

# Esprit de Coeur



BIANNUAL NEWSLETTER

ASSOCIATED ALUMNAE  
AND ALUMNI OF THE  
SACRED HEART

## Call to Conference 2009



## *California, Here We Come!*

Alumnae and alumni are eagerly anticipating the 37th Biennial National Conference in Los Angeles April 23-26, 2009, sponsored by the AASH Western Region. The conference is dedicated to St. Rose Philippine Duchesne who, in 1818, came to the United States as a missionary and founded the Academy of the Sacred Heart in St. Charles, Mo., the first Sacred Heart school in this country. From this school, begun in a log cabin, other schools across the country and around the world were founded. St. Philippine Duchesne was canonized in 1988. The conference theme reflects her missionary work and philosophy, "Missionaries of the Heart: Here to Make a Difference."

Be sure to visit [www.aashnet.org](http://www.aashnet.org) for speaker bios and details. To register to attend the 2009 National Conference, see page 17 or visit [www.aashnet.org](http://www.aashnet.org).

## *Nurture your Spirit . . .*

Celebrate a lovely Cor Unum Liturgy at the glorious Cathedral of Our Lady of the Angels 🌹 Enjoy a special Native Indian blessing to commemorate St. Philippine Duchesne's missionary work with her beloved Potawatomi Indians 🌹 Refresh and rejuvenate with morning yoga

## *Nourish your Intellect . . .*

Listen as enlightening speakers share their passions on St. Philippine Duchesne, the values of a Sacred Heart education, mass media and film and civic service 🌹 Hear engaging panelists discuss their experiences as RSCJ associates, committed volunteers, working at home and abroad, young alums and in the field of law 🌹 Watch the beautiful tapestries of Our Lady of the Angels Cathedral come to life in a screening of "Divining the Human" 🌹 Celebrate with "Baked Alaska, Champagne and the Christophers"

## *Experience the Culture . . .*

Enjoy a festive welcome dinner with all-women mariachis 🌹 Visit the world-renowned Museum of Contemporary Art (MOCA) and the J.Paul Getty Museum 🌹 Gather for cocktails and dinner at City Club Atop Bunker Hill 🌹 Travel to Olvera Street, birthplace of Los Angeles 🌹 Enhance your experience with pre-tours to the San Fernando Mission, Huntington Library Museum, The Autry National Museum, Hollywood's Walk of Fame or the J.Paul Getty Museum

## *Celebrate our Sacred Heart Family . . .*

Honor our accomplished recipients of the Woman of Conscience, Cor Unum and Maryliz DeVito Lincoln Generosity and Service Awards 🌹 Welcome our incoming Board members 🌹 Reunite with old friends and meet new friends that share a lifelong connection

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## COMING TOGETHER

### *In the Heart*

Every two years we devote almost an entire issue of *Esprit de Coeur* to our national conference, reflecting nearly two years of planning. Those who have never attended must wonder why we do this. I confess to asking the same thing every single conference year.

When efforts and details seem overwhelming, I ask myself why we bother. And yet at each conference I have attended since my first as a college student in 1971, there comes an awe inspiring or deeply moving or even transformational moment when I then ask myself, as if saved by a glimmer of grace, "What if I hadn't been here?"

I think of a Cor Unum recipient ill before the conference whose husband said she had to get well to go get her award. She corrected saying, "I am not going to get an award. I am going to get my energy for the next two years."

So come! Your heart will sing. Come even if you do not know another person going. Our conference program chair Sandy Cassell Farrell returned from a recent Sacred Heart gathering and reported to her family that she had spent a wonderful weekend "with good friends I had never met before."

But, of course, most of the 49,756 who receive this magazine will not or cannot come. But celebrate with us the joy of our Sacred Heart family, the blessed connection we have, the earnest energy we put into trying to make our world better.

If you can't get to Los Angeles, call an alum friend, make a new Sacred Heart connection, attend a local alumnae/i event.

*It is good for us to come together . . .*

*with love, in the Heart,*

Jeanne Burke O'Fallon  
St. Charles '69, Maryville '73  
nationaloffice@aashnet.org



*AASH President Marcie Eason Amory, Atherton/Menlo Park '52, Lone Mountain '56*

## Marcie's Message

Dear Sacred Heart Family,

We're heading into the home stretch! In April, the culmination of two years of work will bring us together in Los Angeles where we will celebrate! Together, we've accomplished so much toward our goal of communication and connection: updating our directory of more than 50,000 alums, establishing new alumnae/i groups around the country to bring together alums on a local level; holding gatherings in each of our four regions; creating an online community and offering email for life addresses for all alums; and furthering our commitment to keeping alums in the loop via our website and *Esprit de Coeur*. In addition, we've made it a priority to support the Religious of the Sacred Heart in their fundraising efforts. Be sure to read Sister Shirley Miller's update on page 13.

When I accepted the position of President of the AASH, I knew this would be a very special Biennium. I am proud of our Board members who have worked diligently to meet and exceed the goals outlined at our first meeting in St. Louis in June 2007. With the expertise of our AASH National Office Director Jeanne O'Fallon guiding us along the way, we've been able to offer more than ever before to our extraordinary community of alumnae and alumni. It's certainly been my pleasure to work with so many across the country to strengthen our Sacred Heart connections.

I am grateful to the hundreds of alums who have chosen to support AASH by sharing your time, whether it's being involved directly with your school's own alumnae/i association, helping to promote AASH activities or by simply updating our National Office so we can stay in touch. And, my thanks to the those whose generous donations help to make so much possible for our organization. I hope you'll consider a gift this year to our 2008-09 Annual Giving appeal. You may use the envelope inserted in this issue of *Esprit de Coeur* or donate online at [www.aashnet.org](http://www.aashnet.org).

But we're not finished yet! There are still a few more items to cross off our "to do" list. And one of them is the National Conference in Los Angeles. While there isn't even a Sacred Heart school in the LA area, I am amazed by the energy, enthusiasm and devotion this group, led by Liz Bradley Helmick, has shown. We are so excited about what's in store for us in April!

The next Biennium promises to bring even more successes as we strive to build a stronger AASH.

Happy Trails!

A handwritten signature in dark ink, reading "Marcie".



*From New York City to Los Angeles . . . National Conference Chair Liz Bradley Helmick, right, and Program Chair Sandy Cassell Farrell at the National Conference in 2007 where attendees visited the United Nations. Liz and Sandy welcome you to LA!*

## Accommodations in LA

### The OMNI Hotel at the California Plaza

The elegant OMNI Hotel is located at 251 South Olive Street, downtown Los Angeles. Detailed information about The OMNI, AASH rates, hotel parking and online hotel registration can be obtained at [www.aashnet.org](http://www.aashnet.org). Click Conference, click hotel information/registration [www.omnihotel.com](http://www.omnihotel.com), or call (800) 843-6664. **You must refer to the AASH Conference.** For reservations made by March 23, 2009, double or king rooms are \$199 per night plus tax, from April 20–29, 2009, on a space available basis. Additional persons (third or fourth in room) charge is \$20 per person per night. These charges are subject to the applicable state and local taxes. Membership in The OMNI Club, at no cost, entitles you to free web access during your stay.

### Hotel Parking

Hotel guest overnight parking (valet-only, 24-hour) with in and out privileges is \$30 per day. Guests not staying in the hotel will be charged at discounted valet parking rates of \$15 for up to 4 hours or \$20 for all day parking (6 a.m. to midnight). Please advise you are with the AASH Conference. Alternate parking information will be available at [www.aashnet.org](http://www.aashnet.org) under “Parking.”

## Pre-Tours

Pre-tours are contingent on meeting the required number of tour registrations. To register, see page 18. Please note that times listed include travel time.

### **Tour I Huntington Library Museum Price: \$45** **Wednesday, April 22, 2009 11 a.m.–5 p.m.**

Follow your guide through this beautiful museum and visit the Rose Garden Tea Room or the Café for a no-host lunch or snacks. On your own stroll through the Rose and Chinese gardens. Visit [www.huntington.org](http://www.huntington.org) for more information.

### **Tour II San Fernando Mission Price: \$45** **Wednesday, April 22, 2009 1–5 p.m.**

Mission San Fernando was established in 1797, the 17th of 21 missions. It was named after St. Ferdinand, King of Spain 1217-1252. Tour the mission, museum and nearby cemetery, where a number of well known movie stars are buried, including Bob Hope and William Frawley (Fred Mertz on “I Love Lucy”). Don’t miss the great photo op at the beautiful statue of the Sacred Heart. For more information, visit [www.missiontour.org/sanfernando/index.htm](http://www.missiontour.org/sanfernando/index.htm) or phone (818) 361-0186.

### **Tour III The Autry National Museum Price: \$45** **Wednesday, April 22, 2009 1–5 p.m.**

The Museum was partially founded by legendary recording and movie star Gene Autry. He realized his dream “to build a museum which would exhibit the heritage of the American West and show how it influenced America and the world.” The Center explores the distinct stories and interactions of cultures and people and

their impact on the complex evolving history of the West. The tour will be a self or guided tour, depending on the availability of docents. For more information visit [www.autrynationalcenter.org](http://www.autrynationalcenter.org).

