

Esprit de Coeur

spirit of the heart

WINTER 2017

AASH CALL TO CONFERENCE
SAN FRANCISCO • APRIL 2017



ASSOCIATED ALUMNAE AND ALUMNI OF THE SACRED HEART



Create the Future, Celebrate the Past

San Francisco welcomes the AASH
National Conference April 26-30, 2017

What's inside:

National Office News

2017-19 Board Slate

Top Shelf

Special Alumnae Recognition:

Cor Unum Recipients, Woman of Conscience
and Maryliz deVito Lincoln Award

Conference Speakers, Highlights, Schedule,
Registration and More!

Dear Sacred Heart Friends,

As 2017 opens, we prepare for the 41st AASH National Conference in San Francisco from April 27-30. The last quarter of 2016 was a prelude to what we can expect in San Francisco. When alums met at regional meetings from September through November, there was excitement and renewed commitment to our Sacred Heart identity. Our Southern sisters shared the "Land of Philippine" with a hospitality that began at St. Philippine's school in Florissant and Villa Duchesne and ended at a 1903 World's Fair era home. The Western Regional in San Diego spoke to the culture of California's missionary beginnings with festivities in Old Town and a day of immersion in the art of peacemaking at the University of San Diego. At the Eastern Regional, Stone Ridge School of the Sacred Heart and Georgetown/ Washington DC entertained alums from across the country and highlighted RSCJ and celebrity alumnae speakers. The alumnae associations of a former Sacred Heart school, Grosse Pointe Academy and the Sacred Heart Academy at Bloomfield Hills, hosted the Central Regional. Meeting in the Bloomfield parlor was an intimate reminder of a school experience that reminds us of home.

You may remember that your AASH Board has included in its goals a promise to be relevant in its messages and models for communication and to network more with our members and associations. The fact that every board member attended at least one regional meeting was a visible expression of those goals. Likewise, our goals were evident in the efforts of the planning committees, the attendees and the programs themselves. When members of the Sacred Heart family come together to serve one another, the fruits of their mutual efforts are rich and endless.

This issue of *Esprit de Coeur* has a bittersweet identity. It is the last issue of the 2015-17 biennium and it is the "call to conference" magazine detailing the particulars of the upcoming national conference. The theme of the San Francisco 2017 meeting is Create the Future, Celebrate the Past. A program outline and registration information is included in this issue. The slate of AASH Board nominees for 2017-19 is presented for your consideration as well as the Cor Unum awardees, and the recipient of the Maryliz DeVito Lincoln Award. This year we are acknowledging two Women of Conscience. All of this information and the forms you need to register are immediately available on our website (www.aashnet.org). Whether you are joining us in person in San Francisco, or experiencing the conference through our website, Facebook, the next issue of *Esprit*, or friends, I encourage you to ponder how we can best create our mutual future and incorporate our past and present into a coherent "autobiography of AASH." Literally, thousands of people are authors of this story.

In an effort to decrease our publication and mailing costs and to reduce the amount of paper we use for each issue, *Esprit de Coeur* is mailed to alums who graduated prior to 1978. Those who have graduated since 1978 receive electronically. *Esprit de Coeur* is also available on our website www.aashnet.org. If you wish to receive a hard copy by mail or if you are receiving a hard copy and prefer to receive electronically, please contact the National Office.

Your generous response to our 2016 Annual Appeal was remarkable. It is such an honor to say "thank you" to the new and previous donors to our invitation to participate in the financial support of AASH. We are equally grateful to our associations and the Network of Schools for their support. Your allegiance and sense of family was truly evident in your 2016 gifts to AASH.



Mary L. Forsyth, President

This issue of *Esprit* is the launch of the editorship of Maggie Sieger Kaspura, our National Office Director. In an effort to consolidate responsibilities, your board decided to integrate the editorship with the Office Director position. By professional training and experience, Maggie is an accomplished journalist. AASH thanks Lisa Tebbe for her talent and creative understanding in making *Esprit* a premier medium of communication.

Was it only two years ago that we met in Boston? Promises were made that little cable cars would take you halfway to the stars. (Thank you Tony Bennett for leaving your heart in San Francisco). The Western Region and the City by the Bay are preparing for your arrival. Create the Future, Celebrate the Past is an event that will transcend your expectations. San Francisco here we come!

In One Heart, now and always,
Mary

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NATIONAL OFFICE NEWS

Greetings,

It is good to be back in the National Office, tucked away behind the chapel at Villa Duchesne. It's Christmas season as I write, and the students are preparing for the various holiday liturgies. The beautiful sound of their singing fills the office for hours at a time. It's a delightful addition to our day. Another bonus is that the 7th grade classrooms are on the same floor as AASH, so I regularly bump into Molly's teachers and classmates. It's a treat for me to have a brief chat with the girls or hear a tidbit about what's happening in class. So far, Molly seems happy with arrangements, too. I've been surprised by sudden hugs from behind and shouts of "Hi, Mom!" down the hall at lunch. (Here's hoping she's as tolerant of mom being at school when she hits 13!)

There are number of other changes at the National Office. The Board formally hired our "temp," Elizabeth Gibson, last summer. Betty has been helping out 15 hours a week since 2013, and continues to add tremendous value. By eliminating the staffing agency fees, the Board was able to give Betty a small raise and still save money. It's a definite win-win.

AASH is moving to a new web provider and a new address: www.aash.org. We're hoping the new site, which will be hosted by the Stuart Center, will be live in time for the conference. We'll send out alerts when the time comes, and traffic will be redirected automatically to the new site. The move offers AASH a streamlined URL, as well as a cleaner, more responsive and easier to manage site. It's also a cost savings – about \$8,000 annually.

Connect with Us

We hear dozens of stories of how alums recognize each other by their class rings, or randomly meet at work or on college campuses. The Sacred Heart Alum Network is more than 40,000 members strong and can help you find others. We'd love to hear how you met other Sacred Heart alums (see stories on pg. 22). To share your story email editor@aashnet.org.

Not sure we have your latest email address? Contact us at NationalOffice@aashnet.org or call 314-569-3948.

Visit our website www.aashnet.org and connect with us on Facebook (AASH-Associated Alumnae and Alumni of the Sacred Heart), Twitter (@AASH) and LinkedIn (AASH-Associated Alumnae and Alumni of the Sacred Heart).

On the cover: PHOTO CREDIT: Elias Feldman

Students from the Schools of the Sacred Heart in the Cortile of the flood Mansion on the Broadway campus.

Back cover: Images from Schools of the Sacred Heart, San Francisco

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NATIONAL OFFICE NEWS, CONTINUED



Lisa Tebbe, St. Charles 1980

The final change is that management of *Esprit de Coeur* now falls to the National Office Director (also known as: Me). It's a big responsibility and one I've enjoyed tackling, as it takes me back to my journalism roots. *Esprit* is our main vehicle for communicating to our Sacred Heart family and I owe a huge debt of gratitude to the former editor-in-chief, Lisa Tebbe (St. Charles 1980). When Lisa started work on *Esprit*, it was a simple, black-and-white newsletter. Her vision, skill and creativity crafted our modern version of a gorgeous, full-sized, full-color magazine. She is most definitely a True Child. Last fall, in addition to her job as Admissions Director for the Academy of the Sacred Heart in St. Charles, Lisa took on the role of Alumni Director. So never fear, Lisa hasn't exited the AASH stage. We'll have a chance to congratulate her on her

exciting new job and thank her in person for her service to AASH at the 41st National Conference in San Francisco.

Speaking of which: read on for a taste of what's to come in April, including the amazing Cor Unum winners, who will knock your socks off. Everything you need to know to plan is right here in *Esprit*. Updates will be posted to the conference website, <http://www.aash2017.org/> and the AASH Facebook page. Once the new AASH site is up and running, you'll find information at www.aash.org, too.

See you in San Francisco!
Maggie Sieger Kaspura, National Office Director

WHAT'S THE BICENTENNIAL ALL ABOUT?

By Kathleen Hughes, RSCJ
RSCJ Bicentennial
Committee Chair
khughes@rscj.org

What exactly are we celebrating in the Bicentennial Year 2017-2018? I've been asked that question often. I believe we are celebrating four things:

A woman

A friendship

*A journey across
many frontiers*

And our internationality

First, we honor a woman, Rose Philippine Duchesne. She was a woman of Grenoble, France, 10 years Sophie's senior; a sometimes impetuous and impatient woman, like Peter in the Gospels; a missionary who longed to reveal God's love half a world away; a pioneer facing the heroic circumstances and deprivations of frontier

life; a woman always drawn to those on the margins of society; an educator, who taught by love, suffering and humility even more than by word; and, above all, a woman of deep prayer, known by her beloved Potawatomi as "the woman who prays always." Each one of you could add to this snapshot from your own experience of her, and I trust we will come to know her in fresh ways during the events and other initiatives in the coming months.

