade, three years in third, and three years in second. It feels great to come full circle and teach fourth grade again!

Years teaching at a Sacred Heart School: Beginning eleventh year

Why did you want to teach at your alma mater? After being a substitute at local elementary schools for a year, I was able to experience many different school settings and meet many amazing teachers. However, there was always that welcoming feeling as if I was home each time I walked through the doors of the Academy to sub. Once hired to teach full time, it felt like a dream come true.

How does your Sacred Heart education influence you in the classroom? As a child I looked forward to each day of school with excitement. I looked up to and respected my teachers and was so grateful for their love and encouragement through the years. Now, it is my turn to give back everything I've learned to the next generation. I wanted to teach at ASH so that I could not only teach curriculum, but teach to the heart of students and continue to tell the beautiful stories of Philippine and Mater. I love telling students what life was like when I attended school there. Although many things have changed, there are several traditions that have stayed the same and to share in these traditions with the students brings me so much joy.

Was there anything you learned as a student that you are now sharing with your students? My Sacred Heart education helped shape me into the person I am today. The teachers pushed me to think outside the box, stay organized, always do my best and set and work toward my goals. They helped me to understand the importance of a personal relationship with God and the importance of self-reflection. I carry the skills, lessons and values that I learned at ASH with me wherever I go.

Any other thoughts? As a member of our ACC (Alumni Coordinating Council) I "adopt an eighth grader" each year and write notes of support. I enjoy sharing memories with these students as well as praying for them throughout the year. As a moderator for the Student Social Justice Committee I can continue to strive for justice as I serve our community and beyond alongside the students.



Mary Dougherty Reepmeyer, St. Charles '96

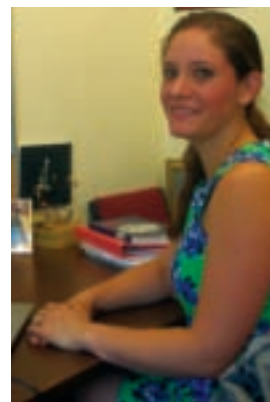
Catherine Kruse

Education: Villa Duchesne '07; Washington and Lee, bachelor's in English; Saint Louis University, master's in English

Grades/Subjects taught: English 8, British Literature 12, Yearbook

Years teaching at Sacred Heart School: Beginning second year

Why did you want to teach at your alma mater? My best friends and I grew up walking, pacing and sometimes lightly jogging through the halls of Villa's safe castle walls. Education here gave me the inherent confidence to face the world without preconceived notions of gender, and instilled in me the passion to pursue my dreams. I firmly believe that most of my successes in life have been based on the person that Villa molded me to be. I hope to be able to pass on the same enthusiasm for learning and living that I obtained here.



How did it feel to return to teach? I love being back at Villa to teach! It has been such a privilege to be on "the other side of the desk" with an idea of where the students are coming from and how I can best encourage them to learn.

Catherine Kruse, Villa Duchesne '07

What has been the biggest joy teaching at a Sacred Heart school? The legacy of the Sacred Heart is the legacy of strong women who persevered through unimaginable hardships and were able to create a lasting educational system that now spans the whole world. It makes me proud to be a small part of that system. I hope that I can live up to it!

How does your Sacred Heart education influence you in the classroom? Compassion, forgiveness, optimism and faith. I love being in an environment that values its students as scholars and young adults who can change the world. It seems that tenets like “personal growth in an atmosphere of wise freedom” and “social awareness which impels to action” require us to extend a sense of mutual respect to our students, which I think in turn inspires them to achieve in ways they couldn’t in a less trusting environment.

Was there anything you learned as a student that you are now sharing with your students? I don’t think I ever realized how lucky I was to attend a Sacred Heart school. I was always happy but didn’t recognize the unique nature of Sacred Heart education. I hope that I can pass on to my students how special our “brand” of education is, from the history of its origin to the “whole child” approach.

Any other thoughts? When people ask me about why I went back to teach at Villa, I am reminded of how blessed I am to be back at a place that felt like home for so long. I consider it a privilege to be here, and to be able to touch the lives of future generations of Sacred Heart students.

Greg Lambert

Education: Sacred Heart Schools, Atherton '05; Santa Cruz, bachelor’s in psychology, minor in education; San Jose State University, Education Specialist program

Grades/Subjects taught: 6th Grade Social Studies

Years teaching at Sacred Heart School: Beginning second year

Why did you want to teach at your alma mater? When I returned to the area there was no other place where I would want to teach more. As a graduate of the school, I experienced firsthand the effectiveness of the whole-child education that Sacred Heart embraces. I have been fortunate



Greg Lambert, Sacred Heart Schools, Atherton '05

enough to have a number of wonderful opportunities after high school and know that the type of person Sacred Heart helped me become was a catalyst for all of them. There is no more rewarding experience than being able to help facilitate the embodiment of the Goals and Criteria for future generations.

