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2023 — 2025

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August 2023

Greetings to all in the Western Region!

I hope that you are having an enjoyable summer and that you truly find it a time of renewal.

Congratulations to the schools and Associations on the successes of the past year. With the flurry of end-of-year activity, it may be only now that offers a time of reflection on your many accomplishments.

It is an honor to introduce myself as the new Western Regional Director for the biennium 2023-2025. I am a proud alumna of Sacred Heart School, Atherton and Class of 1976. As a boarding student of four years, I was privileged to call the campus “home”. The education received from the RSCJ and staff influenced me going forward in all aspects of my life. Calling the Los Angeles Basin home after college, I taught with Burbank Schools for 35 years. The Sacred Heart goals and criteria undergirded my career. They came into focus in relation to the rigorous standards of performance I expected from numerous student interns, bilingual aides, and my elementary aged students. My goal for this biennium is to focus on ***cultivating relationships***. I will establish and nurture relationships between schools in the Western Region and AASH National.

The AASH National Conference in May was held at our newest Network school, St. Philomena School of the Sacred Heart, in Portsmouth, RI. In this beautiful location, the Conference featured wonderful speakers, the “Courage and Confidence” Legacy Project video created by alum and AMASC President, Roselie Bellanca Posselius, the Cor Unum Mass held at Portsmouth Abbey Church, Board elections and the opportunity to visit unique sites in the Newport area. It truly was a memorable Conference for those in attendance.

The 2023-2025 Board met in June for 3 days. Our focus remains on the AASH mission to support connection of alums with their Sacred Heart roots, with their respective associations (including schools, as well) throughout the nation and the world. Some of the ways in which we work to support connection include:

- Assisting alums with gaining access to schools and fellow alums in their travels or life’s geographic transitions
- Through the AASH website offering opportunities to connect by job opportunities, professional services, vacation homes for rent and more...
- Sharing alum news and events through the website and quarterly newsletters
- Providing gathering opportunities locally and Regional and National Conferences
- Providing information about Sacred Heart traditions and terminology for those who may be new to the Sacred Heart family

Any information you would like to share from within the Western Region about the happenings at your schools and Associations for the website and the quarterly newsletter is most welcome! Please forward that information to me at your convenience.

It is a privilege to begin serving as your Western Regional Director. Do not hesitate to contact

me or the AASH National Office with your questions, recommendations, or concerns. It is a privilege to begin serving as your Western Regional Director. Do not hesitate to contact

me or the AASH National Office with your questions, recommendations, or concerns. We are eager to be of assistance!

News Across the Region

The 44th AASH National Conference was held in Portsmouth, Rhode Island, May 18–20, 2023. The theme for the conference was *Courage and Confidence*. Those attendees representing the Western Region met together in session to develop our Call to Action for 2023-2025. The following statement is the selected goal voted on and passed by all those present:

AASH 2023-2025 Western Region

Call to Action:

Believing in the sanctity of life, the members of the Western Region of AASH condemn the proliferation of assault weapons in the American culture. By using the goals and criteria learned at the schools of the Sacred Heart, we commit and advocate ourselves, both collectively and individually, to challenge the availability of these weapons. And we support efforts to restrict their accessibility from the public at large.

Action items to include:

- Communication with legislators
- Vote
- Spread the word
- Mental health awareness
- Support each other
- Talk about it

Congratulations are extended to the following alumnae from the Western Region who were honored at the National Conference in May:

- 2023 AASH Cor Unum Award: Mary Forsyth (El Cajon and Lone Mountain)
- 2023-2025 AASH National Board President: Kate Sawyer (Los Angeles Chapter; 91st Street)
- 2023-2025 AASH National Board Treasurer: Marcia Tufarolo (Forest Ridge)
- 2023-2025 AASH National Board Western Regional Director: Lindsay Hill (Los Angeles Chapter; Atherton)

To keep up-to-date with AASH and Region activities, please visit the AASH website at www.aash.org or check out our social media channels on Facebook (AASH group) and Instagram (@sacredheartaash).

Best wishes for the remainder of summer!

Faithfully in the Heart,

Lindsay Hill
Atherton, CA Class of 1976
AASH Western Region
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