Second, we celebrate a friendship - between Philippine and Sophie. We have come to marvel at their friendship, so intimate for 14 years in France, and then maintained at a great distance, often at great personal cost, for the next 34 years of their separation. They were

different in so many ways—background, social class, temperament, spirituality. They were bound together because they were soul friends, joined by their common passion to glorify the Sacred Heart of Jesus and to make God's love known to the ends of the earth.

Third, the bicentennial celebrates frontiers. When Philippine boarded the *Rebecca*, she left everything behind – everything and everyone she held dear – for a New World totally unknown to her. But geography was not her only frontier, nor perhaps the hardest. She crossed a frontier from the Visitation to the Sacred Heart charism. She negotiated frontiers of race and class and language; of different educational systems and expectations; of civil and ecclesiastical

pressures; and, of course, the hundred and one frontiers of the heart – challenges and losses and fears and misunderstandings, frontiers crossed or gotten through by faith and grace and by her extraordinary generosity of spirit.

Finally, and perhaps most importantly, the bicentennial is a celebration of our internationality, a celebration of our one global Sacred Heart family. In the 19th century many religious orders in Europe were asked to send religious to the New World; nearly all of those orders ended up breaking ties and becoming independent religious communities because of distance, because of the enormous frustrations of slow communication,

sometimes because bishops requested works not in their constitutions. The Society of the Sacred Heart is one of very few orders that remained in union with their European motherhouse. Why? Maybe it was the fierce loyalty of Philippine to Sophie. Maybe it was fidelity to our motto: Cor Unum et Anima Una in Corde Jesu (one heart and one soul in the heart of Jesus). Happily, as a result of that loyalty and fidelity, we now find ourselves in 41 countries, all of us preparing for the Bicentennial!

For details of all the Society's bicentennial plans, please go to: Rscj.org/bicentennial2018.



FIRST PERSON: Alums Living the Sacred Heart Mission

*By Jennifer Looney McCullough '95
Academy of the Sacred Heart, New Orleans*

Back in the 1970's, I was adopted from the Edna Gladney Adoption Center in Texas. From a young age, I knew I was adopted and "chosen" by my parents. I was raised Catholic and lived my adolescence in Catholic School. I always had a passion for helping others, especially children. My sophomore year of high school, I entered Academy of the Sacred Heart in New Orleans and from there my passion to help others grew.

While at the Rosary, I volunteered for Habitat for Humanity, feeding the hungry, working in food kitchens and the oncology unit at Children's Hospital. Since graduating from university and saying "I do" shortly after, I have been traveling the world and living life as a global nomad thanks to the US Army. My husband, children and I have lived overseas now for 14 years. This is our 10th military move.

With each move, I always find an orphanage or a refugee camp to help support, share friendship and try to make a difference in peoples' lives. Several years back, while we were in DRC Congo, we found an orphanage without any government or church support. We watched very young children walk miles through dangerous terrain in unbearable heat just for clean water. I knew I had to do something, so I rallied friends and family on Facebook for donations and was able to raise \$18,000 and dig a well for this orphanage. Once I achieved this, I knew that one person could make a difference in the world - one orphanage, one country at a time.

We now are stationed in Addis Ababa, Ethiopia, where my husband is the Defense Attaché with the US Embassy. We are US Diplomats here; but for me, it is just a title the embassy gives us. It has not changed me or my mission to help others. I have stayed humble, and true to my Sacred Heart roots. I have found an orphanage close to me where they are in great need, as it is a Special Needs orphanage. I see these children longing for a "forever home" while they live in poverty with the bare minimum. I have met with the orphanage director to see what their vital needs are and again, I have started a Facebook page to try to get donations.

Ethiopia by far has been the biggest challenge. We arrived in August during protests and fires and within the last week the government has declared a "State of Emergency" due to all of the protesting, killings and unsettling of this country. All I can do is sit back and pray that the country settles down and for the safety of these children. In the capitol city of more than 4 million, there are fewer than 20 orphanages. They are crowded and do not have means to feed and take care of the children. In fact, children are going hungry, getting sick and even dying. With the dire need here, I have not committed myself just to one orphanage, but several orphanages in the area close to my home. I volunteer my time at the special needs hospital doing OT & PT with the severe cases who are bound to their beds. I go to another orphanage to hold babies and toddlers and give them love and skin to skin contact - letting them



The author with orphans in Ethiopia

know they are loved and have friendly interaction. Twice a month, I get out to an orphanage that is 3 hours outside of Addis to bring food and support. They are so remote, most of the roads are closed due to protesters and war and they cannot get food, medicine or supplies.

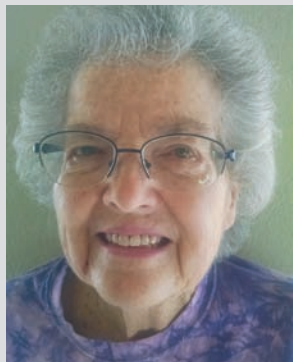
I do this for the children - to try and make a difference in their lives. I do this to give them a better future. I do this as no child should go hungry or die because they cannot get clean drinking water, cleaning products or basic medicine. I do this as NO child should feel alone or unloved. But I cannot do any of this by myself. It is through social media and my friends sharing and their friends sharing that we make a difference in the world together.

Each new country a new orphanage, always trying to make a difference in the world while sharing my Sacred Heart teachings.

*Share your first-person account of how you
are living the Sacred Heart Goals.
Send your story to editor@aashnet.org.*

TOP SHELF

Books by Sacred Heart Authors



Setting Donegal on Fire

Diane Lovegrove Bader, Atherton 1956

In 1877, wealthy immigrant Daniel Sweeney left San Francisco, returning to Ireland with his wife and eight children. Appalled at his countrymen's miserable conditions, he excoriated the entrenched policy of neglect by landlords and authorities, fighting for poor – and Catholic – tenants, championing their cause with fiery speeches that stirred thousands into resistance.

This book, written by Sweeney's great-granddaughter, Diane Lovegrove Bader, delves into the true story of a returning emigrant's encounter with people he loved, landlords he despised and laws under which he suffered.

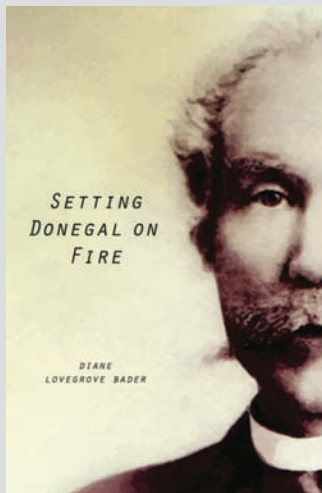
Diane knew little about her Irish history growing up. "My mother, Isabel Sweeney, was proud of being Irish and said her grandfather was the hero of our family," Diane said. "However, she didn't exactly know why. My grandparents both died before I was 5-years-old, so, no family stories."

But when her mother passed away, Diane found a trove of old family photos and memorabilia, including a typed page about the ancestry of both her Sweeney grandparents. "My mother had asked them to tell her what they knew in 1937 and she had written it down," Diane said. Her curiosity was piqued.

She researched online, connecting with far-flung relatives, and has traveled to Ireland four times. On one visit, she met the local historian in Falcarragh, County Donegal, who encouraged her to memorialize the story of her great-grandfather in print. "My great-grandfather was an important man during the Land League years," Diane said. "He spoke out for justice for the poor peasants who were being mistreated by their landlords. As a result, he was imprisoned!"

Her book was launched in Northwest Ireland in Falcarragh, Co. Donegal, the town where much of the book's action takes place. "The room was packed with about 60 residents of Falcarragh who were extremely interested in what I had to say," Diane said. "It was so exciting to be there." The book was launched by the Irish Minister of the Diaspora, Joe McHugh. "I had the trip of a lifetime," Diane said. "It was wonderful to actually stay in the land where my ancestors lived - right below beautiful Mt. Errigal."

The book is for sale at amazon.com.



Judicious Murder

Val Bruech Sheridan Road
1967, Barat College 1971

Chicago native Val Bruech opens her debut novel in a courtroom, her heroine cross-examining a police officer. The scene is taken directly from Val's time as a defense attorney and based on a case she tried—and won—in Joliet.



Val grew up riding her bike to the library to check out mysteries. "I read every Agatha Christie, followed by Nancy Drew and the Hardy Boys," she said. "I also spent time with adventure books—think Walter Farley's Black Stallion series."

She always enjoyed the mental puzzles and gymnastics involved in mysteries, so it was a natural pick when she decided to write a novel. "I love it when I guess the murderer's identity early and I love it even more when it's a complete surprise and the clues have been sprinkled in but perhaps not recognized," Val said. "I hope *Judicious Murder* is an excellent example of the latter."

As a criminal defense lawyer, Val had first-hand experience with wrongful verdicts, pathological liars and unsolved homicides. She put that personal knowledge to good use, weaving the various themes together in her story, which takes place in Joliet and features a female defense attorney as the heroine.