What has been the biggest joy teaching at a Sacred Heart school? The contagious positivity from students, parents, faculty and staff makes me glad to start each day, keeps me laughing throughout it, and leaves me with a smile as I pass through the hallowed pillars that have stood at the gateway of campus for over a hundred years. It is remarkable to be a part of a legacy that continues to bring so much good to the world. I am also greatly enjoying coaching sports teams with present and past students; it’s a fabulous way to get to know and have fun with them in a different capacity.

How does your Sacred Heart education influence you in the classroom? A Sacred Heart education calls for each person to embrace the Code of the Heart, values that I have witnessed the benefits of in my own life. As a result, I am able to provide students with relatable examples to explain why they are fortunate to be held to such a standard of excellence. As a social studies teacher, the importance of each Goal is exemplified by events in every ancient civilization our class explores. I point out that these principles are even more important for us to understand in today’s increasingly complex world.

Was there anything you learned as a student that you are now sharing with your students? Beloved, honored and retired Sacred Heart history teacher Donna Gilboa taught students to view civilizations through political, social and economic lenses. I utilized this excellent method for categorizing information throughout my subsequent education and my students now examine their studies through these perspectives.

Any other thoughts? On one of my last days as a senior at Sacred Heart, our class was encouraged to thank our parents for the amazing opportunity they provided us through the gift of a Sacred Heart education. The importance of a solid foundation for anything well-built is clear, and a Sacred Heart education provides its students with a foundation from which they can build an exceptional life. Let us all be grateful, and “thank you,” mom and dad.

CONFERENCE
PREVIEW

CREATE THE FUTURE CELEBRATE THE PAST

Associated Alumnae & Alumni of
the Sacred Heart Conference
comes to San Francisco

APRIL 27 – 30, 2017

The 41st AASH Biennial National Conference
will be held at the Sir Francis Drake Hotel
in downtown San Francisco.



Events at Sacred Heart Atherton, Broadway, and Lone Mountain.
Exciting speakers, inquiry lab panel, hackathon, professional
and personal development, gala dinner, tea and tour.

For more information go to www.aash2017.org

DON'T DELAY — Call for nominations is underway!

Nominations are due October 10, 2016

All nominations and awards will be presented at the 41st Biennial National Conference in San Francisco, Calif. April 27—30, 2017.

2017-19 Board of Directors

As Sacred Heart alumnae and alumni, we are called to be of service. Are you (or an alum you know) interested in serving at the national Board level where you have an opportunity to help shape the direction of our association, support our activities and continue to network with and connect more than 40,000 alums?

Nominations are being sought for nine positions on the Board (President, Vice President, Treasurer, Recording Secretary, Corresponding Secretary and Regional Directors—Central, Eastern, Southern and Western). To learn more about the nomination process and each of positions and responsibilities, as well as download the nomination form, visit www.aashnet.org.



2015-17 AASH Board, front row: (left to right) Shannon Gilroy, Mary Forsyth, Rhonda Meegan, Jodie Thorne; Back row: Diane Tymick, Kathleen Feeney, Kate Sawyer, Caitie O'Shea. Not pictured, Deborah Dunham.

2017 Cor Unum Awards

EXCELLENCE IN ONE'S WORK • LOYALTY TO SACRED HEART VALUES • THE GIFT OF SELF IN SERVICE TO OTHERS

Do you know an alumna or alumnus who exemplifies these qualities? To present these awards, AASH needs your help in identifying outstanding alums. Please take the time to nominate a Sacred Heart alum you feel deserving of this award.

Sacred Heart alums are renowned for their accomplishments and contributions. They are active within their associations, at their schools, in their communities, with their families, and many other venues. Each biennium AASH salutes four

of these alums (one from each region—Central, Eastern, Southern, Western) with a Cor Unum Award.

Established in 1993, the Cor Unum Award honors alumnae and alumni who have embraced and model the philosophy of the Sacred Heart in their everyday lives. Cor Unum means “one heart,” and is taken from the motto of the Society of the Sacred Heart—One Heart and One Mind. In paying tribute to the recipients, we honor the Sacred Heart of Jesus and the philosophy of the Society of the Sacred Heart.

For a list of past Cor Unum recipients or to access the nomination form, visit www.aashnet.org.



2015 Cor Unum recipients Esther Mariassy Kmetty, Mimi O'Hagan, Karen Witt German and Laurie Weiss Nuell with Woman of Conscience recipient, Gail O'Donnell, RSCJ (center).

2017 Maryliz deVito Lincoln Generosity and Service Award

To honor outstanding alumna and past president Maryliz deVito Lincoln (1943-2003), the AASH established an award in her name in 2007. Maryliz's deep dedication to the Sacred Heart family showed itself in joyous and generous service to her local association and to the national and international alumnae/i associations, beginning shortly after her graduation from San Francisco College for Women, Lone Mountain in 1965.