### **Tour IV Hollywood’s Walk of Fame Tour Price: \$45** **Wednesday, April 22, 2009 5:30-9:30 p.m.**

Departing The OMNI by bus, we head for the famous Hollywood and Vine, where you will view the exterior of the Chinese Grauman Theatre and the Hollywood Walk of Fame. Souvenir shops dot Hollywood Boulevard. The Hollywood and Highland Shopping Center has traditional and fast food restaurants, perfect options for your no host supper.

### **Tour V J. Paul Getty Museum Price: \$25\*** **Saturday, April 25, 2009 2:15-7 p.m.**

Travel to West L.A. to the incredible J. Paul Getty Museum. The “Getty” displays paintings, drawings, sculptures, illuminated manuscripts and decorative arts of the Western World from the middle ages to the present, against a backdrop of dramatic architecture, tranquil gardens and breathtaking views. For more information see [www.getty.edu/museum](http://www.getty.edu/museum).

*\*Tour included for full registrants with postmarked registrations on or before March 20, 2009. For partial registrants or full registrants whose registrations are postmarked on or after March 21, 2009, the fee is \$25.*



# Conference Featured Speakers



**JANE CANNON**

Thursday, April 23

**"PHILIPPINE DUCHESNE, THE FIRST MISSIONARY OF THE HEART"**

3:15–4:30 p.m.

A graduate of Maryville in 1957, Jane Cannon has worked at the Academy of the Sacred Heart in St. Charles, Mo. for the last 33 years as teacher and administrator. She is widely recognized as a resource for all things Sacred Heart. Presently, she serves as Alumnae/i Director there and counts it a special privilege to share in the stewardship of the first American home of St. Philippine Duchesne. That connection makes it particularly appropriate that she will open our conference.

**MARY E. LYONS, PH.D.**

Friday, April 24

**LUNCHEON SPEAKER**

12:45–2:15 p.m.

President of the University of San Diego since 2003, Dr. Lyons is the former President of the College of Saint Benedict (1996-2003) and the California Maritime Academy (1990–96). Dr. Lyons' presentation will illustrate that to study at USD is to encounter the values inspired by Madeleine Sophie Barat, Philippine Duchesne and Rosalie Clifton Hill. Her talk will reveal how a nationally respected Catholic university cultivates and nurtures the enduring values of a Sacred Heart education.



**ROSE PACATTE, FSP**

Friday, April 24

**"MISSIONARIES THROUGH MASS MEDIA & FILM"**

2:45–4:45 p.m.

Sister Rose Pacatte is the Director of the Pauline Center for Media Studies in Culver City, Calif., and an award-winning author and film/TV critic for St. Anthony Messenger. She received her master's degree in education in media studies from the University of London and a certificate in pastoral communications from the University of Dayton. Additionally, she has authored and co-authored several highly regarded books on film and scriptures. Her presentation, entitled "Meeting Jesus at the Movies: Stories, Messages, and Mystery," will look at a variety of film clips from major motion pictures through the lens of the Gospel mystery—offering suggestions to bring faith and values into conversation with cinema . . . all leading to an authentic experience of "cinema divina."

**MICHELA ALIOTO-PIER**

Saturday, April 25

**"MISSIONARIES THROUGH CIVIC SERVICE"**

12:30–2:00 p.m.

Michela Alioto-Pier will deliver the keynote address at the Cor Unum luncheon. A Convent of the Sacred Heart alumna, Supervisor Alioto-Pier represents District 2 in San Francisco. In addition to her regular board duties she serves on the Audits and Oversight Committee, is a member of the Disaster Council and is Board Representative on the State Legislative Committee. Named one of the top 21 up-and-coming women leaders in the country by *Ms. Magazine*, Michela has been recognized as one of the people expected to have the greatest impact on the Bay area in the early part of the 21st century by the *San Francisco Examiner*.



# *Special Award Recipients* to be presented in Los Angeles

## *Virginia Rodee, RSCJ* **WOMAN OF CONSCIENCE**

Sister Virginia Rodee is a “Missionary of the Heart” in the truest sense. Her beautiful, gentle spirit permeates everything she does as she brings the Sacred Heart mission to life. Whether she is welcoming a new faculty member or visitor to her beloved University of San Diego or being present to alums, Sister Rodee’s graceful, loving nature radiates.

“Mission” is a permanent part of her life. The daughter of a Naval Admiral, Sister Rodee grew up the third of seven children in Coronado, Calif. and attended San Diego College for Women, where she first encountered the Society of the Sacred Heart and the incomparable Mother Rosalie Hill.

After entering the Society at Kenwood, Sister Rodee, along with three other novices, was sent to El Cajon, Calif. to begin a new novitiate. In 1968, she traveled to Korea, where she lived until 1997 (with the exception of six years in Rome spent coordinating the International Formation Team, as well as two years of study). During her years in Korea she was professor of English literature and language, Dean of Students, served as Superior of the Sacred Heart Community in Seoul as well as Acting Provincial of the Korean Province. She even accompanied Korean orphans to the U.S. for adoption.

Sister Rodee returned home to San Diego to work at USD, where she is currently Assistant Vice President for Mission. In this role, she works with new faculty and staff to engender the core values and Catholic identity of the University.



Sister Rodee earned her master’s degree from the University of San Diego and her master’s degree in theological studies from Weston Jesuit School of Theology. She has directed countless retreats, provided spiritual direction and prepared RSCJ for their final profession in Rome.

Wrote one friend, “We can’t thank her enough for all that she has done for AASH including acting as spiritual moderator, assisting with Western Regional conferences and with our California Board meetings.”

Because she epitomizes a Missionary of the Heart, we are delighted to recognize Sister Virginia Rodee as the 2009 Woman of Conscience Award recipient.

## *Karen Patterson*

### **MARYLIZ DeVITO LINCOLN GENEROSITY AND SERVICE AWARD**

A 1993 alumna of Forest Ridge, Karen Patterson is the second recipient of the Maryliz DeVito Lincoln Generosity and Service Award. Karen has been a member of her Alumnae Board since 2003 and is currently serving as President.

“Karen has raised the alumnae ‘voice,’ developed an effective Alumnae Board and instilled a renewed enthusiasm for Forest Ridge and Sacred Heart among board and community members alike,” writes Julie Lundgren, Alumnae Director. “She does it always with joy and true devotion.” Attending her first AASH conference—the Western Regional

in the Bay area last June—allowed Karen to experience the strength and significance of alumnae/i bonds. She gained a deeper insight into the mission and was deeply moved.



Karen works full-time at the Fred Hutchison Cancer Research Center, where she is a project manager on international HIV prevention clinical trials. The AASH is delighted to provide Karen with an all expenses paid trip to Los Angeles to accept her award.

# *Très Bien to our Cor Unum Award Recipients*

to be presented in Los Angeles



**CENTRAL REGION  
ANNE BERNET  
O'DONNELL  
MANHATTANVILLE  
COLLEGE 1959**

Anne O'Donnell has served in leadership and teaching positions in many Catholic organizations in greater Cleveland and has made her mark on many non-Catholic schools and institutions. Since 2000 she has served as executive director of Boys Hope Girls Hope of Northeastern Ohio. The organization offers boys and girls of promise and demonstrated need safe and stable residential environments and educational opportunities.

Anne made sure that the program, in its values and goals, reflects not only Jesuit values but also those of Sacred Heart. She enlisted the help of RSCJ and forged a set of goals where the Sacred Heart voice is clear. Her model for formation in these goals, for students as well as staff, parents and counselors, is now being implemented in Boys Hope Girls Hope groups across the U.S., guided by Anne's office in Ohio. Beginning with the transformation of a dilapidated home into an attractive residence for three students, she now has established a campus of five homes with both a convocation and fitness center

for 20 scholars. Still feeling she was not reaching enough students, Anne spent her 70th year establishing Hope Prep where 135 middle school students in Cleveland and Akron receive year-round, non-residential enrichment, support and spiritual foundation.

Whether teaching, counseling, directing student activities and community service programs, or serving as principal or a development officer, Anne has led, as her friend and co-worker Ann Coakley Anderson writes, as "the incarnation of Saints Madeleine Sophie and Philippine Duchesne."

Delighting AASH, Anne was the driving force in the recent rebirth of an AASH association in Northeastern Ohio. Sixty-five alums of 88 identified in the area came to the first gathering.

Ann Coakley Anderson concludes, "Anne O'Donnell has not only kept the flame of the Sacred Heart ignited in Ohio, she has spread the fire into the hearts and minds of children across the entire community."



**EASTERN REGION  
JUDY WHALEN  
CONLEY  
PRINCE STREET  
1954,  
MANHATTANVILLE  
COLLEGE 1958**

Between service to her community and church and service to Sacred Heart, Judy Whalen Conley is every day, all day a woman for others.