Another character taken from real life is “Fur,” the heroine’s feline friend. Fur is modeled after Izzy, who Val rescued in 2000. Izzy has been with Val ever since, supporting her through 10 drafts of her novel. Her second book, already in the works, also will include some true-to-

life characters, including one who’s a Religious of the Sacred Heart.

These days, Val’s still riding her bicycle to the library – and everywhere else - when she’s not writing. She likes to bike around her adopted hometown of Portland, Oregon, hike in the Columbia River Gorge and keep in touch with her Barat pals.

The book is for sale at amazon.com.

If you have a book you’d like to share with our Sacred Heart alums in Top Shelf, please contact the National Office at NationalOffice@aashnet.org or 314-569-3948.



The Mothers’ Rosary

*Paula “Polly” Capps,
Villa Duchesne 1978*

Polly’s book is both a love letter to the Mothers’ Rosary prayer group at Villa Duchesne Oak Hill School in St. Louis, and a guided meditation on the Blessed Mother. The group, which has been meeting weekly for more than two decades, prays for the physical and spiritual safety of their children. Polly used photos from the beautiful Villa Duchesne chapel to illustrate it and included meditations for all the mysteries of the rosary, the stations of the cross, and the seven sorrows of Mary. “All of them were written to focus the hearts of mothers on the perfect motherhood of the Blessed Virgin Mary,” Polly said.

The book definitely has a Sacred Heart “feel” throughout, with discussions of the Sacred Heart traditions of honoring the Blessed Mother as Mater, the Immaculate Heart of Mary and Our Lady of Sorrows. “My hope is that the beauty of the Sacred Heart is revealed through this book to all mothers, as a guide and aid to help them pray for their children, whether in a group or alone, at school, work or home,” Polly said.

With its profound insights into the love of Mary for her Divine Son and for us all, this book will help mothers more fully understand and appreciate their holy vocation of motherhood and pray for their families and community. “Writing this book about the Mothers’ Rosary group was a labor of love for me, as was praying every week at Villa/Oak Hill with so many (other moms),” Polly said.

Polly dedicated the book to St. Philippine Duchesne, in celebration of the 200th anniversary of her arrival in the New World.

The book is for sale at amazon.com.



2016 REGIONAL MEETINGS RECAP



CENTRAL REGION

"The Heart's Roots" conference welcomed alumnae and alumni in the Central Region for a two day event of friendship and comradery. The weekend began at the Grosse Pointe campus with a History Day Conge event, tour of the renovated school and an elegant sit-down dinner in the Grosse Pointe Parlor. On Saturday, attendees gathered in the morning for formal AASH business that included a special presentation by Luciana Jeler, French teacher at Academy of the Sacred Heart and creator of Faces of the Heart, an international Sacred Heart youth program.

In the afternoon, attendees headed to Meadow Brook Hill where they were treated to a behind-the-scenes tour of the estate and a luncheon in private "servants quarters." The day's events ended with a special liturgy on Saturday evening in the Bloomfield Hills Chapel.

Following Mass, guests enjoyed a classic steakhouse dinner and toasted to new friendships and a wonderful weekend.





EASTERN REGION

The Eastern Regional Conference, May His Light Shine In Our Hearts, took place in Washington, D.C., November 4-6 at the Georgetown University Hotel and Conference Center. With an amazing soirée Friday night, we were fêted at Stone Ridge, in Hamilton House. Many thanks to Michael Anne Cullen, Stone Ridge Director of Alumni Relations, and AASH Rep Julie Stull. Our surprise speaker, Stone Ridge parent, Dr. Lawrence Mahan showed us St. Madeleine Sophie Barat relics from his great aunts, and explained his family's combined total of 250 years of Sacred Heart education!!

The business meeting opened with a special prayer from Religious Moderator Marie-Louise Wolfington, RSCJ, at the Hotel and Conference Center. AASH President Mary Forsyth welcomed all with the AASH Legacy video - which had rave reviews! Our keynote speakers, Suzanne Cooke, RSCJ, Marilyn McMorrow, RSCJ, and Diane Roche, RSCJ, each had magnificent presentations. Sr. Cooke shared an exciting update on the Society's recent General Chapter in Italy. She also spoke of contemplative and historical reflections of the Society's efforts to educate and show us the joy of Christ's love shining in our hearts. Next, Georgetown Professor Sr. McMorrow, shared an interesting historical account of slave history at the university as she discussed the recent publication "The Working Group on Slavery, Memory, and Reconciliation." Most interesting to hear was how Georgetown and the students have been affected by it, their process of understanding it and their reflections on it. Our final speaker, Sr. Roche, shared stories of her experiences in

Haiti and of the resilience of the Haitian people. It was fascinating to hear how these people met one disaster after another - like earthquakes, floods and hurricanes - while continuing to hold firm in their faith. After these presentations, and the regional associations and chapter updates, conference attendees enjoyed a buffet lunch fit for a queen at the University's Faculty Club. The afternoon was free to relax and explore DC.

Saturday night, at The George Town Club, we enjoyed a luxurious dinner thanks to arrangements by Conference Chair Lisa Greissing. At this special event, emceed by Dr. Marina McCarthy, we enjoyed a wonderful after-dinner panel with former Lieutenant Governor of Maryland, Kathleen Kennedy Townsend, and former DC Area ABC affiliate reporter, Kathleen Matthews. What a fascinating event it was, as they shared with us their Sacred Heart school experiences and memories and how special they were to them.

Our final goodbyes were shared after a lovely mass, organized by Nancy Brouillard McKenzie at Georgetown University's Dahlgren Chapel of the Sacred Heart.

Many thanks to Conference Chair Lisa Greissing and Committee Members: Julie Stull, Dr. Marina McCarthy, Cecilia Schultz, Lorna McMahon of Stone Ridge, Mary Denger, Nancy Brouillard McKenzie, Marie-Louise Wolfington, RSCJ, AASH National Office Manager Maggie Sieger Kaspura, and Michael Anne Cullen of Stone Ridge. The Eastern Region looks forward to gathering in San Francisco for the AASH National Conference in April!

Back row:

*Toni Curry, Mary Forsyth,
Alice J. Burns*

Front row:

*Kathleen Matthews,
Lisa Greissing,
Kathleen Kennedy Townsend*







SOUTHERN REGION

The Southern Regional AASH Conference, held in St. Louis in September, will not soon be forgotten! The Committee, headed by Dede Sheehan Brunetti, truly proved that their city is definitely southern (and I *know* southern being from Texas) through their over-the-top hospitality!

The "Remembrance & Renewal . . . in the Land of Philippine" theme was truly evident from Friday evening's remembrance celebration and welcome reception in Florissant at Old Ferdinand Shrine, where St. Philippine began her time in the United States. Sister Munch presented our group with a history lesson and tour and then followed with a fun reception where all tried to catch up with each other.

Saturday started with Dede introducing Head of School-VDOH, Michael Baber, and Sister Collins-Principal-VDOH who welcomed us; and then Sister Kathleen Hughes gave a brief report on events for the upcoming 200 year celebration "Crossing Frontiers." The AASH business meeting began with Mary Forsyth, AASH President, thanking the committee and attendees then showing "the Legacy Project" video. She followed with an update of AASH current programs and the future of AASH. Deborah Dunham, AASH Southern Regional Director, spoke of her travels to visit alumnae/i associations and/or officers for The Triangle Area in North Carolina, Southwest Florida Association in Naples, The SH Cuban Association in Miami, Grand Coteau and Duchesne-Houston.

After the business meeting a panel of three alumnae spoke of how they each overcame life events with their faith, perseverance and support from various avenues. We were moved by their life journeys.

We proceeded to lunch in the great hall of Villa Duchesne for more visiting around beautiful tables and delicious dining. As I stated, over-the top in every detail! Mass at the Cathedral Basilica was special, because we were seated by the Philippine Duchesne mosaic! Our wonderful dinner party was hosted by Jeanne O'Fallon and owner of the home, Mary Grace O'Shea Kaufman.

As are most great events-parting was sweet sorrow, but we will all meet again in April for the AASH National Conference!



WESTERN REGION

Our wonderful conference started with a beautiful sunset cocktail hour on Friday, October 21st. Our business meeting went very smoothly, even with so many participants and updates and attendees. Everyone adored the Legacy Video. Our speakers were delightful and informative and kept the whole gaggle of geese attentive throughout. Lunch was held outside on the lawn and the panoramic views of the Pacific, the bay and San Diego were breathtaking. As a final hurrah, our delicious dinner on the University of San Diego campus was heavenly. We watched the sun set (again) and lingered because we were sad to say goodbye. An excellent effort on the part of Suzanne Strassburger, Chair, and the entire San Diego chapter. Looking forward to seeing everyone "up north" in San Francisco!