This biennial award is granted to a Sacred Heart graduate, 35 or younger, who has demonstrated outstanding support of and loyalty to her/his local alumnae/i association or to AASH. Past recipients of the Maryliz deVito Lincoln Generosity and Service Award are:

- 2007 - Amy Banna, Bloomfield Hills '95
- 2009 - Karen Patterson, Forest Ridge '93
- 2011 - Sara Burchell Kestner, Stuart Country Day '96
- 2013 - Meghan Dowd Schlattmann, Duchesne Academy – Omaha '97
- 2015 - Cristina Mas, Carrollton School of the Sacred Heart '05

The honoree receives the cost of travel, registration and hotel expenses for the National Conference in San Francisco where the award is presented. To nominate an alum, please visit www.aashnet.org.



Cristina Mas, Carrollton School of the Sacred Heart '05, receives the Maryliz DeVito Lincoln Generosity and Service Award from Alice Burns in 2015.

Heartfelt Congratulations to Barbara Dawson, RSCJ

Sister Barbara Dawson, RSCJ, Provincial of the Society of the Sacred Heart United States – Canada Province, was elected on August 2 as the Superior General of the International Society of the Sacred Heart. She succeeds Kathleen Conan, RSCJ, who has served for eight years as the Superior General and becomes the third consecutive Superior General from the United States in the Society's 216 years.

Sister Dawson was elected by the Society's General Chapter during their meeting in Nemi, Italy. The General Chapter is composed of delegates from every province and serves as the highest governing body of the congregation. In her new role, she will oversee the communities and ministries of her religious order in 41 countries and six continents from the Society's international headquarters in Rome.

A native of San Francisco (and alumna of Broadway and Lone Mountain), Sister Dawson's ministries have included service in education, administration and immigration in both the U.S. and Jakarta, Indonesia. For the past four years, Sister Dawson has served as the Provincial of the United States – Canada Province, based in St. Louis, Mo. She also held the position of Provincial for the U.S. Province from 1993-99. In addition to leadership, Sister Dawson has served as a teacher and administrator for schools including St. Martin de Porres in Oakland, Calif.; Lone Mountain College in San Francisco; and others throughout the U.S. She was in administration for various Catholic charities and has addressed public policy and immigration issues in the San Francisco Bay area.

We are proud of Sister Dawson as she becomes the 17th successor to St. Madeleine Sophie Barat!



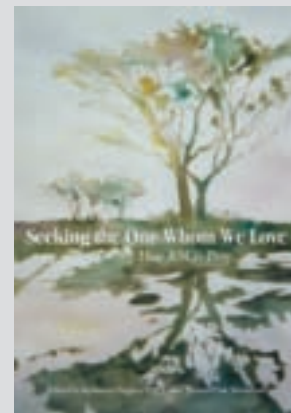
Sister Barbara Dawson lights a candle with matches, both belonging to St. Madeleine Sophie, as she becomes the next Superior General.

Audience with the Pope

During the RSCJ General Chapter in Nemi, Italy, capitulants went to the Vatican for an audience with Pope Francis. Superior General Kathleen Conan gave him the book, *Seeking the One Whom We Love: How RSCJs Pray*, a collection of essays by 55 RSCJ who share their answer to the most personal question: "How do you pray?" Behind her, RSCJ were singing the Magnificat.



Superior General Kathleen Conan, RSCJ, with Pope Francis as he waves to the RSCJ. To watch this joyful moment, visit <https://rscjinternational.org/news/audience-pope-francis>.



Available through Amazon and Barnes & Noble. To learn more, visit: <https://rscj.org/news/publications/seeking-one-whom-we-love-how-rscjs-pray>

Excitement Builds for the Bicentennial

The new Bicentennial website is now live! Be sure to visit www.rscj.org for the latest news and events as we head toward this momentous occasion. As a Sacred Heart family, there is much to celebrate: the 200th anniversary of Philippine Duchesne's arrival with four companions in the New World and the opening of the first school, Academy of the Sacred Heart in St. Charles; the 200th year of Sacred Heart education in the Americas; and the 200th anniversary of the internationality of the Society of the Sacred Heart, now in 41 countries.



Visit <https://rscj.org/bicentennial2018> for the latest news and events.

From Philippine's story to images to excerpts from her letters, the site is informative and inspiring. A downloadable brochure, new Bicentennial prayer card (in English, French and Spanish), lesson plans and a specially commissioned Mass make this a great resource as well. A list of events including the Spirituality Forum, Bicentennial Year of Prayer, Reenactment of Philippine's arrival in St. Charles on the banks of the Missouri River, and the Global Service Day will continue to be updated.

As we prepare to open the Bicentennial year on June 23, 2017 – the Feast of the Sacred Heart – we look forward to the many ways to celebrate this holy and historic event!