Among the Rochester, N.Y. charities Judy has served are Dimitri House, a drug/alcohol rehabilitation home, and Matthew's Closet, an organization that provides clothing and home furnishings to those in need. Judy also has been active on the education committee of Haiti HOPE, raising funds and procuring books in French for Borgne, Haiti. She is active in Voice of the Faithful, founded by a group of Catholics (one of whom is an alum of Greenwich and Newton College) in response to the clergy sexual abuse scandal. Judy is treasurer and membership chair of the Rochester chapter.

Judy's most compelling commitment right now is service to seniors in Rochester. Through Annie's Angels she helps raise funds for seniors who have exhausted their discre-

tionary finances. The money raised allows them to go to the hairdresser or on group outings or to have funds for telephone and newspapers. More, it allows them to live out their years with greater dignity and pleasure. Through Good Samaritan Transportation Judy serves as dispatcher and driver for seniors who have had to give up driving.

Judy would joke that another group of seniors she serves are the Prince Street alumnae! This group necessarily grows old because their beloved school closed 40 years ago, but they have stayed together and strong. They are a force in AASH and have been stalwart supporters of the retired RSCJ in Albany. This past year the group hosted an outstanding Eastern Regional Meeting. Judy recently has served as treasurer and AASH Rep.

A devoted wife and mother, a true servant, and a loyal and fun friend, Judy gives "the gift of self in service to others."





**SOUTHERN REGION**  
**OLGA SEIFERTH**  
**ROME**  
**ROSARY, NEW**  
**ORLEANS 1953**

After nominations in three prior biennia, Olga Rome is being honored with the Cor Unum Award. Her accomplishments have grown each year, and so it is well to honor her now before the list grows too unruly.

After graduating from the Rosary, Olga obtained a bachelor's degree at Loyola University-New Orleans as its first music therapy graduate. Her majors were voice and psychology and she has used both well, lending her voice and heart and mind to make life beautiful for AASH, for AMASC, for numerous charities throughout New Orleans, and for her husband, Curtis, and their five children and their families.

Olga served as president of AASH from 1993 until 1995. She is credited with formally establishing the AASH National Office and with ushering a new level of collaboration among the Religious of the Sacred Heart, the Network of Sacred Heart Schools and the AASH. In 2000 she took on the even greater challenge of serving as President of the international association of Sacred Heart alumnae

and alumnae – AMASC – Association Mondiales des Anciens/nes du Sacré Coeur.

As AMASC president, much of her effort and heart went into planning a fabulous international Congress in New Orleans in 2006. . . until Hurricane Katrina had her way. Eventually the Congress was moved to Rye, N.Y./ Greenwich, Conn. as a business meeting only, but Olga brought to the event her wisdom, courage, kindness and grace, making it an unforgettable experience.

In addition to being totally devoted to her family, Olga is a leader in New Orleans charities. It was often said, as she gave all her time to AASH in 1993-1995, that every charity in New Orleans was waiting at her door. Among her favorites, beyond her devotion to Sacred Heart and the Jesuits, are the Juvenile Diabetes Foundation, the Stroke Club of the American Heart Association, St. Michael's Special School and St. Elizabeth's Guild. She is once again employed as a music therapist, bringing music and loveliness to patients at New Orleans Adolescent Hospital.



**WESTERN REGION**  
**SANDRA BELLANCA**  
**MADIGAN**  
**PRINCE STREET 1958,**  
**MANHATTANVILLE**  
**COLLEGE 1962**

Nominated as far back as 1997 and again in 2005, Sandra Bellanca Madigan is now the Cor Unum winner of the Western Region. A resident of Evergreen, Colo., Sandy is a pillar of that large and strong group whose founding date precedes AASH's. In fact, last May as the Colorado Alumnae of the Sacred Heart celebrated 85 years, Sandy was right there, co-chairing the event even though she lives some distance away from Denver. She keeps records for the group, has published directories for them, and relentlessly tracks down any alums who become lost.

Active in her community, Sandy says, "Although not politically motivated, I have tried to expand appreciation of the diversity in our community, one person at a time!" She has been an active and valued volunteer with Evergreen Christian Outreach. Her greatest commitment at the moment is to local Food Bank where the demands in the last several months have intensified and much

more of her time is required. Sandy, a student of scripture, has been active in bible study groups and taught CCD for many years. Her sister Sue Smith wrote in a past nomination, "My sister walks the mission statement of AASH daily . . . she raises people's self-esteem and builds Christ's kingdom here on earth by loving and nurturing others, respecting each one's personal integrity, continually developing spiritually and facilitating communication among people of all faith communities. She is ALWAYS thinking of others."

A devoted wife to her husband, Bud, Sandy sometimes takes him along when she goes to three corners of the country for weeklong babysitting of her beloved grandchildren.

The Colorado Alumnae of the Sacred Heart wrote in their 2008 nomination, "Sandy personifies all that one thinks of as a Sacred Heart girl. Her deep spirituality and faith in God are reflected in all that she does for her fellow women and men."

*excellence in  
one's work*

*loyalty to Sacred  
Heart values*

*the gift of self  
in service to others*

## NOMINEES FOR THE 2009-2011 AASH BOARD OF DIRECTORS



**PRESIDENT**  
**BETH LOWRY SPECK**  
**HOUSTON, TEXAS**  
**SOUTHERN REGION**

To the position of President, Beth brings years of experience on the Board and a long-time involvement with Duchesne Academy in Houston as an alumna, faculty member, former Alumnae Director and in her current position as Admissions Director.

Beth's Sacred Heart legacy—which now extends to her two daughters, Laura '00 and Emily '06—begins with her father who was one of the builders of the school. She was a member of the Class of 1971, the first graduating class. Beth has spent years networking with alums both in her region and nationally, attending every Southern Regional meeting in two decades, and every National Conference since 1991, including her warm welcome as Houston hosted in 1995.

“She is the first president to come from our school and we are delighted and proud,” says Jan Dunn, RSCJ, Headmistress. Beth's commitment to, love for, and faith in Sacred Heart education promise great things as she transitions into this new position and continues to move AASH forward.



**VICE PRESIDENT**  
**MAUREEN RYAN**  
**CHICAGO, ILLINOIS**  
**CENTRAL REGION**

After serving as Central Regional Director on the AASH Board from 2003-07, Maureen is returning in the position of Vice President. She first encountered the RSCJ at Barat College, where she graduated in 1981, and she has remained passionate about Sacred Heart education ever since. Maureen has been active with Barat's Alumni Board as well as the Barat College Board of Trustees. She has attended every National Conference since 1995, the first CASHA conference held in Halifax, Nova Scotia in 2007, numerous regional conferences and always takes time to connect with alum friends on her travels.

Her successful 25-year career in sales, marketing, consulting, corporate negotiations and product development lend an abundance of skills to the Board. Maureen has served as Executive Director of the Barat Education Foundation and currently is on the Board of Directors. Besides all things Sacred Heart, Maureen's passion is golf and she sits on the Chicago Women's District Golf Association Board.



**TREASURER**  
**DIANE REMIEN TYMICK**  
**WESTERN SPRINGS, ILLINOIS**  
**CENTRAL REGION**

Diane came onto the Board in 2005 as Corresponding Secretary, but her 30-year career in banking, specifically treasury management, product management and sales for First National Bank of Chicago, made her a natural candidate for Treasurer in 2007 and again in 2009. Diane's skills in accounting, budgeting and finance have been a tremendous benefit, allowing her to streamline and simplify the finances of AASH.

A 1968 graduate of Lone Mountain, San Francisco, her Sacred Heart legacy is traced back two generations with her grandmother at Pine Grove, Chicago, and her mother at the Convent of the Sacred Heart (now Woodlands Academy) and Barat College in Lake Forest.

Diane has worked extensively with the National Association of Bank Women, Chicago, is a member of the Art Institute of Chicago's Alliance Council and currently serves as a greeter volunteer for the museum. Beyond Sacred Heart education, Diane is an avid golfer and opera lover.



**RECORDING SECRETARY**  
**JANET MCINERNEY SARGENT**  
**DARIEN, CONNECTICUT**  
**EASTERN REGION**

Called creative and generous in service to others, Janet's strong listening and solid analytical skills will serve her well as she begins her first term on the Board as Recording Secretary. Janet treasures the education she received at Newton College of the Sacred Heart, where she graduated in 1965.

Janet spent 20 years working on Wall Street, a majority of which were spent at Morgan Stanley as a supervisory analyst and Vice President in the Research Department. In 1988, she left Morgan Stanley to raise her son and worked from home as a consultant for J.P. Morgan. For the past 20 years, Janet has been involved in school and volunteer activities and currently, serves on the Parents Advisory Committee at her son's college, Kenyon College.

Janet has been very active in her hometown as vice president of the Darien Historical Society and the Garden Club as well as chairman of the Darien Beautification Committee, giving her experience in publicity and fundraising.