AASH PRESENTS BOARD SLATE FOR 2017-2019

Jodie Hannaman Thorne *President, Houston, Texas*

Jodie has experience in many parts of the Sacred Heart family. First, as a student: she's Class of 1985 from Duchesne Academy of the Sacred Heart in Houston. She served two terms as president of the DASH Alumnae Board and worked as the school's alum director. She's finishing up her second term on the AASH Board, where she was Southern Regional Director under president Alice J. Burns, and is currently vice president. Whatever she's doing, Jodie likes to make sure everyone is engaged. "Jodie has a wonderful way of making meetings interesting and enjoyable," said Ann Caire, RSCJ, who nominated her for president. "She is a hard worker, very organized, and has a great sense of humor." Those qualities will come in handy as Jodie works to better engage younger alums and solidify AASH's financial future. "Jodie is True Child of the Sacred Heart," Sr. Caire said. "She's going to make a wonderful president."



Roselie Bellanca Posselius *Vice President, Grosse Pointe Farms, Mi.*

An alumna of The Academy of the Sacred Heart in both Grosse Pointe (1973) and Bloomfield (1977) Roselie ranks her Sacred Heart experience among the greatest blessings of her life. "It has provided me with very clear and simple guidelines that offer endless possibilities for living a meaningful life," she said. "I have felt valued and supported by countless role models. I am inspired daily by the work of my fellow alums and the RSCJ." It was of utmost importance to her parents, she said, that they provide her a Sacred Heart education. She is thrilled, she said, to be rejoining the AASH Board as vice president, after serving as Central Regional Director in 2013-2015. "Being a part of AASH enriches my daily routine by reminding me of these blessings I have received," Roselie said. "I am revitalized, inspired and always aware of God's love for us through AASH." As VP, Roselie hopes "to let my fellow alums, young and old, know that we are needed more than ever to carry our timeless mission into the future."



Kate Devers Sawyer *Treasurer, Los Angeles, Ca.*

An auditor for the Cheesecake Factory, Kate's skills are well-honed for the AASH Treasurer's job. When not ensuring every bite is delicious (and efficiently prepared), she is very active with AASHLA, the Los Angeles alum association reactivated in 2006, and has served as AASH's Western Regional Director during the current biennium. "AASH is making new friends that I have known my whole life," she said, quoting her buddy, Sandy Farrell, past AASHLA president. "Neither your age nor the school you attended matters, we all have the same spirit of togetherness - one heart. I chose Sacred Heart because of the sense of security and family." Kate's in search of more strategies for attracting newly-minted graduates, while still holding tight to older alums who have been a vital part of the organization for decades. For her, it all goes back to our shared foundation. "I am glad to be a Sacred Heart girl because of the pride we have," she said. "Our Sacred Heart education really sets us apart from the rest."



Rhonda Raffi Meegan *Recording Secretary, Silver Spring, Md.*

Rhonda is a highly proficient texter, able to deploy multiple emoji with a flick of her fingers. "Her written and oral communications are excellent and to the point, and she is technologically savvy," said Cor Unum honoree Nancy Brouillard McKenzie in nominating Rhonda, a graduate of Newton Country Day School (1971) and Newton College of the Sacred Heart (1975). "She has shown an extraordinary ability to speak from the heart in working with the many diverse members of the Sacred Heart family." Rhonda's ability to get the point across - no matter what the medium - will be of great use to AASH in her role as Recording Secretary. Finishing up her second term as Eastern Regional Director - including a stint working on the successful National Conference in Boston - she is intimately familiar with the inner workings of AASH, and eager to try her hand at a new position. "I am proud to have been a part of the past and enthusiastic about being a part of AASH's future," Rhonda said.



Linzee Lagrange *Corresponding Secretary, Grand Coteau, La.*

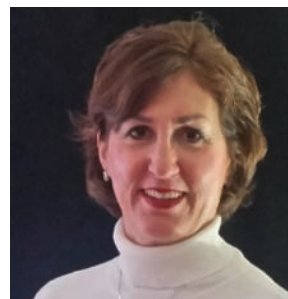
Linzee is an active social media poster in her job as Director of Alumnae/i - Schools of the Sacred Heart in Grand Coteau, which makes her a natural fit for Corresponding Secretary. Social media, she said, "is a great tool to reconnect with alumnae/i throughout the world," adding "[it's] also very helpful with spreading the word" among a busy, busy audience. That urge to connect makes social media more than just a way to alert alums about upcoming events, Linzee said. "Through social media, I have reconnected



with so many alumnae around the world. It makes me happy that I can share current activities with them, which brings back memories of their time spent at Sacred Heart." A graduate of University of Louisiana at Lafayette, Linzee spent most of her career in the Louisiana oilfields, while remaining very active with the ASH Alumnae Board. "When the position of Director of Alumnae became available, everyone knew it was my dream job," she said. It is a joy, she says, "to work at a place I love and is truly my 'happy place.' ... Each day, I am reminded of our Goals and why we are committed to living them." One of her favorite occasions is Alumnae Weekend, when alums come back to Grand Coteau, maybe for the first time in many years. "I love to share in their happiness of just being back on our beautiful, holy campus," Linzee said.

Andrea Briefs-Ferris *Central Regional Director, Bloomfield Hills, Michigan*

Andrea values the unique hallmarks of a Sacred Heart education and proved it by sending her three children to her alma mater, Bloomfield Hills. She was a member of the Class of 1975, and volunteered in the admissions office while her children were in school there. She also served multiple terms on the alumnae board, including a current stint as vice president. "The Sacred Heart school network is unique in its core values and in its expanse across the globe," Andrea said. "They have served me well both personally and professionally and have proven beneficial for my three children, as well. I am deeply grateful and committed to expanding the network." Andrea is looking forward to joining the national board and having the opportunity to develop relationships within the Central Region. "It's going to be very rewarding and exciting," she said.



Kathleen Feeney *Eastern Regional Director, New York, N.Y.*

Kathleen served this biennium as corresponding secretary, helping promote AASH across all social media platforms. It's a role for which she's perfectly suited as a Millennial from the Class of 1998 at Convent of the Sacred Heart in Greenwich. During the previous biennium, Kathleen served as recording secretary. She is employed as the Director of Alumni Relations at the Dalton School in New York City. Kathleen said she is excited about jumping into the Eastern Region and helping AASH promote its brand in new ways. "I love Sacred Heart and I love being part of this community," she said. "I want to continue to improve AASH and work on getting younger alums involved." Toni Curry, past AASH president, said Kathleen is up for the job. "Kathleen's skill set makes her a valuable resource to the board," Toni said in recommending her. "I feel her infectious personality could attract other young alums to be active participants of AASH."



Deborah Newhouse Dunham *Southern Regional Director, Annandale, Va.*

Deb is a certified aging-in-place specialist and geriatric case manager in the Washington, D.C., area. Over time, she has had a variety of professions which allowed her to serve on international, national and community boards of directors. From 2007-2013, she served as a Board Member for her alma mater, Duchesne Academy of the Sacred Heart in Houston. "The importance of the AASH is to keep the Sacred Heart connections alive and current," she said, and, as Southern Regional Director for two years, she has met with every AASH association in her region "Working to forward the mission of the AASH is a priority, so I have traveled (with golf clubs, of course)," she said. "It has given me great insight into the uniqueness of each association." Coming in various member sizes, some more active than others, she says, "I have attended some of the gatherings and their commonality is that everyone is delighted to be together and have total fun!" She continues, "My parents wanted me to have the best education Houston offered and found Duchesne," Deb said. "The Sacred Heart is still my moral compass and a large part of who I am, for which I am grateful and lucky!"



Colleen Curran *Western Regional Director, Denver, Co.*

Colleen comes to AASH with experience in all facets of K-12 education, including public and independent schools, in the classroom and as an administrator. She adds a long history of volunteer service and a commitment to the arts, dating to her days at Duchesne Houston. A trustee and development chair for Colorado Ballet, she works, too, with several education-focused non-profits. Her real introduction to AASH was the 2003 National Conference in Houston, and she's been involved at the local and national level ever since. Colleen, from the Class of 1985, lived and worked in Northern California before relocating to Denver. "I am excited for the chance to meet more of my Western Region sisters and brothers," she said. "And I look forward to furthering the work of AASH in its support of our alums and schools."



COR UNUM AWARD RECIPIENTS

Cor Unum recognizes an alumna or alumnus for excellence in one's work, loyalty to Sacred Heart values and the gift of self in service to others. It is awarded at the Conference to one alum living in each of the regions.



WEST REGION
Maureen Elliott
Point Grey, 1967

Even though Maureen's school, Point Grey in Vancouver, British Columbia, has been closed since the 1970's, Maureen has been a stalwart in maintaining its alumnae association. She has attended almost every Western regional, AASH

National Conference and AMASC congress and has served on AASH committees countless times. Maureen also has the gift of serving in small ways, seeing a job that needs to be done and simply stepping in to see that it is done, from staffing tables at Hospitality suites to selling items in a gift area at our conferences, said Barbara Lopiccolo, long-time AASH board member, who nominated Maureen.