IN OUR SCHOOLS

Faces of the Heart – An International Sacred Heart Camp

by Catherine Christman Swanstrom '84

A new frontier in Sacred Heart education was forged in July 2016 in the FACES OF THE HEART, a two-week summer camp graciously hosted by La Perverie school in Nantes, France. This program brought together 25 students from Sacred Heart schools around the world in a common service learning experience. While international gatherings are common among Religious of the Sacred Heart and educators of Sacred Heart Schools, this program celebrated the internationality of our students, taking place intentionally in France, the place of our common spiritual heritage, the land of St. Madeleine Sophie and St. Philippine Duchesne.

The concept for this summer camp began in the meeting of two Sacred Heart educators, Luciana Jeler, a teacher of French at Academy of the Sacred Heart (Bloomfield Hills, Mich.) and Sabine du Vignaux, Exchange Coordinator at La Perverie. With the support of her Head of School, Bridget Bearss, RSCJ, Luciana met with Sabine in Nantes in 2014 to make their common vision a reality.

Their vision – to bring together high school students and adult mentors from around the world to promote mutual understanding, increase leadership skills, and prepare youth to make a difference in their communities – began to take shape over the course of the following two years. Soon other Sacred Heart educators, Anne Hoppenot (Stuart), Marcia Josephson (Greenwich), Todd Paulson (Josephinum) and Catherine Swanstrom (Villa Duchesne), joined Luciana and Sabine to form a team committed to this project. In the fall of 2015 the team met at the Stuart Center in Washington, D.C. to structure the program and implement a curriculum to complement its theme. Drawing on the theme of Integrity of Creation, the program began to take shape around the question: “How do our Sacred Heart values translate into choices and actions when it comes to the use of the world’s resources to feed the planet?” Initial program funding was generously provided by the UFASC (Union Française des Anciennes et des Anciens du Sacré Coeur), the Sacred Heart alumni association of France, under the leadership of Pascale Drouas.

By the spring of 2016, 25 enthusiastic Sacred Heart students ranging in age from 15-25 had registered for the camp, including two young alumnae: Serena Hill, Carrollton '16 and Julia Sosnivka, Josephinum '16. Students also attended from the following U.S. schools: Atherton, Broadway, Duchesne, Forest Ridge, The Rosary, Stuart Country Day School and Woodlands Academy, as well as Schol Sophie Barat (Germany), Trinita dei Monti (Italy) and schools in Taiwan, Japan, Mexico and Colombia.

The program began with a beautiful Mass followed by community-building activities at La Perverie. Each day the students met in educational sessions and reflected on how to make sustainable behavior part of their role as the future of the Church and leaders in their own countries. We enjoyed two Skype sessions from Washington, D.C.: Catholic Social Teaching with Diane Roche, RSCJ, of the Center for Justice, Peace and Integrity of Creation and the papal encyclical *Laudato Si* with Daniel Dileo, Oak Hill (St. Louis) '97 from the Environmental Justice Network. Other presentations included “Feed the Humanity,” “Breakfast around the World” and how to compost. There were opportunities for service as well, with visits to the Logis St.-Jean, a place of refuge for migrants in Nantes. The idea of eating locally – avoiding mass produced food – was put into practice with meal preparation from a French



Faces of the Heart participants in Puy du Fou.

market and cooking classes. We also engaged in cultural activities, such as visiting Le Puy du Fou historical theme park, and, of course, cheering the national French soccer team in the finals.

From Nantes we began a pilgrimage in the footsteps of St. Madeleine Sophie, first to Joigny, where we were met with abundant hospitality by the RSCJ who gave us tours, dined with us and housed us for two nights. Each one will cherish the special experience of staying in the home of St. Madeleine Sophie, where her presence is felt in the beautiful rose gardens, chapels and surrounding vineyards.

From Joigny we left for Paris, where we were guided by Amélie Jarrousse, RSCJ, beginning with the church of St François Xavier, where the châsse of St. Madeleine Sophie is kept, to key places in the history of the Society of the Sacred Heart, such as the rue Monsieur, where her first vows were taken with the community, and the Hôtel Biron (present Rodin Museum), a former Sacred Heart School, and where Madeleine Sophie, as well as Pauline Perdrau, once lived.

By the conclusion of the program, students and educators alike agreed that the FACES OF THE HEART was a transformative experience, that we had been united in our common Sacred Heart heritage, identity and mission. While creating lifelong friendships we gained a wider perspective on the urgency of making sustainable choices and how these choices affect the lives of the most vulnerable on our planet. The team of educators felt an affirmation in the generous spirit of these Sacred Heart students. Through the FACES OF THE HEART experience we can echo with St. Madeleine Sophie, “The future of the church is in its young.”

(Student Reflections continued on p. 21)

TOP SHELF

Books by Sacred Heart Authors



Orchids of War

Denise Frisino, Forest Ridge '70

Set in 1941 Seattle, San Francisco and Hawaii, *Orchids of War*, Denise Frisino's second book, constructs a story of Japanese spies in the U.S. during World War II. Described as "suspenseful, packed with accurate details, and told through engaging characters," Denise has written a story that may challenge perceptions of that era.