**CORRESPONDING SECRETARY**  
**YUKIKO MICHAEL MEADOWS**  
**SAN FRANCISCO, CALIFORNIA**  
**WESTERN REGION**

For nine years Yukiko served as Alumni Director at her alma mater, Schools of the Sacred Heart, San Francisco, where she graduated high school in 1990 and elementary school in 1986. As the

development director for Lycée Français La Perouse for the past two years, Yukiko has realized how much she misses Sacred Heart and is happy to be actively involved again.

Yukiko served ex-officio on the Broadway Board for more than 10 years. Her leadership, fundraising skills and positive energy have been recognized. She currently is an advisory board member of the Galileo Learning Corp. and Wender Wies Foundation, and on the board for Eco Sierra Gorda.

Yukiko is a Certified Fundraising Executive (CFRE) and her extensive experience in development, fundraising and special events will be a strong asset to the Board.



**EASTERN REGIONAL DIRECTOR**  
**ALICE BURNS**  
**HARWICH, MASSACHUSETTS**

In the past two years serving as Eastern Regional Director, Alice has dedicated countless hours to her region. Prior to being nominated to the Board in 2007, Alice organized a successful reunion

with her Prince Street/Rochester 1966 classmates and with a fellow alumna, designed and launched a website with database for Prince Street alumnae. Alice has gone on to helping establish a brand new association—Southeast Massachusetts, Cape Cod and the Islands—which has already held two events. She's made in-roads with a young alum group in New York City, planned and hosted the Eastern Regional Conference in Rochester, and supported RSCJ as Kenwood closed.

She is now president of Alice J. Burns Consulting which handles marketing, business development and fundraising.

Alice attended her first National Conference in New York in 2007 and has been instrumental in moving the 2007-09 Board forward in achieving its goals.



**CENTRAL REGIONAL DIRECTOR**  
**SUSAN KRATOCHVIL**  
**OMAHA, NEBRASKA**

Suzy believes strongly in the alumnae/i network and is committed to getting alums involved on the national level. As Corresponding Secretary for the 2007-09 Board, Suzy guided the mammoth

project of updating our Alumnae/i directory and creating an online community for AASH, launching soon.

Her extensive technology experience and background in computer training is invaluable to the Board. Presently, Suzy is Director of Instructional Design at First Data Financial Services. Suzy is now moving to Central Regional Director, a position that will allow her more direct opportunities to strengthen connections with alums.

Suzy, a 1976 graduate of Duchesne Academy of the Sacred Heart in Omaha, has been active in Alumnae Association, serving as president, vice president and president-elect. In 2008, she was honored as the Très Bien Award Recipient.



**SOUTHERN REGIONAL DIRECTOR**  
**MARIA CRISTINA GARCIA**  
**CORAL GABLES, FLORIDA**

A 2000 graduate of Carrollton School of the Sacred Heart in Miami, Maria Cristina is thrilled to be working at her alma mater as Director of Alumnae Relations since July 2008. She recently

collaborated with Sue Eber Masson, Alumnae Council President, on a new Mentoring Program. "She has a long and abiding love for the Sacred Heart traditions," offers Sue.

Suzanne Cooke, RSCJ, Headmistress at Carrollton, supported Maria Cristina's nomination, noting her participation in a Network Summer Service Project in New York City in 1998 where she worked with the homeless. "My Sacred Heart education opened my eyes to the homeless issue as well as others that we face on a day to day basis," says Maria Cristina. Her creativity, dedication and cooperation will make Maria Cristina an excellent addition to the Board.



**WESTERN REGIONAL DIRECTOR**  
**MARY LOCOCO FORSYTH**  
**PASADENA, CALIFORNIA**

Mary says, "My 'life at the Sacred Heart' is nearing its 50th anniversary since I first entered a Sacred Heart school." She graduated from El Cajon in 1963, then Lone Mountain in 1967 and has

taught, held various administrative positions and served on Network Commission on Goals (NCOG) Committee. As an Associate, she has deepened her connection with the RSCJ.

Mary served as recording secretary and president-elect of the San Diego Association and has been active with the LA group. Currently, she teaches high school social studies, volunteers at Huntington Library, is a faculty member at area colleges and serves as an educational consultant.

Mary is especially interested in inviting new and young alumnae and alumni to grow with AASH.

## Wednesday, April 22

Pre-Tours (see page 3)

to be determined

10:00 a.m. — 8:00 p.m.

5:00 p.m. — 8:00 p.m.

Board of Directors Meeting

Registration

Hospitality Suite\* / Sacred Heart Boutique

Dinner on your own

Main Hallway, Second Floor

Hershey Crocker Room, Second Floor

\*UNDERWRITTEN BY THE ARIZONA ASSOC.

## Thursday, April 23

9:00 a.m. — 5:00 p.m.

9:00 a.m. — 1:00 p.m.

Registration

Hospitality Suite / Sacred Heart Boutique

Early lunch on your own

CONFERENCE BEGINS

Main Hallway, Second Floor

Hershey Crocker Room, Second Floor

1:00 p.m. — 2:45 p.m.

2:45 p.m. — 3:00 p.m.

3:00 p.m. — 3:15 p.m.

Welcome and AASH National Business Meeting, Session I

Coffee & Tea Break

Native Indian Blessing

The OMNI Ballroom, Second Floor

The OMNI Ballroom, Second Floor  
UNDERWRITTEN BY THE COLORADO ASH

3:15 p.m. — 4:30 p.m.

Philippine Duchesne, the First Missionary of the Heart,  
Jane Cannon, Alumni Director, ASH, St. Charles

The OMNI Ballroom, Second Floor

4:45 p.m. — 5:45 p.m.

Regional Meetings

Break-out Rooms, Fourth Floor

6:00 p.m. — 7:45 p.m.

Welcome Dinner, Tesoro Trattoria with All-Women  
Mariachis, Welcome by Marcie Amory, President AASH,  
Invocation by U.S. Provincial, Paula Toner, RSCJ

NEXT DOOR TO THE OMNI  
UNDERWRITTEN BY UNIVERSITY OF SAN DIEGO

8:00 p.m. — 9:30 p.m.

Screening of "Divining the Human," a beautiful telling  
of the creation of the Our Lady of the Angels Cathedral  
Tapestries, presented by Kitty Bartholomew, celebrated  
ABC, HGTV, ABC and PBS home, garden and travel TV hostess

The OMNI Ballroom, Second Floor

9:30 p.m. — 11:00 p.m.

Hospitality Suite / Sacred Heart Boutique

Hershey Crocker Room, Second Floor

## Friday, April 24

6:30 a.m. — 7:30 a.m.

Kundalini Yoga with Elizabeth L. Bradley, Esq.,  
CSH Broadway, Certified Kundalini Yoga teacher

The OMNI, Fourth Floor, Room TBA

8:00 a.m. — 8:45 a.m.

Buffet Breakfast

The OMNI Ballroom, Second Floor

9:00 a.m. — 10:00 a.m.

Seminar I, **Associates, The Missionaries Among Us:**  
Catherine Kinebrew, National President; Meg Bugg;  
Anne Wenthe, RSCJ; Moderator, Mary Forsyth

The OMNI Ballroom

10:15 a.m. — 11:15 a.m.

Seminar II A, **Missionaries as Volunteers:**  
Maureen King\* (community building); Kathleen Wellman\*  
(the homeless); Mary Schumacher, RSCJ (AA/NA sponsorship);  
Moderator, Mary Jane Tiernan\*  
*\*past President, San Diego Association*

Second Floor, Museum I

10:15 a.m. — 11:15 a.m.

Seminar II B, **Missionaries at Home and Abroad:**  
Bonita Chamberlin, past President, San Diego Association;  
Marianna Torrano, RSCJ; Renie Cullen, RSCJ; Moderator,  
Sandy Farrell, President, Los Angeles Association

Second Floor, Museum II

11:15 a.m. — 11:30 a.m.

Coffee & Tea Break

11:30 a.m. — 12:30 p.m.