"In April 2010, when the AMASC congress was unable to elect a new Board of Directors, Maureen worked with me to assemble a North American slate," Barbara said. "She volunteered herself as Corresponding Secretary and counseled Pam Snyder to accept the Presidency. During the following 4 years Maureen worked constantly at her position and instituted more efficient methods of documentation, improving the efficiency for future Board members." Maureen's correspondence with the world wide Sacred Heart family also created stronger bonds of allegiance and a deeper appreciation for our shared heritage.

Maureen's other significant contribution to the Sacred Heart family has been her many years of service with the Point Grey Alumnae Association. Barb notes that Maureen was instrumental in reaching out and maintaining contact with Point Grey members, helping to produce the biannual newsletter, gathering news and corresponding with the Canadian RSCJ and their ministries, arranging the details of local meetings, hosting visiting alums in her home, working on the Western regional meeting held in Vancouver, addressing and sending Christmas cards, notes of condolence, and so much more.

"As the Point Grey Alumnae Association disbands, Maureen's dedication and years of work on its behalf become even more meaningful," Barb said. "The Cor Unum award is a fitting tribute to Maureen's life as a Child of the Sacred Heart."



EAST REGION
Nancy Brouillard
*McKenzie
Newton College,
1972*

Nancy has been involved with the Sacred Heart family for more than

four decades. She has been the voice of her class in the Boston College alumni magazine since 1980 – and hasn't missed a column yet. She's one of the founders of the Associates Chapter at Stone Ridge, and assisted in setting up The Greater Washington, D.C. Area AASH last year. She's also a supporter of Betsy Hartson's, RSCJ, work with Living Wages, an organization that assists adults in working toward various learning goals by teaching both skills and values.

Nancy spent nearly 40 years as a federal employee, including 19 as an attorney. She received multiple levels of agency awards for her work, including the Commissioner's Citation, the highest award, for her litigation work. In addition to her Sacred Heart community involvement, "Nancy has such an impressive volunteer commitment level," said Rhonda Meegan, who nominated her.

Nancy has been an Ignatian Volunteer Corps member since 2011, and volunteered at several client organizations including Washington Jesuit Academy, where she tutored low-income students. She's involved with the Catholic Mobilizing Network to End the Death Penalty, where she established a national database of supporters. Nancy currently volunteers for the Colombian Center for Advocacy and Outreach, writing articles on the effects of climate change, the treatment of women and children trying to avoid violence, and the high numbers of murders in the Northern Triangle. Other topics, Rhonda said in her nomination, have included *Laudato Si'* (Pope Francis' appeal for the earth), migration, human rights, international agreements on climate change and trade agreements and their effects on Mother Earth and the vulnerable poor.



CENTRAL REGION

Roselie Bellanca Posselius

Grosse Pointe 1973 and Bloomfield 1977

Roselie initially misunderstood when Cor Unum Chair Janie Hoffner called with the good news. "I thought I was being called because I had forgotten to submit a nomination and I went into panic mode," Roselie said. "When I realized that wasn't the case, I was speechless, moved and in disbelief."

She told Janie, "But, I haven't done anything yet."

Of course, that's not strictly true. A gifted documentarian, Roselie is the creative spirit and driving force behind the AASH Legacy Project, an effort to preserve an oral history of AASH and our Sacred Heart education, culture and traditions. She and her partner, videographer J.C. Whitelaw, have filmed hundreds of hours of alums across the country and will be filming again in San Francisco. "Her creativity, support, effort, and dedication to Sacred Heart will provide a valuable legacy that will continue to live and enrich the generations to come," said Patricia Eldredge Kolojeski, who nominated Roselie on behalf of the Bloomfield Hills and the Grosse Pointe alum associations. "Through Roselie's service and commitment to the community, you can tell that she not only supports the mission of the Sacred Heart, but also lives that mission every day."

Roselie is a founding board member of Sisters Under Sail, a leadership program for teenage girls which takes place aboard STV Tallship *Unicorn*, a 110-foot topsail schooner. The group's mission is to help girls build confidence, enhance self-esteem and develop a social conscience. They recently developed programming for girls whose parents are deployed servicemen and women in the US Army. Piggybacking on her love of sail training, Roselie spent the last 2 years supporting the efforts of The Cleveland Rotary's YESS (Youth Empowered to Succeed through Sail training) program, which provides programming for underserved youth in the Cleveland area. In 2011, she spent a week aboard the *Unicorn* with 6 girls from the YESS program to document their experience.

In addition to presiding over the alumni board at Grosse Pointe for more than 6 terms, Roselie has served on the development committee, the long range planning committee, several auction committees and on the Board of Trustees of the Grosse Pointe Academy from 1991-1995.

"She is a consummate professional who gives from her heart and soul and fights to do the right thing," Patricia said. "Roselie is credited for the reason the Grosse Pointe Alumnae Association is still a viable entity." Roselie also co-chaired the 125th Anniversary Celebration and developed History Day at the Academy to offer current students an insight into the rich history and legacy of their school. She has volunteered at several career days at local schools, sharing her insights into the entertainment industry. She is a member of Tau Beta, the Grosse Pointe South Mothers Club and volunteers regularly at Christ Church Grosse Pointe, to support the choir in which her daughter has sung for several years. Most importantly, she said, Roselie is the mother of 21-year-old Giovanna, who will be graduating from Saint Mary's College at Notre Dame, this spring.

And, like any good daughter, when Roselie finally realized she had been named the Cor Unum honoree for the Central Region, she did what came naturally: "I called my mother."



SOUTH REGION

Mary Noel "Melsy"

Adams Saunders

Rosary 1953

Melsy's service to the community began when she was still a student at the Academy of the

Sacred Heart (Rosary) in New Orleans. She cared for infants by rocking, feeding, diapering and doing whatever else was needed at the St. Vincent de Paul orphanages, said Olga Seiferth Rome, past AASH President, who nominated Melsy. "She was a very dear and loyal friend to me and to so many others, then and now," Olga said. "She was and still is a true role model for all who are fortunate to know her."

Melsy has continued her work with children throughout her life. She said she was "touched to tears" when she learned she had been chosen as a Cor Unum honoree. As a member of St. Elizabeth's Guild, she served as a companion to young children by supervising their play and being open and present to them. As a life member of St. Michael Special School, Melsy supports all activities and fund raisers that benefit the special-needs children, teenagers, and adults ages six to 60. Melsy is a member of the Pontchartrain Shores Civic Association that helps maintain the health and safety of the neighborhood. As a long-time member of "Friends of City Park", Melsy participates in many activities, especially those in which her children are involved. She also served as a neighborhood representative for the Cystic Fibrosis Association and the American Heart Association.

In her nomination, Olga wrote that "Melsy's love for her husband and family and her devotion to her alma mater and to the Religious of the Sacred Heart is always evident." Melsy cherishes her Sacred Heart education. "She always thought of the Rosary as a safe place, as evidenced by the unconditional love shown by Reverend Mother Lucy Lamy and Mother Molly (Mary Crane) Fitzpatrick," Olga said.

Melsy graduated from Loyola University of the South and was a physical education teacher and coach for several years. She and her husband, Edgar, celebrated their 58th wedding anniversary last year. Melsy and Edgar were blessed with eight children, sixteen grandchildren, and one great-grandchild. Through the years, Melsy was actively involved in her children's schools, and continues to volunteer at the schools her grandchildren attend. She participates in parish life at her church, and still teaches Catholic religious education.

CREATE THE FUTURE, CELEBRATE THE PAST

April 26-30, 2017

CREATE
THE FUTURE
CELEBRATE
THE PAST

Dear fellow alums,

LinkedIn, Xing, Facebook and similar companies are successful because there is an innate human need for people to form connections to develop friendships, cultivate success and increase happiness.

Upon commencement, as a Child of the Sacred Heart, we are automatically connected to the global Network of other alums, RSCJs and educators. The conference in San Francisco seeks to bring that connection to life, spreading the word that AASH is not just a concept but something tangible, relevant and pulsing with energy. To that end, the 41st biennial National Conference seeks to attract young alumnae and alumni into an active role in AASH so they may avail themselves of the continued networking that this pivotal organization can provide, as well as ensure that our organization continues to thrive generations into the future.



We invite you to come join us in April 2017, and leave your heart in San Francisco!

Jeanne Asdourian
2017 National Conference
Chair

Speaker Highlights

JOSH BARNETT

Josh Barnett is a UFC Heavyweight Fighter with a record of 35-8-0. He is currently ranked #6 in the UFC Heavyweight Division. Outside the ring, he displays dramatic flair - and, possibly, artistic license - in describing his daily training routine. "I start the morning off with some fresh squeezed scorpion venom and coffee," he says, "I then walk 47 miles through barbed wire with a rattlesnake for a necktie to get the blood moving. Later in the day I fight a couple crazed chimpanzees with skill saws attached to their arms for a few rounds to simulate an opponent's fighting style."