It was during the research for her first book, *Whiskey Cove* (2012), that Denise learned of a Caucasian woman who had been studying at the University of Washington in 1941 and was fluent in Japanese. The FBI discovered her expertise and then employed her to help the U.S. uncover spies. Denise was intrigued and inspired by this woman to create the character Billi O'Shaughnessy. She tells Billi's story in *Orchids of War*.

This historical fiction explores events leading up to the war, including how the decrypting machine "Magic" enabled the U.S. to read the Japanese "Purple" code and affect turning points in the war. Some of the facts surrounding a Japanese spy ring that operated along the West Coast between the U.S. and Mexico prior to World War II were classified documents released through the Freedom of Information Act. Her extensive research allowed her to interview Dr. Donald Raleigh who was on the USS Maryland on the morning that Pearl Harbor was bombed.

"There have been several miracles while researching for this book, as the needed information literally found me," shares Denise. "One such miracle was discovering a four-hour-long taped interview of my deceased father, Joe Frisino, former writer/editor for the *Seattle Post Intelligencer*. Dad, who served in the Signal Corps in the Army and spent over two years living in the jungles of Burma while working on the Burma Road, was discussing the very questions I had been asking in all of my interviews regarding WWII."

Orchids of War has been selected as a National Indie Excellence Award finalist under the category of Historical Fiction. To learn more and listen to some of the interviews Denise conducted, visit www.denisefrisino.com. Her book is available through her website and Amazon.

After graduating from Forest Ridge in Seattle, Denise attended the University of Washington, where she earned a degree in drama and teaching. She spent many years performing on stage and in film, as an actress, writer, director and producer. Denise also taught English, drama, video and writing in the public schools, and recently "Creating Memorable Characters," a course she created for writers at UW Experimental College. Denise is a featured author at the Pacific Northwest Bookseller Association's Fall Show, and has been nominated for the PNBA 2017 Awards. She lives in Seattle with her husband where she is currently writing the sequel, *Storms from a Clear Sky*.



TrafficKing

Conchita (Suarez)

Sarnoff,

Carrollton School of the Sacred Heart '78

Human trafficking is one of the world's intransigent problems, with an estimated 22 million people

enslaved globally according to the International Labour Organization. In her first book, Conchita Sarnoff writes about the alleged sex trafficking kingpin, Jeffrey Epstein, and his prosecution by U.S. authorities. *TrafficKing* gets behind the news headlines and explains how this pedophile billionaire's case is the longest running human trafficking case in U.S. history.

In 2008 Epstein, a registered level three sex offender, was convicted of soliciting an underage girl for prostitution and served 13 of an 18-month prison sentence. *TrafficKing* reveals there could be more to Epstein's story than a single case, with allegations that the financier has supplied underage girls to several wealthy and powerful friends.

Conchita is executive director of The Alliance to Rescue Victims of Trafficking (www.ATRV.org) and has been working for the past decade on public policy issues related to human trafficking. Formed in 2013 in Washington, D.C. by a group of like-minded leaders, ATRVT works to raise awareness of human trafficking and help stop child sex trafficking.

One of the Alliance's educational initiatives is distributing a PowerPoint presentation entitled "ALERT & EDUCATED," to schools in the U.S. across the 15,000 school districts. The goal is to help teachers, administrators and students learn, understand and identify the signs of trafficking and have the tools and contact information at hand to help those who might be at risk. The presentation is in English and Spanish.

Conchita began working in the field of human trafficking in 2006, when a former Minister of Foreign Affairs in Mexico raised the issue of missing children in Mexico being "trafficked" into the United States as sex slaves. This conversation spurred her to investigate the issue of human trafficking. "I met a survivor (13 years old) in D.C. also in January 2006. She was the first sex trafficked

victim I had ever met and that was pretty much it," Conchita recalls. "I never looked back and knew that I had found my calling and had to do something, whatever that was, about it. I also knew that God would direct my path to help him rescue these children."

Prior to her work in the field of human trafficking, Conchita was a crisis communications advisor to a number of Fortune 400 companies including two political candidates: Mexico City Mayor (2000-2005) Andres Manuel Lopez Obrador and Key Biscayne Mayor (2002-2006) Bob Oldakowski.

She has been a contributor to: *The Financial Times*, *The Miami Herald*, *The Latin America Herald Tribune*, *The Huffington Post*, *The Daily Beast*, *The Daily Caller*, *ElPolitico.com* and others. She has been a guest commentator on a number of television networks including: NBC, Fox, ABC, Univision, Telemundo, Russia TV, Caracol, and several radio and digital news programs.

Conchita spent a total of 17 years in Sacred Heart schools. In addition to Carrollton, she attended El Sagrado Corazon in Madrid and Las Madres in San Juan, Puerto Rico. At Columbia University she majored in political science with a minor in U.S. history and went on to earn a certificate of studies from The Harvard Business School "Program on Negotiations." She has two children and lives in Washington, D.C.