Seminar III A, **Missionaries in the Law:** Sally Furay, RSCJ,  
Esq.; Charles LiMandri, Esq.; Moderator, Liz Bradley Helmick,  
Esq., past President, Los Angeles Association

Second Floor, Museum I

11:30 a.m. — 12:30 p.m.	Seminar III B, <b>Young Missionaries Answer the Challenge:</b> Claire Lorentzen, CSH Greenwich, currently attending Stanford University; Nicolas Estrada, President USD Founders Club; Moderator, Sandy Farrell, President, Los Angeles Association	Second Floor, Musuem II
12:45 p.m. — 2:15 p.m.	Luncheon, Dr. Mary Lyons, USD President, Speaker Virginia Rodee, RSCJ, Invocation	The OMNI Ballroom, Second Floor
2:45 p.m. — 4:45 p.m.	Seminar IV, <b>Missionaries through Mass Media and Film:</b> Sr. Rose Pacatte, Daughters of St. Paul, Pauline Center for Media Studies. <i>Attendance at this dynamic program on teaching and developing spirituality through the use of film is limited to the first 150 registrants.</i>	Museum of Contemporary Art (MOCA) Auditorium NEXT DOOR, NORTH OF THE OMNI
2:45 p.m. — 4:45 p.m.	MOCA self tours for those who do not attend Seminar IV	
5:00 p.m. — 6:00 p.m.	Hospitality Suite / Sacred Heart Boutique	Hershey Crocker Room, Second Floor
6:30 p.m. — 7:00 p.m.	No Host Cocktails	City Club Atop Bunker Hill ACROSS THE STREET, NORTH OF THE OMNI
7:00 p.m.	Dinner, Cash Bar, Invocation by Marcie Amory	City Club Atop Bunker Hill
9:00 p.m. — 10:00 p.m.	"Baked Alaska, Champagne and the Christophers" Liz Bradley Helmick, Emcee	The OMNI Ballroom, Second Floor
10:00 p.m. — 11:00 p.m.	Hospitality Suite / Sacred Heart Boutique	Hershey Crocker Room, Second Floor

## Saturday, April 25

6:30 a.m. — 7:30 a.m.	Kundalini Yoga with Elizabeth L. Bradley	The OMNI, Fourth Floor, Room TBA
8:00 a.m. — 9:00 a.m.	AASH National Business Meeting, Session II, Working Buffet Breakfast	The OMNI Ballroom, Second Floor
8:30 a.m. — 9:30 a.m.	Liturgy Ministers and Volunteers Rehearsal	Cathedral of Our Lady of the Angels
9:30 a.m. — 10:00 a.m.	Grand Organ Concert of Liturgical Music	Cathedral of Our Lady of the Angels UNDERWRITTEN BY THE LOS ANGELES ASSOC.
10:00 a.m. — 12:00 p.m.	Cor Unum Awards Liturgy, 2009 and Past Cor Unum Award Recipients Procession, Homilist, Msgr. Torgerson	Cathedral of Our Lady of the Angels UNDERWRITTEN BY THE LOS ANGELES ASSOC.
12:30 p.m. — 2:00 p.m.	Cor Unum Awards Luncheon, Keynote Speaker Hon. Michela Alioto-Pier, Member, Board of Supervisors City and County of San Francisco, alumna, Broadway CSH, Invocation, Mary Jane Tiernan, past President, San Diego Association	The OMNI Ballroom, Second Floor
2:15 p.m. — 7:00 p.m.*	Tour to J. Paul Getty Museum ( <i>free to full registrants with registrations postmarked on or before 3/20/09, otherwise, see Tours</i> )	
*includes travel time		
5:45 p.m. — 6:00 p.m.	Board buses for return to The OMNI	
6:00 p.m. — 7:00 p.m.	Buses return to The OMNI	
7:30 p.m.	Board buses for dinner at Olvera Street, the birthplace of Los Angeles	
8:00 p.m.	Hosted Dinners at El Paseo Restaurant (souvenir shops nearby)	
9:30 p.m. — 10:00 p.m.	Board buses to return to The OMNI	
9:30 p.m. — 11:00 p.m.	Hospitality Suite / Sacred Heart Boutique	Hershey Crocker Room, Second Floor

## Sunday, April 26

6:30 a.m. — 7:30 a.m.	Kundalini Yoga with Elizabeth L. Bradley	The OMNI, Fourth Floor, Room TBA
8:00 a.m. — 8:45 a.m.	Sunday Mass, Celebrant: Rev. Ken Rudnick, S.J., Chaplain, Loyola Law School	The OMNI Ballroom, Second Floor
8:45 a.m. — 9:45 a.m.	Concluding Plated Breakfast	The OMNI Ballroom, Second Floor
10:00 a.m. — 11:30 a.m.	AASH National Business Meeting, Session III	The OMNI Ballroom, Second Floor
11:30 a.m. — 1:00 p.m.	Hospitality Suite / Sacred Heart Boutique	Hershey Crocker Room, Second Floor



## AROUND THE COUNTRY ...

# *Celebrating, Connecting and*

### **Celebrating Philippine's Feast**

by Mary Pelton Hildebrand, Central  
Regional Director, Bloomfield Hills '70

On Nov. 18, the Feast of Rose Philippine, alumnae from the Central Region gathered at the Sacred Heart Academy in Bloomfield Hills, Mich. for the Central Regional Conference. The day began with an all-school Mass featuring a short program on the life and travels of Philippine by the children. We sang traditional songs and listened to our choir perform.

During a formal meeting following Mass, AASH President Marcie Amory updated attendees on the regional conferences and plans for the 2009 AASH National Conference in Los Angeles in April. AASH Director Jeanne O'Fallon reported news from the National Office. Following lunch, Peggy Tabor spoke about her two-year Peace Corps experience in a small village in Africa working with the people who endured extreme hunger, HIV and the lack of fresh water. As our theme was "Missionaries of the Heart," this talk certainly represented the service that she gave to a community.



*Alumnae celebrated Philippine's Feast together at the Central Regional in Bloomfield Hills, Mich. Front row, left to right: Katy Hudson Cannaday, Jeanne Burke O'Fallon, Anne Bernet O'Donnell, Frances Asam, Sally Tepper, Suzy Kratochvil, Mary Pelton Hildebrand. Back row: Carolyn Lindeman Price, Sally Fisher Cliff, Rosemary Roney, RSCJ, Barbara Brown Lopiccio, Barbara Cliff Price, Zainab (Bibi) Ahmed, Marcie Eason Amory, Patricia Eldredge Kolojeski and Ann Coakley Anderson.*

We then traveled to Grosse Pointe Academy for a lovely reception and dinner followed by a discussion regarding how to attract young alums and involve them with Sacred Heart after graduation. After a tour of the newly renovated school, we shared in more conversation and all agreed that we all shared the spirit of Sacred Heart, the love of Sacred Heart and the feeling that we are all one in a community of love and respect.

### **50 Years at Bloomfield Hills**



Bloomfield Hills, Mich. celebrated its 50th anniversary "A Window to the World" on Sept. 28, 2008, kicking off a year-long celebration. After a lovely Mass celebrated by Monsignor John Zenz and a warm welcome by Board chair Robert Forrest, Sister Bridget Bearss, Head of School, accepted a proclamation from a Michigan senator congratulating the Academy for over 150 years in the metropolitan area and 50 years at Bloomfield Hills. After Mass, families enjoyed good food, conversation, games and music, with plenty of activities for children. Everyone enjoyed the day, and all look forward to many more half-century celebrations at Bloomfield Hills.

# Collaborating

## Sister Toner Named Provincial

by Susan Mahe Switzer, Villa Duchesne '63, Manhattanville College '67, Director of PR and Communications for the U.S.



Paula Toner, RSCJ, has been re-named provincial of the U.S. Province of the Society of the Sacred Heart for a three-year term.

As provincial, Sister Toner is responsible for the communities and ministry commitments of the Religious of the Sacred Heart in the United States. Before being named provincial in October 2008, she had been a member of the U.S. Provincial Team since 1999. In 2005 and 2006, she played a key role in establishing Duchesne House in New Orleans to help in the rebuilding of the city following Hurricane Katrina. From 1985 to 1996, she served as Executive Director of the Network of Sacred Heart Schools and as Head of Duchesne Academy of the Sacred Heart, Houston, Texas.

Sister Toner was raised outside of Boston, Mass., graduated from Weston High School, and earned a bachelor's degree in art with minors in education and theology from Manhattanville College, Purchase, N.Y. She also holds a master's degree in educational administration from the University of Massachusetts and served as a teacher and administrator in Sacred Heart schools from 1968 until 1996.

She has taught in Sacred Heart schools in Rochester, N.Y.; Greenwich, Conn.; New York City; Houston, Texas; and at Our Lady of Guadalupe School in Houston. She has also served on numerous committees and boards of social justice and educational organizations. From 1998 to 2007, she helped plan three international meetings of heads of Sacred Heart schools; in addition, she served for 19 years on the Sacred Heart Commission on Goals – the agency that conducts the evaluation process for all Sacred Heart schools.

## In Mission for Life, An RSCJ Update

by Shirley Miller, RSCJ,  
Director of Mission Advancement

As of mid-December 2008, the Society of the Sacred Heart's In Mission for Life campaign has crossed the \$11,000,000 mark in pledges, gifts and bequests. This represents 28% of our \$40,000,000 five year goal. This reality is a great source of encouragement to the religious because we are so deeply aware that each gift is a gift of love and an expression of commitment to the Society's present and future life and mission.

We have all been impacted by the serious economic situation in the United States and throughout the world. Following the whisperings of the Holy Spirit and the voices of advisors, we are continuing our campaign. It may slow down a bit, but we will continue, while at the same time always being sensitive to the needs of our benefactors. We move ahead, filled with the courage and confidence of St. Madeleine Sophie and St. Philippine Duchesne and the companionship of God and all of you.

The support the Society has received, in terms of volunteer leadership, gifts, pledges and bequests, has been a humbling reminder of the graciousness of God and of you, our friends and alumnae/i. In the center of our new provincial offices on Forest Park Avenue, St. Louis, we have a lovely chapel which we pass many times a day. I often stop in and thank God for you all, for the depth of your commitment and the breadth of your love, and yes, I ask God's blessing on you and all those you carry in your heart and on all those suffering the most in our country and our world.