Formerly UFC Heavyweight Champion and recipient of numerous other professional accolades, Josh was originally known as "The Baby-Faced Assassin," because, he says, of his youthful looking face. He is now known as "The Warmaster," a name given to him by the British death metal band Bolt Thrower.

DAN BRADY

Dan Brady is the founding director of the Creative Inquiry Lab at Sacred Heart Prep, Atherton. A Child of the Sacred Heart and graduate of SHP in 2004, Dan returned to Atherton in 2012 after spending three years teaching 7th Grade US History in central Brooklyn through Teach for America. Before Teach for America, Dan lived in Sri Lanka to study the country's long-running ethnic conflict, served briefly at the US Embassy in Burma (now Myanmar), and worked at an international security think tank in Washington, DC. He is a graduate of Bowdoin College and Fordham University Graduate School of Education.



SR. SUZANNE COOKE, RSCJ

Sr. Suzanne Cooke, RSCJ, attended Elmhurst Academy of the Sacred Heart and Manhattanville College and taught at Carrollton, an experience which immediately preceded her entry into the Society of the Sacred Heart. She subsequently taught at both Stone Ridge and Duchesne in Houston before returning to Carrollton as Dean of Students in 1980. In 1985, she continued her studies, earning an interdisciplinary Masters of Social Sciences from the University of Chicago. Later, in Lima, Peru, she taught at El Instituto Nacional de Pedagogia.



In 1987, Sr. Cooke emerged as Head of the Middle School at Stuart Country Day School and, in 1990, Head of School of Forest Ridge. She is a past Member of the Board of the Pacific Northwest Association of Independent Schools, Schools of the Sacred Heart, San Francisco, and the Advisory Council for Anytime, Anywhere Learning, a program sponsored by Microsoft. In 1998, Sr. Cooke returned to Carrollton as Headmistress for seventeen years. Sr. Cooke sits on a variety of school and not for profit boards, serves as Head of the Conference of Sacred Heart Education and works with the leadership of the Sacred Heart Schools in Canada and the United States.

KELLY CROWLEY

Kelly Crowley attended Atherton, where she swam, played basketball, volleyball, softball and water polo before graduating as her class valedictorian. She attended Santa Clara University, ultimately earning a master's degree in Public Administration. With passing reference to the "funny right arm" with which she was born, she calls herself "a sports fanatic," a claim borne out by her achievements in national and international athletic competitions. As a swimmer, Kelly held two world records, competed at the 2003 FINA World Championships and won two gold medals in the 2004 Athens Paralympic Games. Out of the water, as a cyclist, she was a world champion time trialist in 2007 and cycled on a professional women's team in 2012. In the 2012 London Paralympic Games, she raced to two bronze medals. Documented as both a Disability Coach and a Swimming Coach, she is currently working as a USA Swimming coach, while serving on the Disability Committee for Pacific Swimming. She authored the Para-Cycling chapter of the USA Cycling Level 3 Coaching Manual and collaborates with numerous sport organizations to provide competitive opportunities for youth and adults with disabilities. She is a member of the Board of Directors for Northern California Olympians & Paralympians, offers disability-related consultation to numerous civic, commercial and academic entities and speaks throughout the country about overcoming adversity, the pursuit of excellence and the benefits of integrated sport.



JOANNA BUDENZ GALLEGOS

Joanna Budenz Gallegos, a member of the Board of Directors of the Alumnae of the Sacred Heart Lone Mountain, attended 91st Street in New York, Elmhurst in Rhode Island, and San Francisco College for Women (Lone Mountain) in California. After a brief stint at Carrollton in Miami, she served for 28 years at Convent of the Sacred Heart in San Francisco as a middle school teacher and administrator. She is currently writing the history of SFCW/Lone Mountain for the University of San Francisco archives.



CREATE THE FUTURE, CELEBRATE THE PAST

April 26-30, 2017

Speaker Highlights, Continued

TRACEY LESETAR-SMITH

Duke University alumna Tracey Lesetar-Smith is a licensed attorney, practicing as chief legal counsel at Spike Sports, a media content provider and broadcaster sponsoring combat sports, such as Boxing, Kickboxing, Judo, Tae Kwon Do and Jiu Jitsu. As Vice President, Business & Legal Affairs, she is immersed in negotiation and litigation covering fighter and talent contracts, sponsorships, venues, immigration, intellectual property and a wide variety of other foundational business and legal arrangements.

Tracy participates in the American Bar Association Forum on Entertainment & Sports Industries, and previously chaired ABA's Committee on Entertainment & Sports Industries, Young Lawyers Division (2014-2015). She also moderates continuing legal education panels addressing bias and other issues in sports and entertainment industries, general topics related to practicing in the world of sports and entertainment and authors articles for various legal periodicals.



TORI RITCHIE

Tori Ritchie has spent over 25 years as a cookbook author, food writer, and educator. Her most recent cookbook is *The Side Dishes Handbook* (2014). She teaches food writing at Stanford Continuing Studies and her recipe website is tuesdayrecipe.com. Recently she realized a lifelong dream of returning to graduate school and earned her MFA in creative writing at the University of San Francisco.



MARTHA SHEN-URQUIDEZ

Los Angeles attorney Martha Shen-Urquidez is a graduate of the University of California Santa Cruz and Whittier Law School. She has worked with American universities, retailers, manufacturers, wineries and sports promotion companies to enter China, develop government relations there, obtain approvals and even to assist with their initial commercial sales. In 2005, she founded, and is currently CEO of, USAsia Consulting, providing legal and strategic advice and support to foreign companies trying to do business in China. A Cross-Cultural affairs expert for the 2008 Beijing Olympics Organizing Committee, her involvement with sports includes being credentialed as an amateur and professional boxing referee. Ms. Shen-Urquidez has served as attorney and training expert for seven police departments in Southern California and she has authored training, procedure and other manuals used by FBI programs and those of multiple police departments across the United States. She is currently a California gubernatorial appointee as Commissioner for the California State Athletic Commission



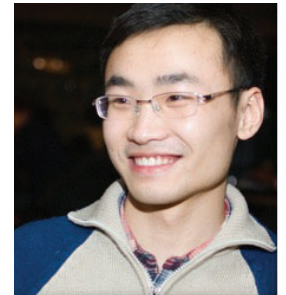
FRANK TRIGG

Father of four, Frank Trigg has been involved in the combat sports industry, in some capacity, for more than 15 years. Fighting competitively until 2011, Trigg has since developed a career performing as a sports commentator, stunt performer and actor. Admired for his unpredictable humor, first-hand knowledge of this sport, and expert commentary, he is recognized worldwide as a color commentator, popular radio and television personality and mixed martial arts spokesperson. As a fighter commencing in 1996, Frank Trigg was an olympic trials wrestling finalist and holder of numerous titles, including the World Fighting Alliance Welterweight World title and the Icon Middleweight Championship title.



GUS ZHU

Wine Educator, Gus Zhu, a product of the University of California, Davis, is Certified by the Wine and Spirit Education Trust as an Educator for WSET Levels 1-3. Mr. Zhu's teaching is also recognized by a number of trade bodies: he is an authorized A+ Australian Wine Specialist (approved by Wine Australia) and Ambassador of Napa Valley wine education (authorized by the Napa Valley Wine Educators Academy). Gus has conducted several classes and lectures on wines and spirits for corporate clients, hotel staff and university students. He is also the oral translator of multiple seminars for trade bodies including Napa Valley Vintners, New Zealand Wine Growers, and Wines of South Africa. He was acknowledged as one of the contributors to the China section of The World Atlas of Wine and translated and proofread part of the WSET Level 2 and Level 3 study materials. Gus also has judging experience as an Associate Judge at various wine competitions, such as China Magazine's Top 100 Wines In Competition. He is currently working at Davis toward his Master of Science in viticulture and Enology.



Prayer of the Potawatomi

*She comes, Great Spirit,
She comes soon.
Comfort her spirit and care for her passage.
Let the grasses of the fields whisper her homecoming.
Let the lapping of the Mississippi's water
Change her back to you.
Put out your colors this morning in all four season's flowers.
Let them bloom all at once in her honor.
Let the mockingbird, known for cleverness,
Imitate all manner of songs, one for each mood
of our hearts.
For we are sad; she was our sister.
We are glad, too; she is your child.
We are sorry; too many miles prevent our putting out this blanket
Once more, over her shoulders.
(She learned weaving from our hands;
we learned to pray from her face.)*

*Let the sun blaze forth her compassion.
And the full moon tonight remind us
Of her hours praising you in this tent.
Our village will keep vigil tonight.
Chief declares a fast in her name until tomorrow.
We will pray in what was her tent
For both our peoples, and for all those places
On the flat map which she left for us.
Creator, hear our prayer for her, for our children.
For those prairies, trees, and rivers,
For the faraway mountains and this brook which
holds our tears.
Hear our sighs for these, our children.
That they remember what she taught them
And recall her name, for many moons,
as your great woman.*

— Sharon Karam, RSCJ



Naming AASH in your will or trust is a significant way to leave a legacy and help us continue our mission to "foster a spirit of unity and ongoing communication among alumnae and alumni and their respective associations throughout this nation and the world." For more information, please contact Maggie Sieger Kaspura, National Office Director, at NationalOffice@aashnet.org or 314-569-3948.