Conchita hopes the message of this complex and compelling story raises awareness of the issue of child sex trafficking and helps influence the Department of Justice to enforce the federal law, The Trafficking Victims Protection Act (TVPA), on all human trafficking cases.

"It is in great part thanks to the values I learned at the Sacred Heart I am able to and spiritually equipped to work with this very dark topic," writes Conchita. "I have our Good Lord, the

beautiful Sacred Heart Sisters who instilled a deep sense of love and compassion and the values of the Order to thank."

TrafficKing is available through her website www.conchitasarnoff.com and Amazon.

White Elephant

Catherine Cooper, Sacred Heart School of Halifax '99

White elephant (noun): a possession that is useless or troublesome, especially one that is expensive to maintain or difficult to dispose of (Oxford English Dictionary).

It's been said that the kings of Siam gave white elephants to courtiers they disliked, as the upkeep of such an animal would incur a great expense. Catherine Cooper's debut novel, *White Elephant*, chronicles the journey of the Berringer family, who move from Nova Scotia to Sierra Leone, West Africa in the 1990s at the beginning of the country's civil war. While it might look like a wonderful opportunity, it may come at a high price.

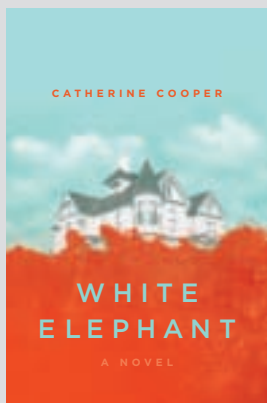
Dr. Berringer dreams of practicing medicine with the poor in Africa and uproots his family – sickly and unhappy wife, Ann, and difficult teenage son, Tor. Their experience there is plagued by tension within their family and struggles living abroad. And, there may be other reasons why the Berringers have left their home in Canada, as told in flashbacks.

"My family lived in Sierra Leone briefly in the early '90s, and that experience left a huge impression on me, so I wanted to write about it somehow," Catherine explains. "I wrote a short story set in Sierra Leone for a fiction workshop at Concordia University, and my thesis supervisor encouraged me to develop it into a novel, so that was how it started. I went back to Sierra Leone about four years ago to do research while working on a Christian hospital ship and then traveling a bit and writing an article (www.guernicamag.com/features/heaven-hell-and-earth/) about meetings between traditional and western medicine, and those experiences also influenced the direction the book took. The book was my way of exploring questions that troubled me, but it's also just a story about a family struggling with their own problems in ways that make them quite blind to what is happening around them."

Catherine graduated from Sacred Heart Schools, Halifax and earned her bachelor's degree in English literature from Dalhousie (Halifax). She received her master's in English literature and creative writing at Concordia University (Montreal). Her first collection of stories, *The Western Home* (2014), explores themes from the folk song "Home on the Range." She lives in Prague, Czech Republic and is currently working on a novel based on her research into the shamanic use of psychedelics to treat drug and alcohol addiction.

White Elephant is only available through Amazon in Canada, but Catherine hopes it will have a wider distribution soon.

If you have a book you'd like to share with our Sacred Heart alums in Top Shelf, please contact the National Office at NationalOffice@aashnet.org or 314-569-3948.

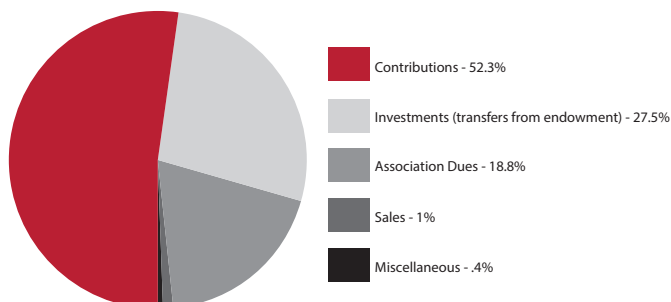


ANNUAL REPORT

Reflects gifts received June 1, 2015 — May 31, 2016

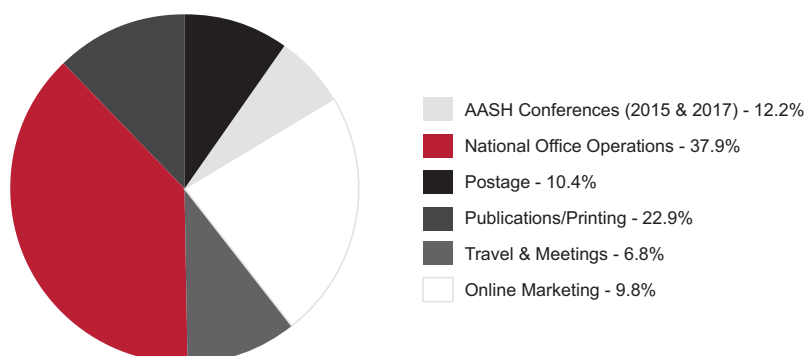
AASH SOURCES OF FUNDS

Contributions.....	\$66,727.00
Investments (Transfers from Endowment).....	\$35,000.00
Association Dues	\$24,047.00
Sales	\$1,223.00
Miscellaneous	\$625.30