### Calling all Snowbirds!



Do you retreat to Florida to escape the snow and cold? Alums who spend all or part of the winter looking for "A Place in the Sun" are invited to contact AASH reps in Florida to be included in activities (annual luncheon, Day of Recollection, etc.):

Gold Coast  
Mimi Morgan Phelan  
mimiphelan@aol.com/561-243-0585



Tampa Bay/West Coast  
Betsy Burnett Schultz  
727-319-8596



Treasure Coast  
Elaine Ibold Heile  
eivvero@aol.com/772-231-2876



Southwest Florida  
Carla Montani Grieve  
cmgfl@naples.net/239-566-7211



# Reflections from Uganda

by Meg Bugg, Villa Duchesne '87

“Do you have to get a lot of shots?” This was the most common question I was asked when people learned I was going to visit the new Sacred Heart Primary School (SHPS) for girls in south central Uganda. This past July, I had the amazing privilege to be one of eight Sacred Heart educators from the United States (each representing a different Network School) to participate in the Society of the Sacred Heart’s Ugandan Mission Immersion Pilot Program.

I graduated from Villa Duchesne/Oak Hill School in 1987 and I am currently in my fourth year of serving there as Assistant Director of Admissions for grades 7-12. I have also been a RSCJ Associate since 2005 ([rscjassociates-usa.org](http://rscjassociates-usa.org)). I have never been so grateful to be a part of the Sacred Heart family as I was at Sacred Heart Primary School in Uganda.

The Mission Immersion Pilot Program for Sacred Heart educators was the dream of Irene Cullen (Atherton '57, USD '61), an RSCJ from the United States who serves as the Mission Support Coordinator for the Uganda-Kenya Province of the Society of the Sacred Heart. She has been instrumental in sharing the vision for the new school with the Sacred Heart community around the U.S. All 21 Network of Sacred Heart Schools, as well as countless alums all over the country have been actively engaged in raising money to build the school and to fund the scholarships for about one fourth of the 420 girls who are now enrolled.

After my time working at SHPS, I understand why our pressing need is now to build an academic classroom building to relieve the overcrowding in



*Meg Bugg, Villa Duchesne '87, Immaculate Nakkazi, Primary 1 (first grade) teacher and Primary 1 students proudly displaying books and school supplies donated by alums from Villa Duchesne, City House and Maryville.*

the initial building. It has served as both the dormitory and classroom building during this first phase as the school has grown from 120 girls in 2003 to 420 today! When the new building can be completed, the well-constructed initial building will serve exclusively as the living space for the girls who all board at the school. Your financial support will have such a direct impact on the education of these young girls who come to SHPS with so little and are so eager to learn. As my aunt, Joyce Williams Walsh (Villa Duchesne '63, Maryville '67), says, “Oprah has her school for girls in Africa and we have ours. We may not have Oprah’s money but we do have the entire Sacred Heart family around the world and we all need to support our school.”

The first day we walked with Sister Cullen down the dirt road leading to the school grounds in rural Uganda, there was a light mist in the air. As we came around a bend in the road, I

caught my first glimpse of the school in the distance and heard singing and drumming. Two girls in their school uniforms were walking toward us carrying a handmade sign. Tears began to flow when I read the words on the sign, “You are most welcome, our dear visitors. Feel at home.” Behind them was a group of 30 girls in their uniforms walking toward us singing and carrying small flowers. By this time, a very light rain began to fall.

The singing girls reached us, their faces beaming with pride and excitement. They turned back to lead us toward the gate where we were met by 25 girls dancing in bare feet with bells tied around their ankles, long colorful skirts, and neon green “Jump Rope for Uganda” t-shirts from Convent of the Sacred Heart in Greenwich, Conn.! We were stunned by their talent. The whole group led us onto the school grounds where the light rain stopped and we were warmly welcomed by the nine RSCJ in the school community. I



think each Sister managed to individually thank me for financial support of the Sacred Heart family in the U.S., for the difference it is making in the lives of these young girls. The gratitude of the RSCJ was overwhelming – more tears.

Next we were led to the school building where we could hear clapping and more drumming. All 420 girls and their teachers were waiting to greet us with an official welcome assembly which would include prayers of gratitude, speeches, singing and dancing with each grade (Primary 1-7) represented. The energy was palpable as we entered the assembly. The little Primary 1 students were so excited that they were squirming on their benches, trying to catch their first glimpse of the Sacred Heart visitors from the United States. It took everything I had not to stop and hug each one in her darling plaid jumper as I walked in. The assembly was in their dining hall with concrete floors and a simple concrete stage at one end. And there, hanging on the wall behind the stage was a beautiful painting of Mater – more tears!

Priscillian Kampame, RSCJ welcomed us as the first official delegation of Sacred Heart educators from the United States to visit their school. She told the girls that we represented thousands of Sacred Heart students and graduates throughout the United States who continue to sacrifice their own money to help build and sustain Sacred Heart Primary School in Kyamusansala. She said the Sacred Heart family in the U.S. loves them and believes in the importance of their education. Sister Priscillian then reflected on the light rain that began to fall as we reached the gates of the school that morning. She said she liked to think of St. Madeleine Sophie Barat and St. Philippine Duchesne

watching us from above, their hearts overflowing with love and gratitude at the meeting of their Children of the Sacred Heart from Uganda and the United States – the light rain representing Sophie and Philippine's tears of joy falling to bless our weeks together.

All this in our first morning! Over the next two weeks I learned so much from the deep faith of these young girls, their drive to learn and their care for one another. Our workshops with their teachers and RSCJ were an amazing window into cultural differences and the love of Sacred Heart education that brought us together. I am filled with hope and gratitude for these talented educators and the wisdom they have shared with me.

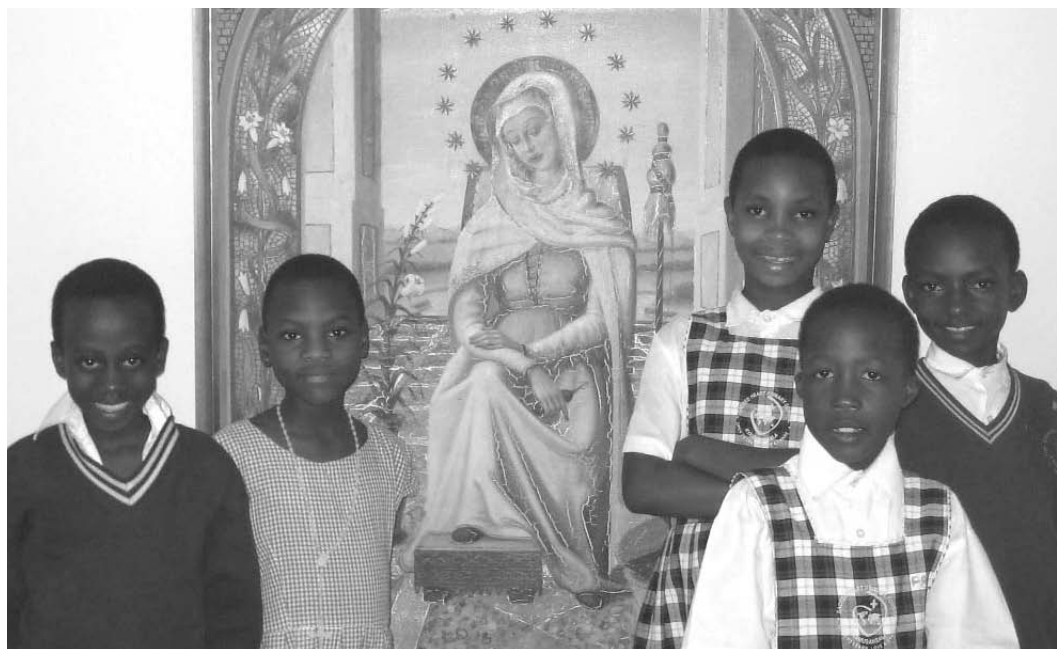


*\$450 a year provides a quality Sacred Heart education for these precious girls including, tuition, room and board, uniforms, a gingham dress for the evening and lots of love.*

People still ask me about the shots necessary to travel to Uganda. I just smile and say the shots were worth it.

*Editor's note: Those interested in contributing to the new academic building may contact Irene Cullen, RSCJ at [icullen@rscj.org](mailto:icullen@rscj.org) or Uganda-Kenya Development Office, 1653 Borana, San Diego, CA 92111.*

*Meg will be reflecting on her experience as an RSCJ Associate as part of a panel discussion at our National Conference in Los Angeles on Friday, April 24 at 9 a.m.*



*Like Sacred Heart students everywhere, posing for a photograph with their beloved image of Mater.*

# Top Shelf

## books by and about Sacred Heart alums

*Burning Horses* by Agatha Hoff

reviewed by Nancy Morris, RSCJ

*Burning Horses* is aptly named. It describes the violent destruction of a city, of a country and a culture. The author of this riveting book, Agatha Hoff (Class of '54 Menlo-Atherton) has organized the material and created a compelling story spanning the Great War and World War II in Hungary. But the real storyteller and narrator is her mother Eva Leopold Badics.