AASH CONFERENCE SCHEDULE

April 26-30, 2017

Wednesday, April 26

8:30 AM	(opt.) Wine country tour (9 hrs)	
9:00 AM	(opt.) City tour + Muir Woods / Sausalito (7 hrs)	
9 AM, 11 AM, 2 PM	(opt.) City tour (3.5 hrs)	
10:30 AM, 12:30 PM	(opt.) Giants' stadium tour (varies)	
9 AM, 1:30 PM	(opt.) Muir Woods / Sausalito tour (3.5 hrs)	
	(opt.) Shadow @ Convent & Stuart Hall HS (varies)	
2:00 PM	AASH Board Meeting- Sir Francis Drake Hotel	
5:00-7:00 PM	Registration for early arrivals	<i>Sacred Heart Boutique</i>
	Dinner on one's own	
8:00-10:00 PM	Hospitality Suite	
TBD	Hospitality Suite/Sacred Heart Boutique Open	

Thursday, April 27

6:30-7:15 AM	Yoga & Stretching	
6:30-9:00 AM	Registration	<i>Sacred Heart Boutique</i>
7:00-9:00 AM	Breakfast	<i>Sacred Heart Boutique</i>
9:00-10:00 AM	AASH GENERAL SESSION I OPENING Call to order, welcome and invocation.	
10:00-10:15 AM	Coffee break	<i>Sacred Heart Boutique</i>
10:15-12:00 PM	AASH CELEBRATING BICENTENNIAL OF ST. PHILIPPINE'S ARRIVAL IN NORTH AMERICA	
	KEYNOTE SPEAKER Sr. Suzanne Cooke and Break out session	
12:00-1:30 PM	Lunch	<i>Sacred Heart Boutique</i>
1:30-2:45 PM	SPEAKER - TBD	
2:45-4:00 PM	FREE TIME	
4:00-5:30 PM	PANEL OF SPEAKERS — Sports Celebrities (possible media attendance)	
6:00-9:30 PM	Starlight Room Opening Reception	
8:30-11:00 PM	Hospitality Suite Open	

Friday, April 28

6:30-7:15 AM	Yoga & Stretching	<i>Sacred Heart Boutique</i>
8:00-9:00 AM	Breakfast	<i>Sacred Heart Boutique</i>
9:00-9:45 AM	General Session II	
9:45-10:00 AM	Coffee break	<i>Sacred Heart Boutique</i>
10:00-10:50 AM	Regional Meetings	
11:00-11:30AM	Board buses	
11:30-2:00 PM	Lunch in North Beach	
2:00-2:30PM	Board buses to Atherton	
3:30 PM	Arrival at Sacred Heart Schools Atherton	
3:45 PM	Tour of school, Visit with RSCJ	
5:30 PM	Dinner with the RSCJ	
7:15 PM	PANEL: INQUIRY LAB - Dan Brady	
8:30 PM	Board buses back to Hotel	
9:30-11 PM	Hospitality Suite	
9:00 PM-1:00 AM	After Hours Social Event	

Saturday, April 29

6:30-9:00 AM	Chair massages **limited spots** 10 min.	<i>Sacred Heart Boutique</i>
7:00-9:00 AM	Continental Breakfast	
9:00-10:30 AM	SPEAKER- Tori Ritchie and Guest Chef Food Demonstration, Roundtable Discussion	
10:30 AM	Walk to church	
11:00 AM-12:15 PM	COR UNUM MASS - Notre Dame des Victoires Student Choir and Musicians	
12:15 PM	Walk/bus to lunch	
12:45-2:00 PM	Cor Unum Luncheon and Award presentations	
2:00-3:00 PM	SPEAKER - Gus Zhu (Wine Tasting Class)	
3:00-5:00 PM	FREE TIME	
5:00-5:30 PM	Board buses to Broadway	
5:30-6:30 PM	Celebratory Cocktails & Bubbly	
6:30-10:30 PM	Gala Dinner at James Leary Flood Mansion (Cocktail Attire)	
10:00-10:30 PM	Board buses to Sir Francis Drake	
until 11 PM	Hospitality Suite	

AASH CONFERENCE SCHEDULE, CONTINUED

April 26-30, 2017

Sunday, April 30

6:30-7:15 AM	Yoga & Stretching	<i>Sacred Heart Boutique</i>
8:00-9:00 AM	Mass at the Hotel Student Choir and Musicians	
9:00-10:30 AM	Plated breakfast - AASH General Session III	
10:45 AM	Close of conference	
1:00 PM	Buses to Lone Mountain/USF	
1:30 PM	Reception for Lone Mountain Alums in the Afternoon **space limited**	
11 AM, 2 PM	(opt.) City Tour (3.5 hrs)	
12:30 PM	(opt.) Giants' Stadium Tour (varies)	
1:30 PM	(opt.) Muir Woods / Sausalito tour (3.5 hrs)	

ACCOMMODATIONS

Reserve your hotel room now to lock in the reduced AASH rate for April 26-30, 2017

The special AASH hotel rate starts at \$219 per night plus tax when you ask for the AASH 2017 conference rate.

Please note lodging is not included in registration costs.

Sir Francis Drake Hotel

Reservations: 800.795.7129

Hotel: 415.392.7755

www.sirfrancisdrake.com

Remember, using the conference hotel helps to keep the cost of the conference to a minimum. The group rate is available until March 23, 2017 and subject to availability.



WOMAN OF CONSCIENCE

In the case of the Woman of Conscience Award for 2017, the conference committee knew that in the Western Region there were two individuals whose “shining” examples must be thanked and celebrated. In the summer of 2016, Sr. Barbara Dawson, Provincial for the USA/Canada, was elected to the office of Superior General of the Society of the Sacred Heart. She takes with her to Rome her western roots – her Sacred Heart education at Broadway and Lone Mountain and her law school education at the University of San Francisco. Sr. Dawson has demonstrated service to others and the nurturing of the legacy of the Society of the Sacred Heart through her years of leadership. Now, she “belongs” to the international congregation of RSCJ. She is indeed, a woman of conscience.

Any Sacred Heart alumna or alumnus from the Western Region knows the name Sr. Mary “Be” Mardel. She is a legend who celebrated 75 years of professed religious life in 2015. An alumna of Menlo/Atherton and Lone Mountain, she served Broadway and El Cajon in the capacity of Director and Superior. She was Provincial for the West before the US was united as one province. Her vitality and non-stop devotion to serving people and causes define a woman of conscience.

Let the word go out: in 2017 AASH and its Western Region proudly salute two Women of Conscience. Congratulations to Sr. Barbara Dawson and Sr. Mary Mardel. Our love, gratitude and best wishes go to both of you.

“Woman of Conscience” was the theme of the 28th AASH biennial conference held in New York in 1991, at which a Religious of the Sacred Heart from the host region (East), Sister Joan Kirby, was recognized by the conference committee for her outstanding impact on the lives of others. Since then, the Woman of Conscience Award has been used to honor and thank an outstanding RSCJ in the host region during the conference for her shining example and for the total gift of self in the service of others.



Sr. Barbara Dawson



Sr. Mary Mardel



CONNECTIONS OF THE HEART

Sacred Heart Connections and Hospitality

What Is It About Us?

Mary Bricker-Jenkins, PhD

Elmhurst 1959, Manhattanville 1963

In 1964 I was settling into my desk at my first post-college job. An older woman passing my desk gestured toward the plain leather-covered book on my desk and queried, "Sacred Heart grad?" I asked how she knew. "Oh, the RSCJ influence. Something about it."

Years later I was in Minneapolis for a speaking engagement. Following my presentation, which was on a very controversial topic, a woman in the audience approached me and affirmed, "You're a Sacred Heart girl. Well . . . aren't you?" Stunned, I nodded, and asked how she knew. "I don't know. A certain je ne sais quoi, I suppose. Me too. Let's have dinner," she said. We did have a delightful dinner, but we couldn't figure out what that certain *je ne sais quoi* might be.

A few years later, visiting a refugee center in a small village in northern Italy, a Brazilian missionary sister approached me with a warm smile of recognition. "I suspect we have friends in common," she said. "You're Sacred Heart, I think, and you knew my friend Fr. Fox." She was correct. We had never met, I had never been in Brazil, and none of my Italian hosts knew of my Sacred Heart background. But she knew.

Then there was Cuba, long before the "thaw." I had rented a room in a private home authorized by the Cuban government to host foreigners. My hostess made me comfortable, oriented me to the Havana neighborhood, and began to leave.



Pausing at the door, she turned and said, "I am a Sacred Heart graduate. I think you might be also." Once again, neither of us knew how we knew.

So what is it about us? In my case, at least, it's certainly not my appearance, nor my résumé, nor my social network or activities. Is there something called "RSCJadar?"