AASH USES OF FUNDS

National Office Operations	\$64,455.67
Publications/Printing.....	\$38,963.04
Travel and Meetings	\$11,634.65
Postage.....	\$17,721.86
Online Marketing.....	\$16,701.99
AASH Conferences (2015 & 2017).....	\$20,657.68*
Total.....	\$170,134.89
Net Loss.....	(\$42,512.59)



* \$8,750 represents an advance deposit for 2017 National Conference, to be repaid with Conference registrations in 2017.

HONOR ROLL OF DONORS

A heartfelt thank you to our more than 600 generous donors! We are grateful to our 61 first-time donors! Our annual appeal reached \$66,727 to benefit AASH. This list reflects donations received from June 1, 2015 — May 31, 2016.

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(continued, p. 20)

SHARING OUR SPIRITUALITY: BEING THERE

Reflections from the Scenes of the Mysteries of the Rosary

By Sandra Scalise Juneau

Since our Blessed Mother first presented St. Dominic with the Holy Rosary, this powerful prayer quickly swelled its reach throughout the world, enduring through centuries as a mainstay of Catholic spirituality. This October, we celebrate the 800th Anniversary of the Holy Rosary. With conviction for its transforming power, one Sacred Heart graduate set out to renew, enliven and enrich this time-honored prayer for contemporary Catholics. In *Being There: Reflections from the Scenes of the Mysteries of the Rosary*, Marie Louise Guste Nix, 'The Rosary '68, offers a volume of narrative poems providing fresh experience of each mystery from the voice of an individual who had the privilege of Being There.

Nurtured within her devout and loving family, Marie Louise acknowledges the source of her spiritual life. She writes that "Thanks to early education with the gentle Religious of the Sacred Heart, I never knew a God of wrath or vengeance, and still love the beauty of Catholic traditions and Catholic teaching as they are meant to be lived." She further acknowledges, "The second special gift of my education at Sacred Heart was a passion for great literature, and poetry in particular."

Though Marie Louise had prayed the rosary daily for most of her life, it was during recovery from surgery in 2008 that she experienced the healing power of its meditational component. Continuous meditation on the mysteries not only provided relief from painful complications, but a nearly miraculous rapid healing from total hip replacement ensued. As a gesture of gratitude to the Blessed Mother, Marie Louise promised to write a book of meditations on the Mysteries, hoping to deepen the experience and unleash their healing power for others.

True to Scriptural verses, her poems give new perspective on each scene. Rendered from the voice of an individual chosen to be there, Marie Louise places our consciousness within the historical scene, bringing an intimacy of heart, soul and mind to each mystery.



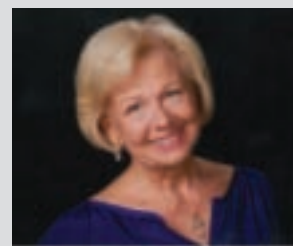
Marie Louise designed *Being There* for use in personal prayer and as a guide for prayer groups and group retreats, including a set of Suggestions for Reflection for each of the 20 mysteries. Scripture verses and poems are enhanced by color images from Renaissance and Post-Renaissance artists.

Being There has been embraced with overwhelming responses. Testimonies from lifelong devotees of the rosary reveal the inspired nature of this work. The writing has been referred to as an outpouring of grace, anointed by God. As stated by Most Reverend Gregory M. Aymond, Archbishop of New Orleans, "It is indeed a beautiful book of poems related to the rosary. It portrays not only a deep spirituality, but an invitation to others to reflect upon the rosary."

To order signed copies (\$14.95 plus S&H) or for bookings, please see www.marielouisegustenix.com. You may also contact Marie Louise Guste Nix at marielouisenix2@gmail.com.

Editor's Note:

A New Orleans native, Marie Louise earned her bachelor's degree in French from Manhattanville College. She pursued theological studies in the Andover Newton Consortium in Boston, then earned her Juris Doctor from Loyola University School of Law.



Marie Louise Guste Nix,
The Rosary '68, Manhattanville
College '72

Marie Louise's earlier published work includes: *Visions of Splendor: Poems and Images of the Beyond in our Midst*; *Transportation to the Higher Place: Poems of the Way*; *Restoring Soul: Poems of Healing, Encounter, Awareness and Empowerment*.

She says her "fiery love for God was kindled under the charism of St Madeleine Sophie Barat." She has been a program speaker in venues far and wide, and has offered Days of Recollection using her original poetry in guided meditations. "It's all part of a mission we share to bring honor, praise and glory to the Author of Creation," she says.