Fired by a vivid memory, acute intelligence and a profound understanding of human emotion, Agatha gives life to her mother's voice through a faithful use of her stories. Notes she left behind describe the idyllic life of the aristocracy in rural Hungary in the first quarter of the 20th century. She further tells of the turbulent times before, during and after World War II. The winds of war sweeping over Hungary fanned into flames the untended smolderings of World War I, giving rise to the Nazi take-over of Budapest and the core of *Burning Horses*.

Writing in a style and language faithful to her mother's voice, Agatha has achieved a powerful piece, a testament to her mother's indomitable will to survive, and a lasting legacy to her Jewish-Catholic roots. This is a book which will shock us all—hopefully out of our apathy to the violence which continues to dominate the news, our culture and our world. *Burning Horses* is a must read for alumnae/i.

### *Wrestling with Our Inner Angels: Faith, Mental Illness and the Journey to Wholeness* by Nancy Kehoe, RSCJ

A member of the Provincial Team, Nancy Kehoe, RSCJ is a clinical psychologist, and has an appointment as a clinical instructor in psychology at Harvard Medical School. After 23 years she ended her private psychotherapy practice and now does consulting. It's from this unique perspective that Sister Kehoe writes her first book, *Wrestling with Our Inner Angels: Faith, Mental Illness and the Journey to Wholeness*.



In her years working with clients, she observed that religion was never mentioned in relation to a client. Oftentimes, she learned, therapists intentionally ignored a client's reference to religion or viewed it as a part of the illness. Interestingly, she notes that mental health professionals have higher rates of atheism and agnosticism than the general population. She writes, "The entrenched belief in the mental health community then was that therapists could not, and should not, talk about religion with 'crazy' people. A great divide existed, one I was about to help bridge inadvertently."

After reaching this realization, Sister Kehoe embarked on a groundbreaking project. In 1981 she proposed forming a group that would focus on religious and spiritual beliefs at the day treatment facility in Massachusetts where she worked. Since the groups would be interdenominational, guidelines of respect for and tolerance of beliefs were established. It is her work with these clients that she shares. "My encounters with these remarkable people taught me to re-examine everything the Church had ever taught me." It is a fascinating book available June 1, 2009 through Jossey-Bass. Sister Kehoe would be happy to arrange for a book signing, a presentation or a talk and can be reached at [nancy\\_kehoe@hms.harvard.edu](mailto:nancy_kehoe@hms.harvard.edu).



Agatha Hoff, at home in San Francisco.

### Author's Note

"Peace that surpasses all understanding." That is the feeling I have every time I drive through the iron gates of the Convent of the Sacred Heart in Menlo Park, California now known as Sacred Heart Schools, Atherton. The red brick mansion comprised the entire school where I spent perhaps the happiest five years of my life.

A tangled path led my sister Livia and me to this oasis of calm. We were refugees from Hungary, having escaped from the Russian occupation after World War II. Prior to the war, my family lived in Budapest; our summers were spent on our farm in an idyllic setting near Lake Balaton.

In my recently published book, *Burning Horses*, I describe my family's life during the war, including our survival of the Siege of Budapest during the winter of 1944-45. The following paragraph will tweak your interest:

*I saw flames reaching out with blue and orange claws from our bedroom windows. They leapt skyward, in a macabre dance. I could hear the thumping of hooves against the floor and the horses neighing in desperation. Then a sound – the like of which I have never heard before or since, came from one of the dying horses.*

To read the full text, visit [www.aashnet.org](http://www.aashnet.org).

Publication of *Burning Horses* is anticipated by summer of 2009. To receive notification when the book becomes available, contact Agatha at [ag2bike@earthlink.net](mailto:ag2bike@earthlink.net) or write to her at 882 27th Ave., San Francisco, CA 94121 or call (415) 668-5688. You may also request a Reading Group Guide for your book club.

# 2009 AASH National Conference Registration Form

please complete a separate form for each person attending or download a registration form at [www.aashnet.org](http://www.aashnet.org)

first name	maiden name	married name (if applicable)	preferred for nametag	
street address		city	state	zip
home phone		cell phone	email address	
Sacred Heart School(s) attended			years attended/graduated	

**Section I Full Registration** postmarked on or before 4/15/09 (if not prior to 4/15/09, registration is on-site). Full registrants receive all activities as noted and beautiful logo tote bag (first 300). Please check one below:

**Early Registration—postmarked on or BEFORE 3/20/09**

☐ \$375 for Religious, Alumna/us 35 and under, Alumna/us 65 and older ☐ \$395 for Alumna/us 36-64

**Late Registration—postmarked on or AFTER 3/21/09**

☐ \$425 for Religious, Alumna/us 35 and under, Alumna/us 65 and older ☐ \$445 for Alumna/us 36-64

**Please help us plan for space and reduce waste by checking each event you plan to attend:**

**Thursday, April 23:** ☐ Welcome Dinner ☐ Screening of "Divining the Human"

**Friday, April 24:** ☐ Kundalini Yoga ☐ Buffet Breakfast

Please check one (first come/first served): ☐ Missionaries as Volunteers **OR** ☐ Missionaries at Home and Abroad

Please check one (first come/first served): ☐ Missionaries in the Law **OR** ☐ Young Missionaries Answer the Challenge

☐ Luncheon with Dr. Mary Lyons, USD President ☐ Missionaries through Mass Media/Film (first 150 only)\*

*\*registration covers your entry fee to Museum of Contemporary Art Friday from 2:15-5 p.m. whether attending seminar or not*

☐ Dinner at the City Club ☐ "Baked Alaska, Champagne & The Christophers" at The OMNI Ballroom after dinner

**Saturday, April 25:** ☐ Kundalini Yoga ☐ Buffet Breakfast ☐ Cor Unum Awards Luncheon ☐ Hosted Dinners

☐ J. Paul Getty Museum Tour (included for registrants on or before 3/20/09. Those registering on or after 3/21/09, please register in

Section III on the reverse if you would like to attend.)

**Sunday, April 26:** ☐ Kundalini Yoga ☐ Concluding Plated Breakfast

Total amount enclosed for Sec. I/Full Registration \$\_\_\_\_\_

**Section II Partial Registration** postmarked on or before 4/15/09 (if not prior to 4/15/09, registration is on-site). Full registrants proceed to Section III on reverse.

**Thursday, April 23:** ☐ Welcome Dinner—\$65 ☐ Screening of "Divining the Human"—\$10

**Friday, April 24:** ☐ Full day registration—\$125 (includes Kundalini yoga, buffet breakfast, morning coffee/tea break, morning and afternoon programs, Friday luncheon. Evening events are a la carte).

**Please help us plan for space and reduce waste by checking each event you plan to attend:**

☐ Kundalini Yoga ☐ Buffet Breakfast ☐ Luncheon with Dr. Mary Lyons, USD President

Please check one (first come/first served): ☐ Missionaries as Volunteers **OR** ☐ Missionaries at Home and Abroad

Please check one (first come/first served): ☐ Missionaries in the Law **OR** ☐ Young Missionaries Answer the Challenge

☐ Missionaries through Mass Media/Film (first 150 only)\*

*\*registration covers your entry fee to Museum of Contemporary Art Friday from 2:15-5 p.m. whether attending seminar or not*

☐ Dinner at the City Club—\$115 ☐ "Baked Alaska, Champagne & The Christophers"—\$50 at the OMNI Ballroom after dinner

**Saturday, April 25:** ☐ Kundalini Yoga (free) ☐ Buffet Breakfast—\$45 ☐ Cor Unum Awards Luncheon—\$65

**Sunday, April 26:** ☐ Kundalini Yoga (free) ☐ Liturgy ☐ Concluding Plated Breakfast—\$45

Total amount enclosed for Sec. II/Partial Registration \$\_\_\_\_\_



### Section III Pre-Tours & Conference Tour to the Getty Museum

#### Wednesday Afternoon Tour . . . . . \$45

Choose one of three tours/first come, first served. Please insert 1, 2 or 3 in order of your preference.

- |              |                     |                      |                       |
|--------------|---------------------|----------------------|-----------------------|
| ___ TOUR I   | Wednesday, April 22 | 11:00 a.m.—5:00 p.m. | HUNTINGTON MUSEUM     |
| ___ TOUR II  | Wednesday, April 22 | 1:00—5:00 p.m.       | SAN FERNANDO MISSION  |
| ___ TOUR III | Wednesday, April 22 | 1:00—5:00 p.m.       | AUTRY NATIONAL MUSEUM |

#### Wednesday Evening Tour . . . . . \$45

- |             |                     |                |                          |
|-------------|---------------------|----------------|--------------------------|
| ___ TOUR IV | Wednesday, April 22 | 5:30—9:30 p.m. | HOLLYWOOD'S WALK OF FAME |
|-------------|---------------------|----------------|--------------------------|

#### Saturday Afternoon Tour . . . . . \$25 (free to full registrants postmarked on or before March 20, 2009)

- |            |                    |                |                      |
|------------|--------------------|----------------|----------------------|
| ___ TOUR V | Saturday, April 25 | 2:15—7:00 p.m. | J. PAUL GETTY MUSEUM |
|------------|--------------------|----------------|----------------------|

Total amount enclosed for Sec. III/Pre-Tours & Getty Tour \$\_\_\_\_\_

### Section IV Ribbon and Event Sponsorships

Once a ribbon, always a ribbon. Or, if your conduct never merited a treasured ribbon in your school days—or you came along years after that tradition died out—here is your chance! Show your true colors with this vital support of our conference. Your nametag will have a ribbon attached and your donation will be recognized in the souvenir program.