Whatever it is, I'm profoundly grateful to have it—to have had the gift of a Sacred Heart education.



No Passport Required

Diane Kozak Brewer, *Carrollton 1967*

On a delightful walk up 5th Avenue in New York City while on a business trip some 20 years ago, I was amazed to see the doors of 91st Street open. Lots of students were embarking from there on a field trip somewhere. I had never been inside but admired it often. Boldly walking in, I was directed to the office of the Reverend Mother. She welcomed me cordially, knew my alma mater Carrollton well, and invited me to make a self-guided tour.

What a treat! From the open top floor and its magnificent view of Central Park and the skyline of the Upper West Side to the anything-but-square ballroom - even the enclosed driveway was fabulous. I'll never forget the hospitality I was given. Rather than a tourist on the street, that day I was truly a child of the Sacred Heart. I was, and am, a proud alumna.

RECOGNIZING OUR YOUNG ALUMS

Christine Ahern, Maryliz deVito Lincoln Generosity and Service Award Recipient



Christine Ahern

Sheridan Road 2002

Sheridan Road Alum Christine Ahern led her school's Alumni in restructuring its Alumni Association, rewriting its constitution and by-laws, reorganizing its Alumni Weekend and expanding SR alums' networking opportunities with other Sacred Heart Schools. "With a joyful presence and heart," Jennie Whitcomb (Atherton 1981) said in nominating her, Christine "is fostering bonds both

among those from one school as well as across all the schools." As President of the SRAA Board, Christine has prioritized outreach to younger alumni and been successful in increasing their involvement in the Sheridan Road community. Service on the Board is now among activities younger alumni consider relevant to their situations and worth their participation.

Instrumental in all these achievements, Christine is completing her two-year term as Board President, having served as a member for over five years, including a term as Vice President. In addition to her leadership on the SRAA Board, Christine's volunteer work outside Sheridan Road has made her an excellent example to other young alumni. She currently serves on the Young Professionals Board of the Bear Necessities Pediatric Cancer Foundation, where she assists in fundraising for pediatric cancer research and event planning for patients and their families. Christine has also been a member of Junior League of Chicago, where she volunteers for various charitable initiatives and serves on the Event, Meeting & Planning Committee which plans and executes chapter meetings.

This award, given in memory of Maryliz deVito Lincoln, was established in 2007 to recognize an alumna or alumnus, 35 or younger, who has demonstrated outstanding support of and loyalty to her/his alumnae/i association. The winner receives an expenses-paid trip to the national conference.



Maryliz's joyful, exuberant, generous spirit was palpable. A graduate of Lone Mountain (1965), she became involved in her local alumnae association, then at the national level, ultimately serving as AASH president from 1999-2001, and internationally with AMASC (Association Mondiales des Anciens/nes du Sacré Coeur). She was a Child of Mary, an Associate of the Society of the Sacred Heart and a great friend of the RSCJ retirement community at Oakwood. "Her devotion to the Religious of the Sacred Heart and deep appreciation of her Sacred Heart education permeated her very being," says Olga Seiferth Rome, The Rosary '53 and AASH Past President.

Maryliz died in 2003 of an apparent heart attack. She is remembered as a kind, compassionate, fun, competent, courageous, loyal woman. Her generous bequest not only funds this award, but also is invested by AASH to be used for special needs.

PAST RECIPIENTS

2007 Amy Banna, Bloomfield Hills 1995

2009 Karen Patterson, Forest Ridge 1993

2011 Sara Burchell Kestner,
Stuart Country Day 1996

2013 Meghan Dowd Schlattmann,
Duchesne Academy, Omaha 1997

2015 Christina Mas,
Carrollton School of the Sacred Heart 2005



CREATE THE FUTURE CELEBRATE THE PAST

AASH CONFERENCE SAN FRANCISCO 2017

CONFERENCE EVENTS

WEDNESDAY

Optional tours starting at 8:30 a.m.
Registration open 5-8 p.m.
Hospitality suite open 8-10 p.m.

THURSDAY

Yoga & Stretching, Breakfast, AASH General meeting, Celebrating the Past, Lunch and Coffee Breaks at Sir Francis Drake Hotel, Panels and Speakers including Sr. Suzanne Cooke, and a Celebrity Sports Panel, Starlight Room Reception

FRIDAY

Yoga & Stretch, Breakfast, General Session II, Regional Meetings, Lunch in North Beach, Program at Sacred Heart Schools Atherton (Tour, Visit and Dinner with the RSCJs, Inquiry Lab Panel with Dan Brady), After Hours Social Event in San Francisco

SATURDAY

Chair Massages, Breakfast, Celebrity Food and Wine Demonstrations, Cor Unum Mass, Cor Unum Luncheon on the Embarcadero and Awards, Gala Dinner at James Leary Flood Mansion (Business/Cocktail Attire)

SUNDAY

Yoga & Stretching, Mass, Breakfast and AASH General Session III, Optional Tours starting at 11 a.m., Reception (optional) at Lone Mountain/USF for Alumnae

ADVERTISING

Support AASH and advertise your business, show your support for AASH or celebrate special people, RSCJs or groups whom you wish to honor.

ADVERTISING SPACES

- | | |
|--|--|
| <input type="checkbox"/> Outside Back Cover, \$2,500 | <input type="checkbox"/> Full Page, \$1,500 |
| <input type="checkbox"/> Inside Front Cover, \$2,000 | <input type="checkbox"/> Half Page, \$750 |
| <input type="checkbox"/> Inside Back Cover, \$2,000 | <input type="checkbox"/> Quarter Page, \$375 |

All artwork must be camera ready (300 dpi and in .pdf, tiff, or .jpg format) and may be emailed or on CD by mail to:

AASHsf2017@gmail.com

AASH, P.O. Box 471442, San Francisco, CA 94123

ADVERTISING DEADLINE IS MARCH 10, 2017.

SPONSORSHIP

There are different ways to show your support of the AASH conference. A sponsorship donation, or underwriting an element of the event. All contributions will be acknowledged in the event program.

- | |
|--|
| <input type="checkbox"/> St. Madeleine Sophie's Circle, \$5,000+ |
| <input type="checkbox"/> St. Rose Philippine's Pioneers, \$3000+ |
| <input type="checkbox"/> Mother Mary Aloysia's Novices, \$1,500+ |
| <input type="checkbox"/> Mother Janet Erskine Stuart's Scholars, \$500+ |
| <input type="checkbox"/> Sister Pauline Perdrau Frescoes, under \$500 |
| <input type="checkbox"/> Sponsor an RSCJ, \$410 |
| <input type="checkbox"/> Underwrite flowers for the Cor Unum Mass, \$500 |
| <input type="checkbox"/> Underwrite a coffee break, \$1000 |
| <input type="checkbox"/> Underwrite a table at the Gala, \$1000 |
| <input type="checkbox"/> Underwrite entertainment at the Gala, \$1200 |



CREATE THE FUTURE CELEBRATE THE PAST

AASH CONFERENCE SAN FRANCISCO 2017

REGISTRATION

Please indicate your level of participation

FULL REGISTRATION

- ☐ Full Early Bird Registration, \$410 ends March 1
- ☐ Full Early Bird Registration (Under 35 & RSCJ), \$250 ends March 1
- ☐ Full Registration after March 1-23, \$445
- ☐ Full Registration after March 23, \$500
(conference block hotel rooms may not be available)

A LA CARTE REGISTRATION

- ☐ Thursday Only = \$150
- ☐ Friday Only = \$150
- ☐ Saturday Only = \$150
- ☐ A La Carte Gala = \$150

TOTAL REGISTRATION FEE: \$

NAME	LAST NAME
MAIDEN NAME, IF APPLICABLE	
SACRED HEART SCHOOL ATTENDED	GRAD YEAR, ATTEND YEAR GRAD YEAR, ATTEND YEAR GRAD YEAR, ATTEND YEAR
HOME ADDRESS	BILLING ADDRESS
HOW CAN WE CONTACT YOU?	
TELEPHONE NUMBER	EMAIL
CREDIT CARD PAYMENT VISA MASTERCARD DISCOVER	CREDIT CARD NUMBER
EXPIRATION DATE	SECURITY CODE

I am a

- ☐ Voting Delegate
- ☐ Voting Alternate

Dietary Needs/Restrictions?

Extra Needs or Handicapped?

Notes: Lodging at the Sir Francis Drake Hotel is not included in the registration rate. Conference hotel rates start at \$219 per night + tax when mentioning AASH 2017.

Name of Association _____

For more information go to www.AASH2017.org
Questions? Email: AASHsf2017@gmail.com

To register by check, mail to
AASH, P.O. Box 471442, San Francisco, CA 94123





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www.aashnet.org



The Associated Alumnae and Alumni of the Sacred Heart (AASH) was created in 1933, as a way to unite all children of the Sacred Heart and to further the work of the Religious of the Society of the Sacred Heart.