Marie Louise's sister is Melanie Guste, RSCJ, Headmistress of The Rosary in New Orleans.

HONOR ROLL, cont.

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Heart

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CONNECTIONS OF THE HEART

Sacred Heart Connections and Hospitality Span 64 Years

World renowned Art Deco muralist and mosaic artist Hildreth Meière, Manhattanville 1911, was President of the AASH 1957-59. In addition to designing numerous works in New York, Washington, D.C. and many other states, she created a majority of the mosaics in the Cathedral Basilica of St. Louis, including the Dome of the Twelve Apostles. Her daughter, Louise Meière Dunn (91st Street, Eden Hall, Greenwich '48) had the distinct privilege to speak under her mother's work at the Nebraska State Capitol during the AASH National Conference in Omaha in 2013.

While Hildreth's art is on display in state buildings, office buildings, houses of worship and cultural institutions, it's one of her smallest designs that Sacred Heart alums can claim for their own. During her AASH presidency, Hildreth created the "Sacred Heart Passport," which is given to graduates to this day. This little card is intended to introduce an alumna/us at any Sacred Heart school in the world. Her daughter, Louise, recalls numerous Sacred Heart connections and lifelong friendships made possible by her mother and international hospitality of alums.

The addresses of the Sacred Heart Convents/Schools throughout the world were included, along with the blank passports that were sent worldwide to all Reverend Mothers. When my mother was elected President of AASH she passed that duty on to me. I even took the job with me when my husband was posted to Guatemala in 1960 and used to mail "passports" through the Diplomatic pouch!

In 1952, my mother took me "on a world tour" after I graduated from Fordham University. At the same time we also called on all Sacred Heart convents in faraway countries, including her Manhattanville classmate, Rev. Mother Marjorie Woodlock, RSCJ in Melbourne, Australia. We were in Melbourne several days, and were hosted by alumnae for every meal, except breakfast!

In Sydney, two graduates from Rose Bay were asked "to take care of me" — Patricia (Trish) Horsley and Helen Ralston. Helen later entered the Sacred

Heart order from Canada, visited me in Connecticut, and my husband, Paxton Dunn, and I visited her in Halifax, Nova Scotia. My "alcove mate" from Eden Hall, Judy Brown, RSCJ was Head of School and Judy, Helen, Pax and I visited the Cabot Trail and Prince Edward Island together.

Later, Trish (a Past President of AMASC) visited us in Washington, D.C., Guatemala, Peru and Chile! I attended the AMASC Conference in Australia in 2002 and after it ended, went with Trish to their "station" Yaven, near Adelong, New South Wales, Australia.

Recently Trish called me from Sydney. Her niece, Janet (an alumna of Rose Bay) and husband were going to be in New York. I took them to see my mother's mosaic designs at Temple Emanu-El, St. Bartholomew's and the Lady Chapel altar at St Patrick's Cathedral. Unfortunately we ran out of time and couldn't visit 91st Street. (see photo pg. 3)

It's Sacred Heart hospitality spanning 64 years and many countries!



The 'Sacred Heart Passport' is intended to introduce an alumna/us at any Sacred Heart school in the world.

Faces of the Heart — Student Reflections

continued from pg. 13

"The best thing that this program provided was a way for students, leaders of tomorrow, to come together and share their thoughts and views about the issues of today's world...We were all connected by the network of Sacred Heart schools, and as a result we were not afraid to speak of our opinions and views. In our free time, we spoke of gun rights, the immigrant crisis, racial profiling, politics, corruption, etc., anything and everything that we as young citizens felt needed to be addressed. Everyone from every school contributed to the conversation, adding their perspective from their country, from their experiences, and from their upbringing. At times we feel as if only these issues are happening in our country and that our situation is the worst, but by participating in Faces of the Heart, I feel as if we became aware that each part of the world is in pain. Moreover, I feel as though we learned that each one of us can come away from this program feeling empowered to make a change in our communities, no matter where in the world it may be."

— Madison Heeg, Duchesne Academy – Houston

Eyes Through the Heart

There was once a girl named
Madeleine Sophie Barat
Also known as the girl on fire
Because the flame in her heart
Burned bright
And when she spoke
She breathed fire
And her footsteps
Charred the Earth
Where a group of teenagers
Found her steps
And were touched by her flame
Which coursed through
their veins
And they felt the beating
of their hearts again

Where their flames warmed the poor
When they were struggling to smile
Where they picked fruit
From Mother Nature
Where they were amazed by humans
Who lit themselves on fire
And projected faces on water
Although these teenagers
were all different
They all had the flame
Of the Sacred Heart

— Ola (Aleksandra) Bartolik,
Woodlands Academy of the
Sacred Heart



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The Associated Alumnae and Alumni of the Sacred Heart (AASH) was created in 1933, as a way to unite all children of the Sacred Heart and to further the work of the Religious of the Society of the Sacred Heart.