Along with my registration, I would also like to contribute \$\_\_\_\_\_ for a ribbon sponsorship.

- |                            |                                 |                           |
|----------------------------|---------------------------------|---------------------------|
| Gold Ribbon (\$2,500+)     | Silver Ribbon (\$1,000—\$2,499) | Blue Ribbon (\$500—\$999) |
| Green Ribbon (\$250—\$499) | Pink Ribbon (\$100—\$249)       | Red Ribbon (\$1—\$99)     |

Angel—White Ribbon Donor—to help sponsor an RSCJ \$\_\_\_\_\_

I would like to contribute \$\_\_\_\_\_ toward Hosted Dinners at El Paseo Restaurant on Olvera Street.

*If you are a member of a Western Region Association and would like to host a dinner at El Paseo (\$250 for 10 persons) alone or with one co-host, please contact Pam Snyder at psnyder400@aol.com, or at (623) 486-2561.*

Sorry, I am unable to attend but would like to contribute \$\_\_\_\_\_.

Total amount enclosed for Sec. IV/Ribbon and Event Sponsorships \$\_\_\_\_\_

### Section V Payment

- |                   |         |
|-------------------|---------|
| Section I Total   | \$_____ |
| Section II Total  | \$_____ |
| Section III Total | \$_____ |
| Section IV Total  | \$_____ |
| Additional Gift   | \$_____ |
| Grand Total       | \$_____ |

Please mail completed registration form with your check made payable to **2009 AASH Conference** to:  
2009 AASH Conference  
c/o Bunny May  
11241 Cashmere St.  
Los Angeles, CA 90049



If billing to credit card, please insert total amount authorized to be charged \$\_\_\_\_\_.

\_\_\_\_\_  
Print name of authorized card user

\_\_\_\_\_  
Signature of authorized card user

\_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Credit Card Number

Please check one: \_\_\_ VISA \_\_\_ Mastercard

Expiration Date: Month \_\_\_ Year \_\_\_

For questions or more information, please contact Moira Lees at moiral@roadrunner.com or (310) 826-7518.

REFUND POLICY: Full refunds **only** for cancellations in writing postmarked on or before **April 8, 2009**.

# *Congratulating and Celebrating — Calling on Your Generosity*

To maximize attendance, we try to keep conferences affordable. Full registration this year only covers food and some space rental. AASH has no reserve funds for this. Los Angeles is particularly challenged with no school to host us, as schools so generously do in most conference cities. To help defray costs, please consider supporting this tradition of coming together with advertising (see below) and event or ribbon sponsorships (see registration form Section IV).

To learn more about additional event underwriting opportunities, contact conference chair Liz Bradley Helmick at (323) 462-3005 or email [missionariesoftheheart@yahoo.com](mailto:missionariesoftheheart@yahoo.com).

## **Our great thanks for generous underwriting to date:**

Arizona Assoc.—Hospitality Suite 🐾 Broadway Alumnae of the Sacred Heart 🐾  
Colorado Assoc.—Native Indian Blessing 🐾 Los Angeles Assoc.—Grand Organ Concert and Cor Unum Liturgy 🐾  
San Diego Assoc. 🐾 Schools of the Sacred Heart, San Francisco 🐾 Stuart Hall Alumni Council 🐾  
University of San Diego—Welcome Dinner at Tesoro Trattoria 🐾 Wyoming Association

## **AASH Souvenir Program Advertising Opportunities** also available at [www.aashnet.org](http://www.aashnet.org)

A lovely 8.5" x 11" souvenir conference program, offering highlights of the conference and of the city of Los Angeles, is a perfect place to congratulate those receiving awards, completing or beginning their terms on the AASH Board, or helping host the conference. It is also a great way to showcase your school or association or items your association offers for sale. Your ad(s) will help underwrite the significant expenses not covered by registration.

Description	Size	Format	Cost
Outside back cover	7 3/8" w x 10 1/8" h	color	\$2,000
Inside front cover	7 3/8" w x 10 1/8" h	color SOLD	\$1,000
Inside back cover	7 3/8" w x 10 1/8" h	color SOLD	\$1,000
Full page	7 3/8" w x 10 1/8" h	black & white	\$350
One-half page	7 5/16" w x 4 13/16" h or 3 9/16" w x 9 13/16" h	black & white	\$200
Quarter page	3 9/16" w x 4 13/16" h	black & white	\$150
Eighth page	3 9/16" w x 2 1/4" h	black & white	\$75

Black & white or color camera-ready artwork can be sent electronically as a JPG, PDF or InDesign or Publisher file. Ads are preferred as high-resolution PDF files. Email to: Bonita Chamberlin at [AASHConference@aol.com](mailto:AASHConference@aol.com)

We will create your ad for an additional \$25 if it cannot be sent camera ready. Please email wording and mail simple, clear artwork or logo to: Bonita Chamberlin, 8176 Center Street #A, La Mesa, CA 91942 **Ad deadline: March 20, 2009**

*Electronic Standards: AASH claims no responsibility for errors on ads submitted without a sample copy of ad.*

*Labeling Requirements: Ad submissions/artwork, whether e-mailed or sent on disk, must include: name of association/school/business, contact person, contact phone number and contact e-mail address.*

## **AASH Souvenir Program Advertising Contract**

\_\_\_\_ Yes, count on us for an advertisement in the AASH National Conference Program

Ad Size \_\_\_\_ Full page (\$350) \_\_\_\_ Half page (\$200) \_\_\_\_ Quarter page (\$150) \_\_\_\_ Eighth page (\$75)

Please add \$25 if ad is not camera ready. Total amount enclosed \$\_\_\_\_

Name \_\_\_\_\_ Title \_\_\_\_\_

Alumnae/i Association/School/Business Name \_\_\_\_\_

Address \_\_\_\_\_

E-Mail Address \_\_\_\_\_ Cell Phone \_\_\_\_\_

Business Phone \_\_\_\_\_ Home Phone \_\_\_\_\_ Fax \_\_\_\_\_

Please return your contract with payment as soon as possible to reserve your ad space. Ad production begins when payment is received. Make check payable to: AASH 2009 National Conference and mail to: Mary Jane Tiernan, 3965 California St., San Diego, CA 92110

# CONNECTING OUR ALUMS

by Suzy Kratochvil, Corresponding Secretary, Omaha '76

As planned, the 2008 AASH Directory was published in December. Those who ordered directories should receive them by the end of January. Please let us know by email if you did not receive the materials you ordered (correspondingsecretary@aashnet.org). Many thanks to the long hours Jeanne O'Fallon and her staff spent editing the book for publication along with our publishers, PCI.

With the newly updated information at hand, we are currently working on the next phase of our communication efforts—the launch of the new online community. The first features we plan to make available is “Email for Life” and email communication. We hope to have this ready for use in February.

As mentioned in the fall issue, Email for Life allows you to have an email address that never changes, even when you change jobs or mail providers. Your email address extension of “@SacredHeartAlum.org” will be a source of pride and will identify you immediately to other alums! To make things even easier, this new address will forward all incoming mail to the email service you are currently using. Watch for more communications in the following weeks as we move closer to a launch date!



**AASH NATIONAL OFFICE**  
801 SOUTH SPOEDE ROAD  
ST. LOUIS, MO 63131

ADDRESS SERVICE REQUESTED

Esprit de Coeur is published biannually by the Associated Alumnae and Alumni of the Sacred Heart for all alums of Sacred Heart Schools in the U.S.

## To Contact Us ...

**By Mail** 801 S. Spoele Rd.  
St. Louis, MO 63131

**By Phone** 1-888-622-7421

**By Email** nationaloffice@aashnet.org

**On the Web** www.aashnet.org

## For Change of Address

Email the National Office at  
nationaloffice@aashnet.org

## For Letters to the Editor

Email Lisa Tebbe, St. Charles '80 at editor@  
aashnet.org or write c/o National Office.

## For Conference Questions

Public Relations Co-Chairs: Sandy Chew Phillips,  
schew@qualcomm.com or (619) 223-5261 and  
Kathleen Dunn Wellman, kdwellman@  
sbcglobal.net or (760) 929-0767

*Regis Angels*



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DAVILA MARTINEZ FOR THEIR CHRISTMAS CARD,  
WAS TOO DARLING NOT TO SHARE.**

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REMAIN IN YOUR HEARTS YEAR 'ROUND.**

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