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2023 — 2025

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Greetings to all in the Central Region!

It is my privilege and pleasure to serve, once again, as your AASH Central Region Director. For those whom I have not yet met, I am a graduate of Bloomfield Hills, Michigan, class of 1975. I have served as past President of the Bloomfield Hills alum association and as AASH Region Director two previous terms.

I hope that you have had an enjoyable summer and that you have found it a time of renewal. Congratulations to the schools and associations on the successes of the past year. With the flurry of end-of-year activity, it may be only now that offers a time of reflection on your many accomplishments.

The AASH National Conference in May was held at our newest Network school, St. Philomena School of the Sacred Heart, in Portsmouth, RI. In this beautiful location, the Conference featured wonderful speakers, the "Courage and Confidence" Legacy Project video created by alum and current AMASC President, Roselie Bellanca Posselius, the Cor Unum Mass held at Portsmouth Abbey Church, Board elections were held and the opportunity to visit unique sites in the Newport area were available. It was truly a memorable Conference.

The 2023-2025 Board met in June for 3 days. Our focus remains on the AASH mission to support connection of alums with their Sacred Heart roots, with their respective associations (which includes schools) throughout the nation and world-wide. Some of the ways in which we work to support connection include:

- Assisting alums with gaining access to schools and fellow alums in their travels or life's geographic transitions
- Through the AASH website offering opportunities to connect with job opportunities, professional services, vacation homes for rent and more...
- Sharing alum news and events through the website and quarterly newsletters
- Providing gathering opportunities locally and Regional and National Conferences
- Providing information about Sacred Heart traditions and terminology for those who may be new to the Sacred Heart family

**News Around the Region**

As mentioned above, the 44th National conference was held in Portsmouth, Rhode Island, May 18-20, 2023. The theme for the Conference was Courage and Confidence. Attendees representing the Central Region met together in session to develop our Call to Action for the 2023-2025 Biennium.

**AASH 2023-2025 Central Region**

***Call to Action***

Recognizing that a growing number of those within Network schools who are responsible for alumnae/i connection possess the Sacred Heart spirit but may not be alums, support and information related to traditions, terminology and culture will be provided through both Alum Directors who are grads and through AASH. The purpose of this is to carry forward the educational mission of the Religious of the Sacred Heart and AASH' effort to support connection among alums.

Please note that any information you would like shared across the Central Region about the happenings at your schools and associations are happily included in the quarterly Region Director newsletters. Please send the information to me at your convenience.

To keep up-to-date with AASH and Region activities, please visit the AASH website at [www.aash.org](http://www.aash.org) or check out our social media channels on FaceBook (AASH group) and Instagram (@sacredheartaash).

Best wishes for a wonderful conclusion to your summer and a very successful year to come! In The Heart,

Andrea Briefs Ferris

Bloomfield Hills, MI Class of 1975

AASH Central Region

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